

JANUARY 2026

DELHI INSIDER

peopleCare Delhi | 173 Dalton Rd, Delhi, ON | 519-582-3400 | peoplecare.ca



Celebrating January

Happy Hour w/ Archie - January 7th

Church Service w/ Pastor Babbey -
January 9th

Community Bingo - January 13th

Shopping at the Tillsonburg Mall -
January 14th

Live Music w/ Terry Carter - January
14th

Scenic Drive & Tim Horton's Coffee -
January 20th

Birthday Party w/ Brent M - January 21st

Trip to Hewitt's Dairy Bar - January 25th

Birthday Lunch for those born in
December & January! - January 27th

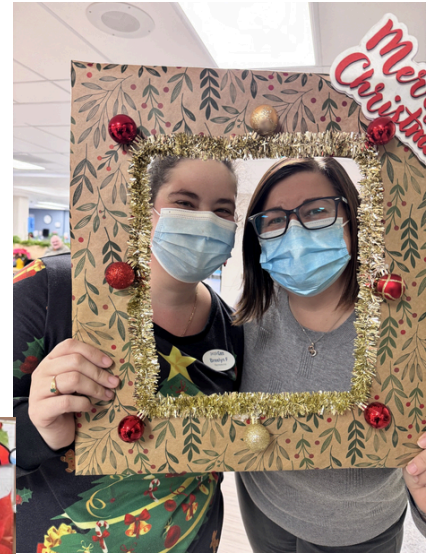
Church Service w/ Pastor Kring -
January 28th

Children's Choir Performance - January
30th

New Year's Day
January 1

peopleCare
communities

What We've
been up to:



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From the Office of the Executive Director: A New Year Together

As we welcome the beginning of a new year, I want to take a moment to reflect on the strength, compassion, and teamwork that continue to define our community.

To start the month on a positive note, I'm pleased to share how successful our recent Lost and Found initiative has been. Thanks to the collective efforts of staff and families, many residents have been reunited with misplaced clothing and personal items. These belongings may seem small, but we know how meaningful they are to comfort, dignity, and a sense of home. Thank you to everyone who helped make this initiative such a success. A quick reminder to please remember to mark the name of your loved one on any items that you are dropping off.

I would also like to sincerely thank our residents, families, and staff for your patience, understanding, and cooperation during our recent COVID-19 outbreak. These periods are never easy, and your support has played a critical role in keeping one another safe. As we move through the winter months, I kindly remind families and visitors to please refrain from visiting if you are feeling unwell. This small but important step helps us protect our residents, staff, and the broader community.

Looking ahead to the New Year, we do so with hope and optimism. We are excited to continue building meaningful connections, enhancing resident experiences, and supporting one another through both challenges and celebrations. A new year brings new opportunities for joy, growth, and moments that matter—and we look forward to sharing them together.

Thank you for being part of our community. On behalf of the entire leadership team, I wish you and your loved ones a healthy, peaceful, and fulfilling New Year.

Warm regards,

Kristine Mitchell
Executive Director

Resident & Family Councils Corner

Our next Resident Council meeting will be taking place on January 15th @ 1:30PM in GLDR.

DID YOU KNOW????

A long-term care family council is a self-led, autonomous council, that consists of a structured board; led by a Chair, Co-Chair, & Secretary? Meetings are once per month and consist of a consistent group of family members interested in advocating for all residents here in the home. The council is looking for new members to join! Please note, a family council is not a drop-in meeting, all interested members must complete the necessary steps and paperwork to join.

We're Looking for a Family Council Secretary

Our Family Council is seeking a caring, organized individual to take on the role of Secretary. This volunteer position is essential to helping our council run smoothly and stay connected. Responsibilities include taking meeting minutes, helping keep records organized, and supporting communication with council members. If you enjoy being part of a supportive team and want to make a meaningful difference for residents and families, we would love to have you join us.

If you're interested or would like more information, please reach out!

*** please reach out to Crystal Thompson, Resident and Family Coordinator

Meeting
Reminder!

Hair Dressing & Nail Services

Your Stylists: Laura (Hair) & Rose (Hair & Nails)

Please use the paper request slips found on the door of the hair salon and submit to the hairdresser or the front desk.

Hours of operation:

Monday, Wednesday, Thursday, Friday, Saturday
9:30AM-3PM

For any colouring services, please reach out to Laura prior to booking to ensure supplies are in stock (i.e. desired colour).



HEARTbeats

Our October winner is.....

Nigel T.



Living the peopleCare
Values

Excellence

We have a passion to
consistently exceed
expectations.

Welcome Home

Betty R.
Helen O.
Ernie S.
Ralph D.



Happy Birthday to all those born in **January!**

Thomas S. - January 1
Fran B. - January 2
Justina M. - January 3
Sandy F. - January 3
Helen O. - January 10
Kay P. - January 11
Jackie N. - January 15
Jackie J. - January 18
Robert L. - January 19
Shirley M. - January 22
Julie H. - January 25



In Memory of

Bruce L.
Diane B.
Vivian V.
Gharon J.
Peter B.
Barb M.



Our deepest thoughts and sympathies go out to
the family and friends.

*"Like a bird singing in the rain, let grateful
memories survive in a time of sorrow." - Robert
Louis Stevenson*





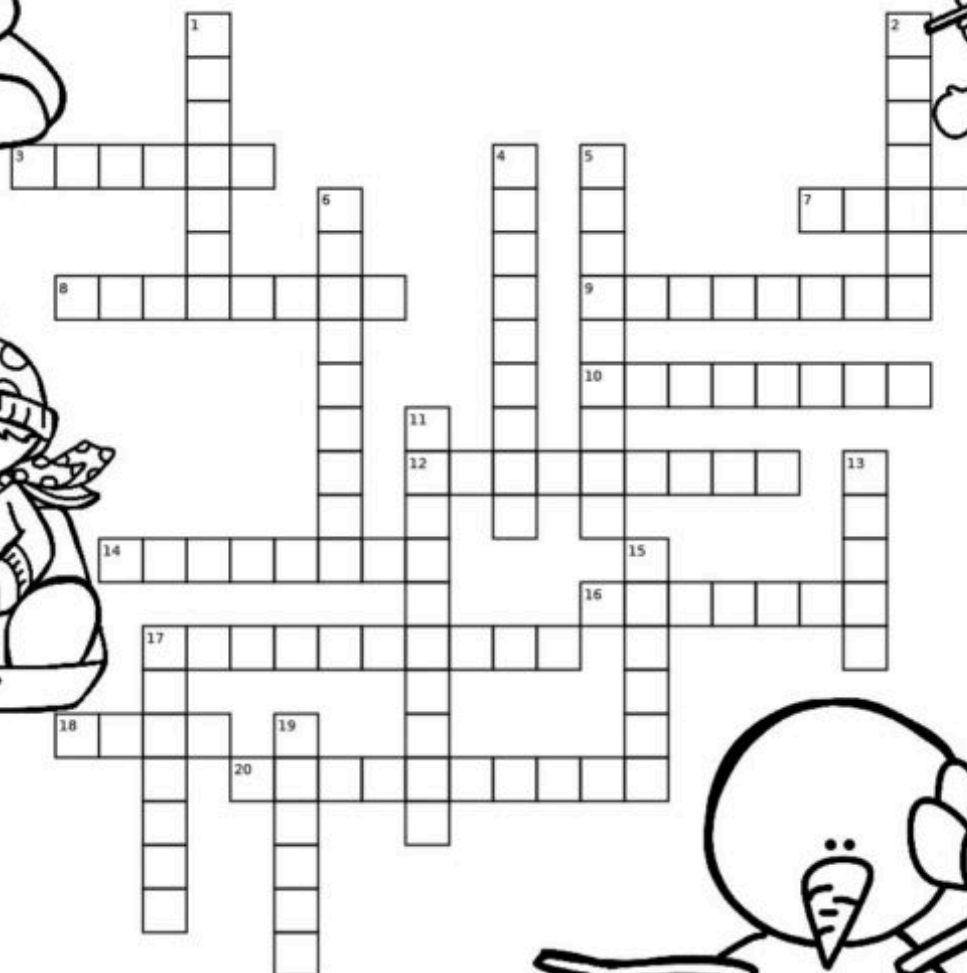
WORD SEARCH

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 C O B S M C Y Y D R C C Q R E M M R
 C S R R G W I I E J K L A Y H W H O
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BOOTS
 CELEBRATE
 CHILLY
 COLD
 EARMUFFS
 FREEZE
 FROSTY
 FROZEN
 GLOVES
 HAT
 HOT COCOA
 ICE
 ICICLE
 JANUARY
 NEW YEAR
 RESOLUTIONS
 SCARF
 SKIING
 SLEDDING
 SLIPPERY
 SNOWBALL
 SNOWFLAKE
 SNOWING
 SNOWMAN
 WINTER



JANUARY



Across:

3. warm plunge for relaxation
7. typical January temperature
8. January 1st celebration
9. the zodiac sign for late January birthdays
10. severe January snowstorm
12. the birth flower of January
14. cozy coverings for chilly nights
16. hand warmers for cold days
17. unique ice crystals falling from they sky
18. wintry precipitation common in January
20. restless feeling from staying indoors

Down:

1. first month of the new year
2. frozen water hanging from roofs
4. the zodiac sign for early January birthdays
5. arctic mammal with black skin and white fur
6. cozy spot for gathering on cold evenings
11. wintertime activity on frozen ponds or rinks
13. icy crystal coating on January mornings
15. the season of the northern hemisphere in January
17. round, tall figure build after fresh snowfall
19. the birthstone for January



JANUARY



ANOTHER REASON IT'S HARD TO SEE FRIENDS IN THE WINTER:



Humour Pages

