

Breelyn and Krissi are your Recreation Coordinators, please reach out if you have any questions or program ideas. All programs are subject to change at anytime.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 2:00pm Daily Chronicles & Coffee Hour - GLDR 3:15pm Friendly Visits - RR 4:00pm Art & Crafts - GLDR 6:30pm Frisbee Toss - GLDR	1 10:15am Stretching Class - GLDR 11:00am EZ Does it- Random Trivia - GLDR 1:45pm Bean Bag Toss - GLDR 3:00pm Manicures - RR	2 10:15am Daily Chronicles - GLDR 11:00am Boccia Ball - GLDR 2:30pm Bingo - GLDR 3:45pm 1:1s - GLDR
4 10:15am EZ Does it- Random Trivia - GLDR 11:00am Frisbee Toss - GLDR 2:30pm Hymn Sing - Chap 3:45pm Hand Massages - GLDR	5 10:15am Coffee & Talks - RR 11:00am EZ Give Me Give Word Game - GLDR 2:00pm Bowling - GLDR 3:30pm Around the Harvest Table - GLDR 3:30pm Manicures - RR 4:00pm Reading Corner - GLDR 6:30pm Card Games - GLDR	6 10:15am Random Music Trivia - GLDR 11:00am Ladder Ball - GLDR 1:30pm Music Therapy Group - GLDR 2:30pm Bingo - QLDR 3:30pm Hand Massages - GLDR	7 2:30pm Happy Hour with Archie Wright - Chap 4:00pm Art & Crafts - GLDR 6:30pm Bean Bag Toss - GLDR	7 9:15am Pump it Up! - GLDR 2:00pm Turkeys & Chickens Trivia - GLDR 3:15pm Friendly Visits - RR 4:00pm Washer Toss - GLDR 6:30pm John Denver Live in Concert on TV - GLDR	8 9:45am Catholic Communion - Chap 10:15am Movement Matters - GLDR 1:45pm Church Service with Pastor Babbe - Chap 2:00pm Daily Chronicles - GLDR 3:00pm Bean Bag Toss - GLDR 6:30pm Karaoke - Chap	9 2:00pm Friendly Visits - RR 2:30pm Bingo - GLDR 4:00pm Card Games - GLDR 6:30pm Movie and Munchies - GLDR
11 2:00pm Card Games - GLDR 2:30pm Hymn Sing - Chap 4:00pm EZ Does it- Random Trivia - GLDR 6:30pm Floor Hockey - GLDR	12 10:15am Coffee & Talks - RR 11:00am Music Trivia - GLDR 2:00pm Bowling - GLDR 3:30pm Around the Harvest Table - GLDR 6:30pm Bean Bag Toss - GLDR	13 10:15am Sweet, Sweet Music - GLDR 1:15pm Healing Hands - GLDR 2:00pm Ladder Ball - GLDR 3:15pm Reading Corner - GLDR 3:30pm Hand Massages - GLDR 6:30pm Community Bingo - QLDR	14 10:00am Shopping & Lunch at Tillsonburg Mall - V 2:00pm Art & Crafts - GLDR 3:15pm Name That Tune - GLDR 4:00pm Around the Harvest Table - GLDR 6:30pm Live Music with Terry Carter - Chap	14 9:15am Get Energized - GLDR 1:30pm Residents Council - GLDR 2:30pm Entertainment with the Melody Makers - Chap 3:45pm Friendly Visits - RR 6:30pm Axe Throwing - GLDR	15 9:45am Catholic Communion - Chap 10:15am Art & Crafts - GLDR 10:15am Stretching Class - GLDR 11:00am EZ Does it- Random Trivia - GLDR 1:45pm Board Games - GLDR 3:00pm Word Fun - GLDR	16 10:15am Daily Chronicles - GLDR 11:00am Frisbee Toss - GLDR 2:30pm Bingo - GLDR 3:45pm 1:1s - GLDR
18 10:15am Random Trivia - GLDR 11:00am Boccia Ball - GLDR 2:30pm Hymn Sing - Chap 3:45pm Hand Massages - GLDR	19 10:15am Coffee & Talks - RR 11:00am EZ Does it- Random Trivia - GLDR 2:00pm Bowling - GLDR 3:30pm Around the Harvest Table - GLDR 6:30pm Bean Bag Toss - GLDR	20 10:00am Scenic Drive & Tim Horton's Coffee - V 1:30pm Music Therapy Group - GLDR 2:30pm Bingo - QLDR 3:30pm Hand Massages - GLDR	20 2:30pm Birthday Party with Brent M - Chap 3:45pm Around the Harvest Table - GLDR 4:00pm EZ Does it- Random Trivia - GLDR 6:30pm Board Games - GLDR	21 9:15am Pump it Up! - GLDR 2:00pm Who Am I? - GLDR 4:00pm Washer Toss - GLDR 6:30pm Madonna Live in Concert on TV - GLDR	21 9:45am Catholic Communion - Chap 10:15am Movement Matters - GLDR 2:00pm Daily Chronicles - GLDR 3:00pm Bean Bag Toss - GLDR 6:30pm Karaoke - Chap	22 1:45pm Around the Harvest Table - GLDR 2:30pm Bingo - GLDR 4:00pm Word Fun - GLDR 6:30pm Movie and Munchies - GLDR
25 10:15am Hymn Sing - Chap 1:30pm Trip to Hewitt's Dairy Bar - V 2:00pm Baking - GLDR 3:15pm Friendly Visits - RR 4:00pm Axe Throwing - GLDR 6:30pm EZ Does it- Random Trivia - GLDR	26 10:15am Coffee & Talks - RR 11:00am Random Trivia - GLDR 2:00pm Bowling - GLDR 3:30pm Around the Harvest Table - GLDR	27 10:15am God Cares with Wilma - Chap 11:00am Manicures - RR 11:30am December & January Birthday Lunch - Chap 1:15pm Healing Hands - GLDR 2:30pm Bingo - QLDR 3:30pm Hand Massages - GLDR 6:30pm Frisbee Toss - GLDR	27 10:00am Church Service with Pastor Kring - Chap 1:45pm Art & Crafts - GLDR 3:15pm Friendly Visits - RR 4:00pm Around the Harvest Table - GLDR 6:30pm Noodle Hockey - GLDR	27 9:15am Get Energized - GLDR 2:00pm Random Trivia - GLDR 3:00pm Axe Throwing - GLDR 6:30pm Alabama Live in Concert on TV - GLDR	28 9:45am Catholic Communion - Chap 10:15am Children's Choir Performance - Chap 10:15am Stretching Class - GLDR 1:45pm Board Games - GLDR 3:00pm Manicures - RR	29 10:15am Music Trivia - GLDR 11:00am Boccia Ball - GLDR 2:30pm Bingo - GLDR 3:45pm 1:1s - GLDR

Chap - Chapel

GLDR - Dining Room

RR - Resident Rooms

V - Various Locations