
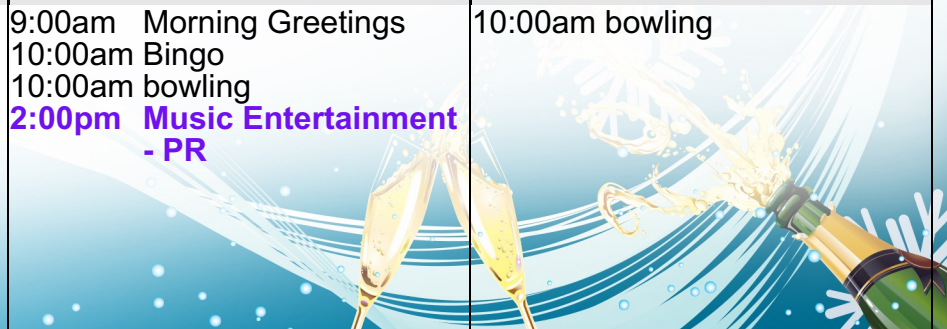


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				10:00am bowling 10:30am Liturgy of the Word or Praying the Rosary - PR	10:00am bowling	10:00am bowling
4	5	6	7	8	9	10
10:00am bowling	9:00am Putting up January Calendars 10:00am bowling 11:00am Taking Down Christmas	9:00am Morning Greetings 9:30am Pump it Up-Speedriver 10:00am Baking Owl Cupcakes 10:00am bowling 11:00am Spirit Circle (Speed River) 1:45pm Afternoon Movie: Whiplash	10:00am bowling 10:30am Virtual Reality Program - PR	9:00am Morning Greetings 9:30am Pump it Up (Speed River) 10:00am bowling 10:30am Liturgy of the Word or Praying the Rosary - PR 2:00pm Colouring & Music 3:00pm Church Service with Temple Baptist	9:00am Morning Greetings 10:00am Bingo 10:00am bowling 2:00pm Manicures & Hand Massages 2:30pm Word Searches & Crosswords	10:00am bowling
11	12	13	14	15	16	17
10:00am bowling 	9:00am Morning Greetings 9:15am Puzzles & Music 10:00am bowling 10:30am Board Games 2:00pm Felt Valentine's Day Mail craft	SPiRiT DAY: Flannel Day 9:00am Morning Greetings 9:30am Pump it Up-Speedriver 10:00am Baking Cinnamon Roll Blondies 10:00am bowling 11:00am Portuguese Rosary - SR 2:00pm Active Games & Music 3:00pm Music with Jen (SR)	9:00am Morning Greetings 9:45am Puffy Paint Ice Cream Cone craft 10:00am bowling 10:45am Short Stories Reading Group 2:00pm I Scream for Ice Cream - All About Moose Tracks!	9:00am Morning Greetings 9:30am Pump it Up (Speed River) 10:00am bowling 10:30am Liturgy of the Word or Praying the Rosary - PR 10:30am Catholic Mass - PR 1:30pm Afternoon Movie : Nonnas	9:00am Morning Greetings 10:00am Bingo 10:00am bowling 2:00pm Manicures & Hand Massages 2:30pm Trivia & Word Games	10:00am bowling
18	19	20	21	22	23	24
10:00am bowling	9:00am Morning Greetings 9:30am Music & Colouring 10:00am bowling 10:15am Prepping Dolly Parton Decorations 10:45am Music with Jen (SR) 1:30pm A Positively Parton Party!	9:00am Morning Greetings 9:30am Pump it Up-Speedriver 10:00am Baking Cheesy Star Bread 10:00am bowling 1:30pm Valentine's Love Tree craft	International Hug Day SPiRiT DAY: Pajama Day 9:00am Morning Greetings 9:15am Manicures (Speed River) 9:30am Manicures & Hand Massages 10:00am bowling 10:30am Resident Council 2:00pm January Birthday Party	SPiRiT DAY: Cozy Sweater Day 9:00am Morning Greetings 9:30am Pump it Up (Speed River) 10:00am bowling 10:30am Liturgy of the Word or Praying the Rosary - PR 2:00pm Music Entertainment - PR 3:00pm Church Service with Chaplain Daria	9:00am Morning Greetings 10:00am Bingo 10:00am bowling 2:00pm Group Crosswords	10:00am bowling
25	26	27	28	29	30	31
10:00am bowling 2:00pm Hot Cholate and Treats Drop In	SPiRiT DAY: Wear Blue & White 9:00am Morning Greetings 9:15am Puzzles & Music 10:00am bowling 10:45am Board Games 2:00pm Music with Madison	9:00am Morning Greetings 9:30am Baking for Cookie Contest 9:30am Pump it Up-Speedriver 10:00am bowling 11:00am Portuguese Rosary - SR 2:00pm Chocolate Chip Cookie Contest! -	9:00am Morning Greetings 9:30am Games & Music 10:00am bowling 10:30am Puzzle Corner & Chats 1:30pm Outing to the coffee culture 2:00pm Craft - Heart Wreaths	9:00am Morning Greetings 9:30am Baking Ginger Molasses Cookies 9:30am Pump it Up (Speed River) 10:00am bowling 10:30am Liturgy of the Word or Praying the Rosary - PR 2:00pm Hot Chocolate and	9:00am Morning Greetings 10:00am Bingo 10:00am bowling 2:00pm Music Entertainment - PR	10:00am bowling 

		BDR		Cookies Drop in	
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