

January 2026

Programs & locations are subject to change.						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	HAPPY NEW YEAR			11:30am Calendar Handout - EPRR 2:00pm Deck Of Card Bingo - EPEL 3:30pm Travelogue: Dick Proenneke Alone In The Wilderness- EPDR 6:00pm Evening Visits-EPRR	2 11:30am Bean Bag Toss - EPEL 2:00pm Word Game - EPEL 3:30pm Humour Hour - EPRR 6:00pm Short Stories - EPDR	3 10:00am Basketball - EPEL 10:30am Faith & Film - Chapel 11:30am 21 New Year's Superstitions and Traditions to Ensure a Lucky 2026-EPDR 2:30pm Specialty Coffee Time - EPDR
4	5	6	7	8	9	10
10:00am Short Stories - EPEL 11:30am Match The Snow Facts	10:00am Positive News - EPDR 11:30am Cornhole - EPEL 2:00pm Over 80 Gentlemens Coffee Club-Chapel 2:30pm Mega Muffins!-EPDR 3:30pm Afternoon Visits - EWDR 6:00pm Manicure Mondays! - EPRR	10:00am Morning Visits-EPRR 11:30am Balloon Volleyball - EPDR 2:30pm Sponge Painting - EPDR	10:00am Into The New Year News- EPRR 10:00am Pump it up! - EPEL 11:30am Horseshoes - EPEL 2:30pm Bingo - VPDR 6:00pm 1:1 Chaplain Visits w/ Chaplain Jen	10:00am Name that Hymn w/ Chaplain Jen - EPEL 11:30am Travelogue: Off To Elvis Presley's Graceland Mansion!- EPDR 2:00pm Deck of Card Bingo - EPEL 3:30pm Traveling Trivia On Elvis's Birthday!-EPRR 6:00pm Evening Visits - EPRR	History And Fun Facts-EPEL	11:30am Word Game - EPDR 2:30pm Community Movie - VPAR 6:00pm Manicures - EPRR
11	12	13	14	15	16	17
11:30am Travelogue & Trivia - EPDR 3:00pm Church Service - RGDR 6:00pm Hand Massages - EPRR	11:15am Gratitude & Grounding w/ Chaplain Jen - EPEL 11:30am Basketball-EPDR 2:00pm Over 80 Gentlemens Coffee Club-Chapel 2:30pm Reminiscing: The 70's with treats and trivia - EPEL 6:00pm Manicure Mondays! - EPRR	10:00am Tim Hortons Documentary: The Donut Shop and How The Coffee Is Made-EPDR 11:30am Never Have I Ever (Winter Edition) -EPEL 2:00pm Music Therapy Group with Chelsea - EPDR 3:00pm Timbit Tuesday Social-EPDR	10:00am Pump it up! - EPEL 10:00am Travelling Library-EPRR 10:15am Travelling RC Communion - TC 11:30am Bean Bag Toss - EPEL 2:30pm Bingo - VPDR 6:00pm Rapid fire Trivia - EPRR	11:30am Travelouge: Off To The Real Canadian Rockies! - EPDR 2:00pm Deck of Card Bingo - EPEL 3:30pm Sing A Song And Sing-a-long!- EPDR 6:00pm Evening Visits - EPRR	11:30am Active Game - EPEL 2:00pm Book Club with Chaplain Megan-VPDR 2:30pm Tea Party - FCDR 6:00pm Guess the Price - EPRR	10:00am Cornhole - EPEL 10:30am Faith & Film - Chapel 11:30am Finish The Lyrics-EPDR 2:30pm Specialty Coffee Time - EPDR
18	19	20	21	22	23	24
10:00am Short Stories - EPEL 11:30am Spin It To Win It-EPRR 3:00pm Church Service - RGDR	11:00am Memorial Service - RGDR 2:00pm Cornhole - EPEL 2:00pm Over 80 Gentlemens Coffee Club-Chapel 3:30pm Cards And Games - EPEL 6:00pm Manicure Mondays! - EPRR	10:00am Active Game - EPEL 10:00am Resident Council - FCEL 11:30am Riddles - EPRR 2:30pm Baking - EPDR	10:00am Daily News True or False- EPRR 10:00am Pump it up! - EPEL 11:00am Cornhole - EPEL 2:30pm Bingo - VPDR	EPDR 2:00pm Deck of Card Bingo - EPEL 3:30pm Travelling Trivia! EPRR 6:00pm Evening Visits - EPRR	Jeff Poolton - VPDR	10:30am Faith & Film - Chapel 11:30am Word Game - EPEL 2:30pm Community Movie - VPAR 6:00pm Manicures - EPRR
25	26	27	28	29	30	31
11:30am Travelogue & Trivia - EPDR 3:00pm Church Service - RGDR 3:00pm Church Service - RGDR 6:00pm Hand Massages - EPRR	11:30am Ladderball - EPEL 2:00pm Over 80 Gentlemens Coffee Club-Chapel 2:30pm Edna Family Feud - EPEL 3:30pm Reminiscing: Robbie Burns - EPEL 6:00pm Manicure Mondays! - EPRR	10:00am Scotland Documentary-EPDR 11:30am Cards And Games - EPEL 2:00pm Music Therapy Group with Chelsea - EPDR 3:15pm Scottish Poetry, Trivia And Treats-EPDR	10:00am Travelling Library-EPRR 10:30am Catholic Mass - CHAP 11:30am Basketball - EPEL 2:30pm Bingo - VPDR 6:00pm Guess the Price - EPRR	Wonderlands-Your Dream Winter Destinations -EPDR 2:00pm Deck of Card Bingo - EPEL		10:00am Basket Ball - EPEL 10:30am Faith & Film - Chapel 11:30am Discussion: Music And Memories -EPEL 2:30pm Specialty Coffee Time - EPDR
CHAP - Chapel	EPDR - Edna Place Dir	ning Room EPEL -	Edna Place East Lounge	EPRR - Resident Room for 1-1 s	scoring EWDR - East W	ay Walk Dining Room

FCDR - Frederick Community Dining Room

VPDR - Victoria Park Dining Room

FCEL - Frederick Community East Lounge

GH - Grand Hall

EPRR - Resident Room for 1-1 scoring

RGDR - Rockway Gardens Dining Room

TC - Travelling Carts