

JANUARY 2026

OAK CROSSING NEWS

WWW.PEOPLECARE.CA

1242 OAK CROSSING RD.

519-641-0021

New Year's Day
January 1

Epiphany
January 6

Orthodox Christmas Day
January 7

Bobblehead Day
January 7

Make Your Dream
Come True Day
January 13

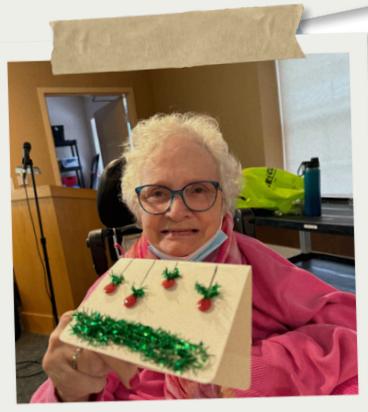
Orthodox New Year
January 14

World Religion Day
January 18

Martin Luther King Day
January 19

Belly Laugh Day
January 24

Bell Let's Talk Day
January 26





In loving memory of



Joan A. Gino C. Vivin F. Catherine F.

Helen J. Marie T. Emily W. Peggy J.

Our deepest thoughts and sympathies go out to the family and friends.

"He spoke well who said that graves are the footprints of angels."

~Henry Wadsworth Longfellow

LAND ACKNOWLEDGEMENT

We acknowledge that we are on the traditional lands of the Anishinaabek, Haudenosaunee, Lenape, and Attawandaron (Neutral) peoples. London is situated on the traditional territory of the Chippewas of the Thames First Nation, Oneida Nation of the Thames, and Munsee-Delaware Nation, who remain the stewards of this land.

We recognize the enduring presence of Indigenous peoples across Turtle Island and honor their continued contributions, past and present.

SCAN ME TO SEE OUR PEOPLECARE
COMMUNITIES ON FACEBOOK



Welcome to Oakcrossing

Cathleen N. (Red Oak)
Marilyn J. (Sugar Maple)
Margaret H (Sugar Maple)
Nancy B (Norway Spruce)
Carole N. (White Pine)
Miroslav W. (White Pine)



Upcoming Council Meeting

Next residents' council meeting is Tuesday January 14th @10:30am in the **Norway Spruce Back Lounge**

DECEMBER BIRTHDAYS

Mardie C.	January 1 st
Lou C.	January 4 th
Brent S.	January 4 th
Dean S.	January 9 th
Karl W.	January 13 th
Jerry P.	January 15 th
Brenda H.	January 15 th
Glenna H.	January 17 th
Alana C.	January 21 st
Harry Q.	January 22nd
Evelyn B.	January 25 th
Jane W.	January 26 th
Daphne P.	January 31 st

DECEMBER BIRTHDAYS

In astrology, if you were born between January 1–19, you are a Goat of Capricorn. Goats are the most stable and sure-footed of astrological signs. Reliable, economical, practical, and organized, they make good multitaskers and politicians. Those born between January 20–31 are Aquarian Water Bearers. Aquarians have attractive personalities, vivid imaginations, strong intuition, and a thirst for knowledge. They also share a strong desire to help humanity and create unity. Some of note:

Soupy Sales (comedian) – Jan. 8, 1926

Robert Stack (actor) – Jan. 13, 1919

Rakesh Sharma (cosmonaut) – Jan. 13, 1949

Ethel Merman (singer) – Jan. 16, 1908

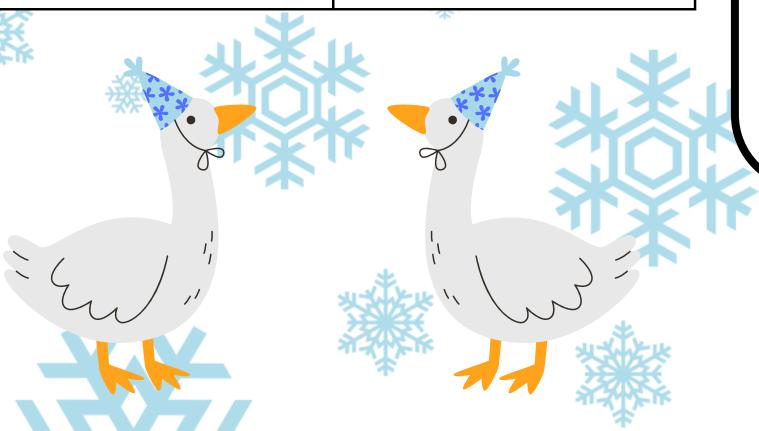
Oliver Hardy (comedian) – Jan. 18, 1892

Dolly Parton (singer) – Jan. 19, 1946

Neil Diamond (singer) – Jan. 24, 1941

Oprah Winfrey (host) – Jan. 29, 1954

Jackie Robinson (ballplayer) – Jan. 31, 1919



THE POWER OF Z

On the first day of the year, the last shall be first. This is the philosophy behind Z Day, a day when all those whose names begin with the letter Z will flaunt alphabetical order and put Z first.

It's an order that affects us all—from seats in school to places in line.

So where did alphabetical order come from?

It's a 3,500-year-old mystery that social scientist William Watt believes he has solved. The English alphabet, or at least letters A through T, were ordered by a Semitic scribe living in modern-day Lebanon or Syria around the year 1500 BC. Watt believes the letters were arranged according to where the sounds are made in the mouth. Similar sounding letters were separated so that children would not become confused in their learning. Adding the letters U and W in the 16th century meant more bad news for Zach and Zoe. As usual, they had to wait for their final place in history.



CLICK WITH CAUTION



When you hop on a computer to browse the Web, how can you be sure no one is watching you? Governments collect data to fight threats. Social media platforms and search engines gather data to personalize their services. And retailers analyze behavior to optimize what you see. As a global reminder of just how much we share online, many countries observe Data Privacy Day on January 28.

Large institutions like banks and insurance firms invest heavily in securing their data.

But how should individuals protect themselves? Time-tested advice includes the following: avoid oversharing in online profiles, because people who really know you already have much of that info; use private or incognito browsing to prevent local traces, though it won't hide your activity from websites or your internet provider. Use a password manager to create strong, unique passwords, and whenever possible enable multifactor authentication. Any of these measures can help reduce the risk of hackers stealing your data.



FOOT CARE UPDATE

We wanted to inform you that our Footcare Services will be on hold for a minimum of one month. If there are any urgent concerns regarding foot health, please notify the staff immediately. We will arrange for our backup Footcare Nurse to provide necessary treatment.

We will keep you updated and reach out as soon as we have an expected return date for regular Footcare Services.

Thank you for your understanding and cooperation.

Happy New Year!

UPDATE

SPIRIT DAYS FOR JANUARY

January 7th - Jersey Day - Wear your favourite Jersey

January 14th - Wear Blue and white day

January 21st Plaid Day - Wear your best plaid

January 28th Floral Day



Winter Word Search



Find the hidden winter words.

S	N	O	W	M	A	N	N	B	R	D	S
N	X	E	M	N	C	L	O	L	K	A	N
O	M	W	I	G	R	V	F	A	T	R	O
W	J	Y	T	F	A	P	O	N	U	P	W
B	A	E	T	I	N	S	T	K	R	A	F
A	N	A	E	N	I	N	H	E	K	R	L
L	U	R	N	K	H	O	C	T	E	T	A
L	A	E	S	G	A	W	D	A	Y	Y	K
R	R	R	F	I	R	E	P	L	A	C	E
K	Y	R	A	E	I	O	O	E	H	I	S
S	F	I	C	I	C	L	E	S	A	A	N
E	A	R	M	U	F	F	S	E	N	E	T

MITTENS

HAT

SKIS

SNOW

BLANKET

ICICLES

SNOWBALL

JANUARY

SNOWMAN

EARMUFFS

SNOWFLAKE

FIREPLACE

Christmas

at Oakcrossing LTC



Memo

Date December 18, 2025
To Oakcrossing Long-Term Care Staff, Residents and Families
From Jenn Killing, VP, Quality, Research and Strategic Partnerships
Subject Results of 12-month Skinopathy AI-wound care evaluation

As you may know, over the past year, peopleCare partnered with Skinopathy to assess a new AI-based solution that aimed to reduce the impact of complex wounds and pressure ulcers in LTC. Read [peopleCare partners with OBIO to assess Ontario-made AI-based wound management solution](#). From the first, we felt this technology had the potential to set a new standard in wound assessment, improving evidence-based treatment options and care for our residents. Today I'm excited to share the very encouraging results, and to sincerely thank everyone who took part in this work.

During the evaluation, assessments were completed more quickly and consistently, with clearer documentation. The technology also helped identify serious or slow-healing wounds earlier, which supports better care planning and follow-up. Overall, the pilot showed that this technology can make wound care easier for staff while supporting strong outcomes for residents. These results are already informing the next version of the technology, to make it even better and more impactful in the LTC setting. Read [peopleCare delivers breakthrough results from AI wound care evaluation](#).

This pilot would not have been possible without strong leadership and teamwork. Thank you to Executive Director Deb Sims for her support, and to Assistant Director of Care Mazhar Muhammed, who led this work with care and dedication. I would also like to thank the residents who participated, and their families, for their trust and encouragement throughout the process.

With this evaluation complete, our goal is to keep the momentum going, including sharing the results broadly and advocating for the kind of system-level support that would allow every LTC home in the province to benefit from AI tools like this.

Thank you again to Oakcrossing staff, residents and families for your partnership, openness and commitment to improving care.

Warm regards,
Jenn Killing



Scan this QR code to read the story and see full results.