



# January 2026

## GALT HOME AREA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> 8:30am Morning Greetings <b>9:30am Making a wish Tree with Zara &amp; Perry</b> <b>10:30am Liturgy of the Word or Praying the Rosary - PR</b> 11:00am walk and talks 2:00pm Dart Club	<b>2</b> 8:30am Morning Greetings 9:30am Coloring & Puzzles <b>10:30am Pump it Up- Galt</b> 11:00am walk and talks 2:00pm Movie Time	<b>3</b>
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
	<b>10:45am Music with Jen (Galt)</b> 11:00am Walks and Talks (Galt) 2:00pm Bowling 3:30pm One-on-one (Galt) 5:30pm Play Backgammon	8:30am Morning Greetings 9:30am Travelogue <b>10:30am Pump It Up-Galt</b> <b>11:00am Spirit Circle (Speed River)</b> 11:00am Walks and Talks (Galt) 2:00pm Crazy Eight Club	8:30am Morning Greetings 9:30am Making Oat Soup <b>9:30am Pump it Up- Galt</b> <b>10:30am Virtual Reality Program - PR</b> <b>10:45am Music with Jen (Preston)</b> 11:00am Walks and Talks (Galt) 2:00pm Bingo	8:30am Morning Greetings 9:30am Seated Exercise <b>10:30am Liturgy of the Word or Praying the Rosary - PR</b> 11:00am walk and talks 2:00pm Balloon Badminton <b>3:00pm Church Service with Temple Baptist</b>	8:30am Morning Greetings 9:30am Crazy 8 Club <b>10:30am Pump it Up- Galt</b> 11:00am walk and talks <b>1:30pm Outing To The Giant Tiger</b>	
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
 <p>December 21<sup>st</sup> The shortest day &amp; the longest night of the year.</p>	8:30am Morning Greetings 9:30am Baking <b>10:45am Music with Jen (Preston)</b> 11:00am Walks and Talks (Galt) 2:00pm Bracelets making Time	<b>SPIRIT DAY: Flannel Day</b> 8:30am Morning Greetings 9:30am Coloring & Puzzles <b>10:30am Pump It Up-Galt</b> <b>11:00am Portuguese Rosary - SR</b> 11:00am Walks and Talks (Galt) 2:00pm Crazy Eight Club	8:30am Morning Greetings <b>9:30am Pump it Up- Galt</b> 10:00am Bingo 11:00am Walks and Talks (Galt) 2:00pm Sneaks & Ladders	8:30am Morning Greetings 9:30am Seated Exercise <b>10:30am Liturgy of the Word or Praying the Rosary - PR</b> <b>10:30am Catholic Mass - PR</b> 11:00am walk and talks 2:00pm Coffee & Game	8:30am Morning Greetings 9:30am Hand Massage & Manicures (Galt) <b>10:30am Pump it Up- Galt</b> 11:00am walk and talks 2:00pm Trivia (winter Sports)	
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
	11:00am Walks and Talks (Galt) 2:00pm Balloon Badminton <b>3:00pm Music with Jen (Galt)</b> 3:30pm One-on-one (Galt) 5:30pm Play Backgammon	8:30am Morning Greetings 9:30am Craft Corner <b>10:30am Pump It Up-Galt</b> 11:00am Walks and Talks (Galt) 2:00pm Crazy Eight Club	<b>International Hug Day</b> <b>SPIRIT DAY: Pajama Day</b> 8:30am Morning Greetings <b>9:30am Pump it Up- Galt</b> 10:00am Bingo <b>10:30am Resident Council</b> 11:00am Walks and Talks (Galt) <b>2:00pm January Birthday Party</b>	<b>SPIRIT DAY: Cozy Sweater Day</b> 8:30am Morning Greetings 9:30am Seated Exercise <b>10:30am Liturgy of the Word or Praying the Rosary - PR</b> 11:00am walk and talks <b>2:00pm Music Entertainment - PR</b> <b>3:00pm Church Service with Chaplain Daria</b>	8:30am Morning Greetings 9:30am Board Games & Music <b>10:30am Pump it Up- Galt</b> 11:00am walk and talks 2:00pm Taste & Smell Game	
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
<b>2:00pm Music with Mariana</b> <b>2:00pm Hot Cholate and Treats Drop In</b>	<b>SPIRIT DAY: Wear Blue &amp; White</b> 8:30am Morning Greetings 9:30am Baking 11:00am Walks and Talks (Galt) 2:00pm Music with Madison	8:30am Morning Greetings 9:30am Games & Music (Residents choice) <b>10:30am Pump It Up-Galt</b> <b>11:00am Portuguese Rosary - SR</b> 11:00am Walks and Talks (Galt) 2:00pm Crazy Eight Club <b>2:00pm Chocolate Chip</b>	8:30am Morning Greetings <b>9:30am Pump it Up- Galt</b> 10:00am Making Bracelet 11:00am Walks and Talks (Galt) <b>1:30pm Outing to the coffee culture</b>	8:30am Morning Greetings 9:30am Seated Exercise <b>10:30am Liturgy of the Word or Praying the Rosary - PR</b> 11:00am walk and talks 2:00pm Coffee Chat & Play Cards <b>2:00pm Hot Chocolate and Cookies Drop in</b>	8:30am Morning Greetings 9:30am Hand Massage & Manicures (Galt) <b>10:30am Pump it Up- Galt</b> 11:00am walk and talks <b>2:00pm Music Entertainment - PR</b>	

		3:30pm	<div>Cookie Contest! - BDR</div> <div>Spirit Circle (Galt)</div>				
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