

Megan and Komal are your Recreation Coordinators, please reach out if you have any questions or program ideas. All programs are subject to change at anytime.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:15am Candy Cane fishing - HWDR 11:15am Friendly Visits - HWDR 1:45pm Who Am I? - HWDR 3:00pm Hot Coco & Chats - HWDR	2 10:15am 1:1 Visits - RR 11:15am Chair Exercises - HWDR 1:45pm Gratitude & Discussion Circle - HWDR 3:00pm Matinee & Munchies - HWDR 6:30pm Science Experiments - HWDR	3 2:30pm Bingo - GLDR 4:00pm Story Recall Game - HWDR 6:30pm Beach Ball game - HWL
4 2:30pm Hymn Sing - Chap 4:00pm Art & Crafts - HWDR 6:30pm Dumbbell Exercises - HWL	5 9:15am Body Balance - HWDR 2:00pm Bowling - GLDR 3:30pm Manicures - HWDR 6:15pm EZ Does it- Board Game - HWDR	6 1:15pm Glasses Cleaning - HWDR 2:30pm Bingo - QLDR 3:45pm Friendly Visits - HWDR 6:15pm Snowman bean bag toss - HWDR	7 10:00am Friendly Visits - HWDR 11:00am UNO - HWDR 2:30pm Happy Hour with Archie Wright - Chap	8 10:00am Baking - HWDR 11:15am Friendly Visits - HWDR 2:30pm Puzzles/Games - HWDR 3:45pm Balloon Badminton - HWDR 6:30pm Art & Crafts - HWDR	9 9:45am Catholic Communion - Chap 1:45pm Church Service with Pastor Babbey - Chap 3:00pm Friendly Visits - HWDR 4:00pm Colouring - HWDR 6:30pm Karaoke - Chap	10 10:15am Manicures & Coffee - HWDR 11:00am Sing Along - HWDR 2:30pm Bingo - GLDR 3:45pm 1:1s - HWDR
11 10:00am Friendly Visits - HWDR 11:00am Axe Throwing - HWDR 2:30pm Hymn Sing - Chap	12 9:15am Movement Matters - HWDR 10:00am Matching concentration games - HWDR 2:00pm Bowling - GLDR 3:30pm EZ Does it- Random Trivia - HWDR 6:30pm Active Games - HWDR	13 10:00am Beach Ball Toss - HWL 1:00pm Music with Krystina - HWDR 1:15pm Healing Hands - HWDR 2:00pm You Be The Judge! - HWDR 3:30pm 1:1s - HWDR 6:30pm Community Bingo - QLDR	14 10:00am Shopping & Lunch at Tillsonburg Mall - V 2:00pm Sing Along - HWDR 3:30pm Bean Bag Toss - HWDR 6:30pm Live Music with Terry Carter - Chap	15 9:15am Get Energized - HWDR Friendly Visits - HWDR 1:30pm Residents Council - GLDR 2:30pm Entertainment with the Melody Makers - Chap 3:45pm Art & Crafts - HWDR	16 9:45am Catholic Communion - Chap 1:45pm Matinee and Munchies - HWDR 4:00pm Coloring - HWDR 6:30pm Darts - HWDR	17 1:45pm 1:1 Visits - RR 2:30pm Bingo - GLDR 4:00pm Axe Throwing - HWDR 6:30pm Jeopardy Trivia! - HWDR
18 1:45pm Montessori/Sensory 1:1s - V 2:30pm Hymn Sing - Chap 4:00pm Word Fun - HWDR 6:30pm Bocchia Ball - HWDR	19 9:15am Body Balance - HWDR 2:00pm Bowling - GLDR	20 10:00am Scenic Drive & Tim Horton's Coffee - V 2:30pm Bingo - QLDR 6:30pm Movie and Munchies - HWDR	21 2:30pm Birthday Party with Brent M - Chap	22 1:30pm Baking - HWDR 3:00pm Friendly Visits - HWDR 4:00pm Manicures - HWDR 6:30pm Bean Bag Toss - HWDR	23 9:45am Catholic Communion - Chap 11:00am Axe Throwing - HWDR 1:45pm EZ Does it- Random Trivia - HWDR 2:45pm Gratitude & Discussion Group - HWDR 4:00pm Games - HWDR 6:30pm Karaoke - Chap	24 10:15am Friendly Visits - HWDR 11:15am Art & Crafts - HWDR 2:30pm Bingo - GLDR 3:45pm Axe Throwing - HWDR
25 10:15am Hymn Sing - Chap 11:15am Friendly Visits - HWDR 1:30pm Trip to Hewitt's Dairy Bar - V	26 9:15am Movement Matters - HWDR 10:15am Friendly Visits - HWDR 11:00am Baking - HWDR 2:00pm Bowling - GLDR 3:30pm Word Fun - HWDR 6:30pm Ladder Ball - HWDR	27 10:15am God Cares with Wilma - Chap 11:30am December & January Birthday Lunch - Chap 1:00pm Music with Krystina - HWDR 1:15pm Healing Hands - HWDR 2:30pm Bingo - QLDR	28 10:00am Church Service with Pastor Kring - Chap 11:15am Glasses Cleaning - HWDR 3:30pm Manicures - HWDR	29 9:15am Get Energized - HWDR 10:15am Bean Bag Toss - HWDR 1:45pm EZ Does it- Random Trivia - HWDR	30 9:45am Catholic Communion - Chap 10:15am Children's Choir Performance - Chap 1:45pm Ring Toss - HWDR 3:15pm Mind Joggers - HWDR	31 1:45pm Around The Harvest Table - HWDR 2:30pm Bingo - GLDR 4:00pm Word Fun - HWDR 6:30pm Coffee Hour - HWDR

Chap - Chapel

GLDR - Dining Room

HWDR - Dining Room

HWL - Lounge

RR - Resident Rooms

V - Various Locations