

January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CHAP (1st Floor) RR Resident Room 1:1 JDR - Juniper Dining Room JFL - Juniper Front Lounge JBL - Juniper Back Lounge	SMFL - Sugar Maple Front Lounge SMBL - Sugar Maple Back Lounge NSFL - Norway Spruce Front Lounge RODR - Red Oak Dining Room NSBL - Norway Spruce Back Lounge ROFL - Red Oak Front Lounge WPDR - White Pine Dining Room ROBL - Red Oak Back Lounge	NSDR - Norway Spruce Dining Room NSFL - Norway Spruce Front Lounge WPFL - White Pine Front Lounge		1 New Years Day 9:45am Guess the Animal Sound - JDR 10:45am Calendar Visits - JRR 2:00pm Bingo - Chapel 3:30pm Yoga with Nancy - CHAP 6:00pm Dog Therapy Visits - RR 6:15pm Short Stories - JBL	2 9:45am Active Games with Recreation - CHAP 9:45am Spa Morning - JDR 10:45am Balloon Badminton - JDR 2:00pm Happy Hour - Cafe 3:30pm Pictionary - JDR 6:15pm Funny Short Stories - JBL	3 10:45am Pool Noodle Hockey - CHAP 2:00pm Bocce Ball - Chapel 3:30pm Word Games - JDR Finish the Phrase - JFL
4 National Trivia Day 10:45am Pictionary - JDR 2:00pm Church Service - Chapel 3:00pm Deer Hunting - CHAP 6:15pm Singalong - JFL	5 National Bird Day 9:45am Hymn Sing - JDR 9:45am Short Stories with Chelsea - JBL 10:45am Golf - JDR 2:00pm Bingo - NSDR / SMDR/ JUN 3:30pm Chair Zumba with Mya & Felicia - CHAP 6:15pm Manicures with Felicia - JDR	6 National Shortbread Day 9:45am Café Visits with Alycia - Café 9:45am Colouring Group with Chelsea - JDR 10:45am Group Aromatherapy - JBL 10:45am Pictionary with Chelsea - JDR 2:00pm Musical Instrument Group with Chelsea and Alycia - JDR 3:30pm 1:1 Visits Fish Tank Visits - Café 6:15pm Cornhole - JDR	7 9:45am Coffee and Tea Social with Chelsea and Alycia - Café 10:45am Morning Makeovers with Chelsea and Alycia - JDR 2:00pm Baking with Chelsea and Alycia - Chapel 3:30pm Tower Toss- JDR 6:15pm Hangman - JDR	8 Elvis Presley's Birthday 9:45am Hymn Sing - JDR 10:00am Ukulele Group - Chapel 10:45am Pictionary with Alycia - JDR 1:15pm Fun with Physio - JFL 2:00pm Bingo - Chapel 3:30pm Strides and Glides -JRR 6:00pm Dog Therapy Visits - RR 6:15pm Bean Bag Toss- JDR	9 National Apricot Day 9:45am Helping Hands - JDR 10:45am Giant Puzzles - JDR 2:00pm Hot Hair Balloon Social - Cafe 3:30pm Guess the Sound - JDR 6:15pm Balloon Badminton - JDR	10
11 2:00pm Church Service - Chapel 3:30pm Manicures and Hand Massages - JRR 3:30pm Milk & Cookie Social - JDR 6:00pm Melodies with Lise - JDR 6:15pm Curling with Chelsea - NSDR	12 9:45am Tower Toss - JDR 10:45am Jigsaw Puzzle - JDR 2:00pm Bingo - NSDR / SMDR/ JUN 3:30pm Hand Massages - JRR 6:15pm Music & Ball Toss - JDR	13 9:45am Darts with Alycia - JBL 9:45am Hymn Sing with Chelsea - JDR 10:45am Cafe Visits with Chelsea -JRR 10:45am Fun with Stickers - JDR 2:00pm Hot Chocolate Social with Chelsea and Alycia- JDR 3:30pm Colouring Group - JDR 6:15pm Bible Reading - JBL	14 National Dress up your pet Day National Hot Pastrami Sandwhich Day 9:45am Group Aromatherapy with Chelsea - JBL Matching Games with Alycia - JDR 10:30am Residents' Council - NSBL 10:45am Bowling - JDR 10:45am Bracelet Making - JBL 2:00pm Catholic Communion - Chapel 3:30pm Manicures - JRR 6:15pm Giant Puzzles - JDR	15 8:45am Sorting Stations - JDR 9:45am Elvis Presley Colouring Group with Chelsea - JDR 10:45am Elvis Presley Singalong - JDR 2:00pm Bingo - Chapel 3:30pm Yoga with Nancy - CHAP 6:00pm Dog Therapy Visits - RR 6:15pm Paint Night with Alycia & Mya - Chapel	16 9:45am Active Games with Recreation - CHAP 9:45am Morning Singalong - JDR 10:45am Manicures with Chelsea - JRR 2:00pm Back to the 80's Social - Cafe 3:30pm Word Games with Alycia - JDR 6:15pm Reminiscing - JBL	17
18 National Winnie The Pooh Day 10:45am Winnie Tea Party - Cafe 2:00pm Church Service - Chapel 3:30pm Colouring Group - JDR 6:15pm Spot the Difference - JDR	19 National Popcorn Day 9:45am Cafe Visits with Chelsea - JDR 9:45am Manicures - JDR 10:45am Helping Hands - JDR 10:45am Morning Hymn Sing with Chelsea - JDR 2:00pm Bingo - NSDR / SMDR/ JUN 3:30pm Tower Toss - JDR 6:15pm Tunes and Togetherness - JDR	20 National Cheese Lovers Day 9:45am Group Aromatherapy with Chelsea - JBL 9:45am Helping Hands - JDR 10:45am Painting with Chelsea and Alycia - JDR 2:00pm Say Cheese and Chill - Cafe 3:30pm Indoor Roles and Strolls - JRR 6:15pm Balloon Badminton - JDR	21 National Granola Bar Day National Hugging Day 9:45am Rolls and Strolls - JRR 9:45am Helping Hands - JDR 10:45am Pictionary with Chelsea - JDR 2:00pm Hugs and Happiness Celebration - Cafe 3:30pm Finish the Phrase - JDR 6:15pm Music and Ball Toss - JDR	22 National Blonde Brownie Day National Polka Dot Day 9:45am Morning Singalong - JDR 10:00am Ukulele Group - Chapel 10:45am Crafting with Alycia - JDR 1:15pm Fun with Physio - JFL 2:00pm Bingo - Chapel 3:30pm Bean Bag Toss - JDR 6:00pm Dog Therapy Visits - RR 6:15pm Short Stories - JBL	23 National Pie Day Hymn Sing - JDR 10:45am Indoor Walks - JRR 2:00pm Blondie Brownie Social - Cafe 3:30pm Manicures with Chelsea - JRR 6:15pm Musical Instrument Group - JDR	24 National Peanut Butter Day 10:45am Singalong - JDR 2:00pm Bocce Ball - Chapel 3:30pm Ball Toss & Music - JDR 6:15pm "This or That" - JFL
25 National Backwards Day National Irish Coffee Day 10:45am Ball Toss - JDR 2:00pm Church Service - Chapel 3:30pm Balloon Badminton - JDR 6:00pm Melodies with Lise- JDR	26 National Peanut Brittle Day 9:45am Ball Toss - JDR 10:45am Fish Tank Visits - RR 2:00pm Bingo - NSDR / SMDR/ JUN 3:30pm Cafe Visits - JRR 6:15pm Sorting Stations - JDR	27 National Chocolate Cake Day 9:45am Golf - JDR 10:45am Rolls and Strolls with Chelsea - JRR 10:45am Scrapbooking with Alycia - JDR 2:00pm Selfcare Day Social - Chapel 3:30pm Indoor Walks - JRR 6:15pm Axe Throwing - JDR	28 National Blueberry Pancake Day 9:45am Music and Ball Toss with Chelsea - JDR 9:45am Group Aromatherapy - JBL 10:45am 1:1 Visits with Chelsea - JRR 10:45am Singalong & Dance with Alycia - JDR 2:00pm Wigged Out Wiggle Fest- Cafe 3:30pm Manicures - JRR 6:15pm Groove & Jive - JDR	29 National Puzzle Day 9:45am Helping Hands - JDR 10:45am Bean Bag Toss - JDR 2:00pm Bingo - Chapel 3:30pm Yoga with Nancy - CHAP 6:00pm Dog Therapy Visits - RR 6:15pm Singalong with Alycia - JDR	30 National Croissant Day 9:45am Hymn Sing - JDR Colouring Group - JDR Birthday Party - Cafe 3:30pm Spot the difference - JDR 6:15pm Short Stories - JBL	31 Big Garden Birdwatch 10:45am Craft with Mya & Hannah - CHAP 2:00pm Bocce Ball - Chapel 3:00pm Garden Birds Scavenger Hunt - Main Floor 6:15pm Tower Toss - JFL

