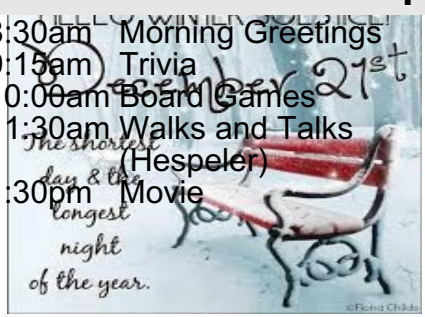


January 2026

Hespeler Home Area

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30am Liturgy of the Word or Praying the Rosary - PR	2 8:40am Morning Greetings 9:30am Pump it Up 10:00am Crafts 11:30am Walks and Talks (Hespeler) 1:30pm Active Games (Hespler) 3:30pm Reminiscing	3
4	5 8:30am Morning Greetings 9:30am Pump it Up! 10:00am Reading Group(Hespler) 11:30am Walks and Talks (Hespeler) 1:00pm Craft (Hespeler) 3:30pm chit chat	6 8:30am Morning Greetings 9:15am Trivia (Hespeler) 10:00am Manicures 11:30am Walks and Talks (Hespeler) 1:30pm Bingo Blair 3:30pm chit chat	7 8:30am Morning Greetings 9:15am Craft (Hespeler) 10:30am Pump it Up! 10:30am Virtual Reality Program - PR 11:30am Walks and Talks (Hespeler) 1:30pm Music with Jen (Blair) 3:30pm chit chat	8 8:30am Morning Greetings 9:15am Colouring 10:30am Liturgy of the Word or Praying the Rosary - PR 1:30pm Board Games uno 3:00pm Church Service with Temple Baptist 3:30pm chit chat	9 9:30am Pump it Up	10 8:30am Morning Greetings 9:15am Board Games 11:30am Walks and Talks (Hespeler) 1:30pm Bingo 3:30pm Walks and Talks (Hespeler)
11 8:30am Morning Greetings 9:15am Trivia 10:00am Board Games 11:30am Walks and Talks (Hespeler) 1:30pm Movie 	12 9:30am Pump it Up! 2:00pm Music with Jen (Hespeler)	13 SPIRIT DAY: Flannel Day 8:30am Morning Greetings 9:00am Trivia (Hespeler) 10:00am Reading Group catherine 11:00am Portuguese Rosary - SR 1:30pm Corn Hole (Hespler) 3:00pm Spirit Circle (Hespeler)	14 10:30am Pump it Up! 1:30pm Board Games yahtzee 3:00pm Colouring 5:45pm Card Games	15 8:30am Morning Greetings 9:15am Crafts 10:30am Liturgy of the Word or Praying the Rosary - PR 10:30am Catholic Mass - PR 1:30pm Bingo 3:30pm chit chat	16 8:30am Morning Greetings 9:30am Pump it Up 10:00am Bowling(Hespler) 1:15pm Crafts pour paint 3:30pm chit chat	17
18	19 8:30am Morning Greetings 9:30am Pump it Up! 10:00am Trivia (Hespeler) 1:30pm Bingo Blair 3:30pm chit chat	20 8:30am Morning Greetings 9:15am Reading Group(Hespler) 10:00am Reading Group catherine 1:45pm Board Games yahtzee 3:30pm chit chat	21 International Hug Day SPIRIT DAY: Pajama Day 8:30am Morning Greetings 9:15am Colouring 9:20am Manicures 10:30am Pump it Up! 10:30am Resident Council 1:00pm Music with Jen (blair) 2:00pm January Birthday Party 3:30pm chit chat	22 SPIRIT DAY: Cozy Sweater Day 8:30am Morning Greetings 9:15am Games hangman 10:30am Liturgy of the Word or Praying the Rosary - PR 2:00pm Music Entertainment - PR 3:00pm Church Service with Chaplain Daria	23 9:30am Pump it Up	24 8:30am Morning Greetings 9:15am Crafts 11:30am Walks and Talks (Hespeler) 1:30pm Board Games 3:30pm chit chat
25 8:30am Morning Greetings 9:15am Trivia 10:00am hangman game 1:30pm Movie 2:00pm Hot Cholate and Treats Drop In	26 SPIRT DAY: Wear Blue & White 9:30am Pump it Up! 10:45am Music with Jen (Hespeler)	27 8:30am Morning Greetings 9:15am Trivia (Hespeler) 10:00am Reading Group catherine 11:00am Portuguese Rosary - SR 2:00pm Chocolate Chip Cookie Contest! - BDR 3:00pm One to One	28 10:30am Pump it Up! 1:30pm Outing to the coffee culture 3:30pm chit chat 5:45pm Card Games	29 8:30am Morning Greetings 9:10am Crafts 10:30am Liturgy of the Word or Praying the Rosary - PR 11:30am Coffee Chat 2:00pm Hot Chocolate and Cookies Drop in	30 8:30am Morning Greetings 9:30am Pump it Up 10:00am Board Games 2:00pm Music Entertainment - PR 3:30pm chit chat	31 