January 2026

Blair Home Area

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	hoppy holidays	WHO WELL SIVONS		8:15am Newspaper Delivery 8:30am Morning Greetings 9:45am Pump it Up (Blair) 10:00am Calendar Delivery 10:30am Liturgy of the Word or Praying the Rosary - PR 11:30am Walks and Talks 1:30pm Coloring 3:00pm One-on-One - BRR	8:15am Newspaper Delivery 8:30am Morning Greetings 9:30am Manicures (Blair) 11:00am Walks and Talks 1:30pm Active Games (Hespler) 3:00pm One-on-One (Blair)	S S S S S S S S S S S S S S S S S S S
4	5	6	7	7	9	10
8:30am Morning Greetings 10:00am Eldercare Church Service 11:30am Walks and Talks 1:30pm Movie Time	8:30am Morning Greetings 10:00am Reading Group(Hespler) 11:30am Walks and Talks 1:30pm Making Bracelet		9:30am Bowling 10:30am Pump it Up (Blair) 10:30am Virtual Reality Program - PR 1:30pm Music with Jen (Blair)	8:15am Newspaper Delivery 8:30am Morning Greetings 9:45am Pump it Up (Blair) 10:30am Liturgy of the Word or Praying the Rosary - PR 11:30am Walks and Talks 1:30pm Play Darts 3:00pm Church Service with Temple Baptist	8:15am Newspaper Delivery 8:30am Morning Greetings 9:30am EZ Antler Maching Game 11:00am Walks and Talks 1:30pm Outing To The Giant Tiger 3:00pm One-on-One	
11	12	13		1	16	17
The shortest day 8 the	8:30am Morning Greetings 9:30am EZ January Trivia 11:00am Walks and Talks 1:30pm Play Card 2:00pm Music with Jen	8:15am Newspaper Delivery 8:30am Morning Greetings 11:00am Portuguese Rosary -	9:30am Baking 9:30am Morning Greetings 10:30am Pump it Up (Blair) 11:30am Walks and Talks 2:00pm Crafts (Blair)	8:15am Newspaper Delivery 8:30am Morning Greetings 9:45am Pump it Up (Blair) 10:30am Liturgy of the Word or Praying the Rosary - PR 10:30am Catholic Mass - PR 1:30pm Write World 3:00pm One-on-One	8:15am Newspaper Delivery 8:30am Morning Greetings 10:00am Bowling(Hespler) 11:30am Walks and Talks 1:30pm Perpetual Calendar 3:00pm One-on-One	
18		-				24
8:30am Morning Greetings 10:00am Eldercare Church Service 11:30am Walks and Talks	8:30am Morning Greetings	9:15am Reading Group(Hespler) 11:30am Walks and Talks 1:15pm Euchre 3:00pm Spirit Circle (Blair)	International Hug Day SPIRIT DAY: Pajama Day 9:30am Morning Greetings 10:30am Pump it Up (Blair) 10:30am Resident Council 1:00pm Music with Jen (blair) 2:00pm January Birthday Party	SPIRIT DAY: Cozy Sweater Day 8:15am Newspaper Delivery 8:30am Morning Greetings 9:45am Pump it Up (Blair) 10:30am Liturgy of the Word or Praying the Rosary - PR 11:30am Walks and Talks 2:00pm Music Entertainment - PR 3:00pm Church Service with Chaplain Daria 3:45pm One-on-One (Blair)		
25			28			31
Treats Drop In	White	8:30am Morning Greetings	9:30am Bingo 9:30am Morning Greetings 10:30am Pump it Up (Blair) 11:30am Walks and Talks	8:15am Newspaper Delivery 8:30am Morning Greetings 9:45am Pump it Up (Blair) 10:30am Liturgy of the Word	8:15am Newspaper Delivery 8:30am Morning Greetings 9:30am Colouring 11:30am Walks and Talks	

9:30am Play Dart&Axe	SR	1:30pm	Outing to the coffee		or Praying the	2:00pm	Music Entertainment	
10:45am Music with Jen	11:30am Walks and Talks		culture		Rosary - PR	-	- PR	
(Hespelar)	2:00pm Chocolate Chip			11:30am	Walks and Talks			
11:30am Walks and Talks	Cookie Contest! -			1:30pm	Hand			
1:30pm Making Bracelet	BDR			•	Massage&Manicures			
3:15pm One-on-One (Blair)				2:00pm	Hot Chocolate and			
					Cookies Drop in			
				3:15pm	One-on-One - BRR			

Your Recreation Therapist Roshan