

January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CHAP (1st Floor) RR Resident Room 1:1 JDR - Juniper Dining Room JFL - Juniper Front Lounge JBL - Juniper Back Lounge	SMFL - Sugar Maple Front Lounge SMBL - Sugar Maple Back Lounge RODR - Red Oak Dining Room ROFL - Red Oak Front Lounge ROBL - Red Oak Back Lounge	NSDR - Norway Spruce Dining Room NSFL - Norway Spruce Front Lounge NSBL - Norway Spruce Back Lounge WPDR - White Pine Dining Room WPFL - White Pine Front Lounge		New Years Day 9:45am Calendar Visits - RR 10:45am Secret Champagne Quote - NSDR 2:00pm Bingo - Chapel 3:30pm Yoga with Nancy - CHAP 6:00pm Dog Therapy Visits - RR 6:15pm Tower Toss - NSDR	2 9:45am Active Games with Recreation - CHAP 10:45am Aromatherapy - RR 10:45am Word Games - WPDR 10:45am Colouring Group - SMDR 2:00pm Happy Hour - Cafe 3:30pm Balloon Volleyball - NSDR 6:15pm Think Fast with Felicia - SMDR	3 9:45am Helping Hands - SMDR 10:45am Pool Noodle Hockey - CHAP 2:00pm Bocce Ball - Chapel 6:15pm Bowling - NSDR
4 National Trivia Day 9:45am Card Game - SMDR 10:45am Reminiscing - RR 2:00pm Church Service - Chapel 3:00pm Deer Hunting - CHAP 6:15pm Hangman - NSDR	5 National Bird Day 9:45am Corn Hole - RODR 10:15am Physio: Strengthening Class 2nd floor - SMDR 10:45am Short Stories - NSDR 2:00pm Bingo - NSDR / SMDR/ JUN 3:00pm Strengthening Class 3rd Floor - NSDR 3:30pm Chair Zumba with Mya & Felicia - CHAP 6:15pm Finish the Phrase- WPDR	6 National Shortbread Day 9:45am Axe Throwing - SMDR 10:45am Manicures - RR 2:00pm Baking - NSDR 2:00pm Poker with Matt - WPDR 2:00pm Craft with Mya & Hannah - SMDR 3:30pm Balloon Badminton - RODR 3:30pm Devotional : Spiritual Spark - NSFL 6:15pm Catching Up with Mya - RR 6:15pm Book Club - WPFL	7 9:45am Tower Toss - WPDR 10:15am Strengthening Class 3rd Floor - NSDR 10:45am Short Stories - ROBL 2:00pm Curling - WPDR 2:00pm 10 First Card Game - SMDR 3:00pm Physio: Strengthening Class 2nd floor - SMDR 3:30pm Golf - SMDR 3:30pm Manicures with Rebecca - WPDR 6:15pm Scattegories - SMDR 6:15pm Diner's Club - Cafe	8 Elvis Presley's Birthday 9:45am Spot the Difference - SMDR 9:45am Elvis' Birthday Karaoke - WPDR 10:00am Ukulele Group - Chapel 10:45am Hand Massages - RR 10:45am The Bluenose II Documentary - RODR 2:00pm Bingo - Chapel 3:30pm Axe Throwing - SMDR 6:00pm Dog Therapy Visits - RR 6:15pm Guggenheim -NSDR	9 National Apricot Day 9:45am Balloon Badminton - RODR 10:45am Word Match : Snowman - NSDR 2:00pm Hot Hair Balloon Social - Cafe 3:30pm Reminiscing - RR 3:30pm Colouring Group - NSDR 6:15pm Volleyball - CHAP	10 9:45am Cafe Visits - Cafe 10:45am Boggle - NSDR 2:00pm Bocce Ball - Chapel 3:30pm Aromatherapy Visits with Chelsea - RR 6:15pm Trivia with Chelsea - NSDR
11 9:45am Bean Bag Toss - RODR 10:45am Manicures with Rebecca - WPDR 2:00pm Church Service - Chapel 3:30pm Short Stories with Chelsea- SMDR 8:00pm Trivia - WPDR	12 9:45am Colouring Group - RODR 10:15am Physio: Strengthening Class 2nd floor - SMDR 10:45am Chess & Checkers - Cafe 2:00pm Bingo - NSDR / SMDR/ JUN 3:00pm Strengthening Class 3rd Floor - NSDR 3:30pm Walks & Talks - RR 6:15pm Book Club - WPFL	13 9:45am Rosary Group - ROBL 10:45am Indoor Walks - RR 2:00pm Jeopardy - CHAP 3:30pm Guggenheim - SMDR 6:15pm Bowling - NSDR	14 National Dress up your pet Day National Hot Pastrami Sandwich Day 9:45am Balloon Badminton - RODR 9:45am Hidden Objects - NSDR 10:15am Strengthening Class 3rd Floor - NSDR 10:30am Residents' Council - NSBL 10:45am Tunes and Togetherness - SMDR 2:00pm Catholic Communion - Chapel 3:00pm Physio: Strengthening Class 2nd floor - SMDR 3:30pm Singalong - SMDR 6:15pm Cornhole - NSDR	15 8:30am Rise and Shine Visits - RR 9:45am Sensory Visits - RR 10:45am Moving and Grooving with Felicia - Chapel 2:00pm Bingo - Chapel 3:30pm Yoga with Nancy - CHAP 6:00pm Dog Therapy Visits - RR	16 9:45am Active Games with Recreation - CHAP 10:45am Bell / Chime Choir - NSDR 10:45am Crazy 8's - NSDR 10:45am Short Stories - ROBL 2:00pm Back to the 80's Social - Cafe 3:30pm Balloon Volleyball - NSDR 6:15pm Guggenheim - SMDR	17 9:45am Axe Throwing - SMDR 10:45am Aromatherapy - RR 2:00pm Bocce Ball - Chapel 3:30pm Group Crossword Puzzle - SMDR 3:30pm Jewelry Making - WPDR 6:15pm Balloon Badminton - NSDR
18 National Winnie The Pooh Day 9:45am Colouring Group - RODR 10:45am Winnie Tea Party - Cafe 2:00pm Church Service - Chapel 3:30pm Bean Bag Toss - SMDR 3:30pm Air Hockey with Mya - Cafe 6:15pm Hangman - NSDR	19 National Popcorn Day 9:45am Short Stories - SMFL 10:15am Physio: Strengthening Class 2nd floor - SMDR 10:45am Spot the Difference - RODR 2:00pm Bingo - NSDR / SMDR/ JUN 3:00pm Strengthening Class 3rd Floor - NSDR 3:30pm Whack-a-Mole with Mya - Cafe 6:15pm Nerf Target Practice - WPDR	20 National Cheese Lovers Day 9:45am Group Word Searches - SMDR 10:45am Reminiscing - RR 2:00pm Say Cheese and Chill - Cafe 3:30pm Devotional : Spiritual Spark - NSFL 3:30pm Where Did Cheese Really Come From?: Documentary - RODR 6:15pm Sensory Visits - RR 6:15pm Book Club - WPFL	21 National Granola Bar Day National Hugging Day 9:45am Axe Throwing - SMDR 10:15am Strengthening Class 3rd Floor - NSDR 10:45am Hand Massages - RR 2:00pm Hugs and Happiness Celebration - Cafe 3:00pm Physio: Strengthening Class 2nd floor - SMDR 3:30pm Cornhole - SMDR 3:30pm Manicures with Rebecca - WPDR 6:15pm Guggenheim - RODR 6:15pm Trivia - WPDR	22 National Blonde Brownie Day National Polka Dot Day 9:45am Coffee Club - Cafe 9:45am 10 First Card Game - SMDR 10:00am Ukulele Group - Chapel 10:45am Axe Throwing - RODR 10:45am Aromatherapy - RR 2:00pm Bingo - Chapel 3:30pm Colouring Group - SMDR 6:00pm Dog Therapy Visits - RR 6:15pm Tower Toss - NSDR	23 National Pie Day 9:45am Balloon Badminton - RODR 10:45am Word Games: Cold as Ice - NSDR 2:00pm Blondie Brownie Social - Cafe 3:30pm Axe Throwing - WPDR 3:30pm Roll a Rhyme - SMDR 6:15pm Jeopardy with Matt - NSDR 6:15pm Crokinole Board Night - SMDR	24 National Peanut Butter Day 9:45am Hand Massages - RR 10:45am Word in a Word - NSDR 2:00pm Bocce Ball - Chapel 3:30pm Aromatherapy Visits with Chelsea - RR 6:15pm Finish the Phrase - NSDR
25 National Backwards Day National Irish Coffee Day 9:45am Pig Out - RODR 10:45am Manicures with Rebecca - WPDR 2:00pm Church Service - Chapel 3:30pm Short Stories with Chelsea - SMDR 6:15pm Balloon Badminton with Chelsea - NSDR	26 National Peanut Brittle Day 9:45am Snakes and Ladders - Cafe 10:15am Physio: Strengthening Class 2nd floor - SMDR 10:45am Golf - RODR 2:00pm Bingo - NSDR / SMDR/ JUN 3:00pm Strengthening Class 3rd Floor - NSDR 3:30pm Walks & Talks - RR 6:15pm Book Club - WPFL	27 National Chocolate Cake Day 9:45am Rosary Group - ROBL 10:45am Roll & Rhyme - RODR 2:00pm Selfcare Day Social - Chapel 3:30pm Finish the Phrase - SMDR 6:15pm Bowling Night - NSDR	28 National Blueberry Pancake Day 9:45am Colouring Group - RODR 10:15am Strengthening Class 3rd Floor - NSDR 10:45am Guggenheim - SMDR 2:00pm Wiggled Out Wiggle Fest- Cafe 3:00pm Physio: Strengthening Class 2nd floor - SMDR 3:30pm Bean Bag Toss - SMDR 6:15pm Scattegories - NSDR	29 National Puzzle Day 8:30am Rise and Shine Visits - RR 9:45am Sparkling Specs - RR 9:45am Axe Throwing - SMDR 10:45am Spot the Difference - Nsdr 10:45am Colouring Group - SMDR 2:00pm Bingo - Chapel 3:30pm Yoga with Nancy - CHAP 6:00pm Dog Therapy Visits - RR 6:15pm Family Feud - WPDR	30 National Croissant Day 9:45am Active Games with Recreation - CHAP 10:45am Hand Massages - RR 10:45am General Store Visits - RR 10:45am Word Games - WPDR Birthday Party - Cafe 3:30pm Balloon Volleyball - NSDR 6:15pm Finish the Phrase with Felicia - SMDR	31 Big Garden Birdwatch 9:45am Cornhole - SMDR 10:45am Craft with Mya & Hannah - CHAP 2:00pm Bocce Ball - Chapel 3:00pm Garden Birds Scavenger Hunt - Main Floor 6:15pm Balloon Badminton - NSDR