

November 2025

DELHI INSIDER

peopleCare Delhi | 173 Dalton Rd, Delhi, ON | 519-582-3400 | peoplecare.ca

Outings this Month

Lunch at the Simcoe Arms Pub
November 6th @ 11AM

Shopping at Tillsonburg Mall
November 19th @ 10AM

Canadian Military Heritage Museum
November 22nd @ 1:30PM

Scenic Lights Tour
November 28th @ 6PM

Special Events

Birthday Party with Ken L.
November 27th @ 2PM

Remembrance Day Ceremony
November 11th @ 10:45AM

Community Bingo November 11th
@ 6:30PM

Melody Makers November 20th
@ 2:30PM

Memorial Service November 26th
@ 10AM

Happy Hour with Shaky D
November 26th @ 2PM

Holidays

Remembrance Day - November
11th

peopleCare
communities

*What We've
been up to:*





On November 11th, we take the time to remember and honour those who have served our country and those who have lost their lives in this pursuit.

Please join us in our Remembrance Day Ceremony on Tuesday, November 11th @ 10:45AM in the Chapel. We will have a short ceremony followed by a minute of silence at 11AM and playing of the Last Post.

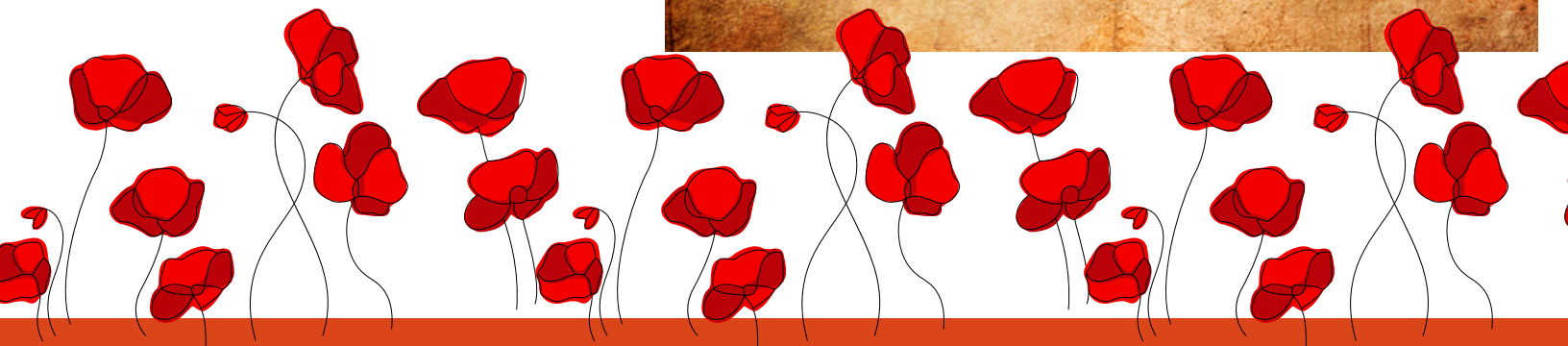
In Flanders' Fields

*In Flanders' fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The Larks, still bravely singing, fly,
Scarce heard amid the guns below.*

*We are the dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved, and were loved, and now we lie
In Flanders' fields.*

*Take up our quarrel with the foe:
To you from failing hands we throw
The torch, be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders' fields.*

Major John McCrae, 1915



Greetings from the Nursing Department

Our nursing team extends heartfelt wishes for warmth , good health and joy to all our residents and their families. It's been a very busy time since the filling of our home with all the new residents, and we have been completing many initial family conferences daily along with our annual conferences.

We are grateful for your continued trust and support.

Resident Care Highlights: You will soon notice new magnetic identifiers on the door frames of residents. These are safety cues used for staff that communicate any residents that are high risk for falls (a red leaf), high risk for pressure ulcers (pink flower), and potential expressions of aggression (white dot).

Any questions for the nursing department, please don't hesitate to reach out to DOC-Stephanie Jones ext. 416 or ADOC Stephanie Donohue ext. 440.

*Nurse's
Corner*



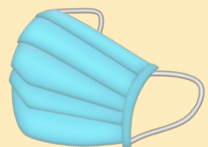
Infection Control Update November 2025



Immunization Program for the Fall: Currently, all residents who have consented to the influenza vaccine have received their vaccine in the first week of October. We have 90% of residents vaccinated for Influenza this year. We are hoping all family and caregivers visiting the home have gone to get their annual flu shot as this is one way to protect your loved ones! If you have consented to the covid 19 and RSV vaccines, these will be given in our November clinics.

Reminders for Flu Season/Outbreaks: Please ensure you are following our outbreak guidelines and regular handwashing. We all know these viruses can be very harmful to our home's population. During this time, please be aware of signage at the front entrance if an outbreak is declared. A call will also go out to the primary contact on file for residents, to share if the home is in outbreak.

Keeping our residents safe is number one for all of us!



If you have any questions regarding immunization for your loved one, please come and see me in my office at the back of the Gold Leaf Walk home area, or you can call me at ext. 431.

-Christa Van Dyk

From the Desk of Our Director

Dear Residents, Families and Staff:

As we step into November, I want to take a moment to reflect on the vibrant month of October. Our Thanksgiving celebrations were filled with gratitude and warmth, allowing us to come together and celebrate our community here at Delhi LTC. We are pleased to confirm that our new home is now filled, and we have welcomed all 128 residents to our new home. Each resident that we welcome enriches our community here in Delhi.

Looking ahead, November promises to be just as engaging. I am excited to announce that we will be having a LOST AND FOUND NIGHT, where families are invited to join us in reclaiming any misplaced items that may have found their way into the home's laundry. This event will be held on November 26th, between the hours of 9AM and 8PM.

We have our annual Christmas Bazaar scheduled for November 15th. Tickets for the raffle are available from the Ladies Auxiliary or please contact Director of Programs, Emily Coles, and she will be able to help you out.

Additionally, we will be honouring our veterans on Remembrance Day. This is a poignant time for us to reflect on the sacrifices made by those who served our country or their country of origin. We will hold a special tribute to ensure that their bravery and commitment are remembered and celebrated. If you have a loved one that has served in the armed forces, please let Emily Coles know their name, so we can acknowledge them on this day. Also, if you have a loved one in the home that finds this time of year to be very difficult please send Emily these names and we will ensure that we take this into consideration.

I would also like to extend my heartfelt thanks for the anonymous delivery of beautiful fall mums for our residents. These lovely flowers were able to brighten the home and brought smiles to the faces of many residents, reminding us of the beauty of the season.

Thank you all for your continued support and participation in the community of Delhi LTC. Let's make November a month filled with joy, remembrance and connection.

Warm regards,
Kristine Mitchell
Executive Director

Kristine Mitchell, Executive Director
ext. 422 or kmitchell@peoplecare.ca

Tracy Donohue, Office Manager
Ext 412 or tdonohue@peoplecare.ca

Stephanie Jones, Director of Care
Ext 416 sjones@peoplecare.ca

Stephanie Donohue, ADOC
Ext 440 sdonohue@peoplecare.ca

Dwayne Waugh, Director of Environmental
Ext 428 dwaugh@peoplecare.ca

Emily Coles, Director of Programs
Ext 436 ecoles@peoplecare.ca

Chris Mecke, Director of Food Services
Ext 437 cmecke@peoplecare.ca

Christa Van Dyk, IPAC
Ext 431 cvandyk@peoplecare.ca



Meet Our
Leadership
Team

Resident & Family Councils Corner

Our next Resident Council meeting will be taking place on November 20th @ 1:30PM in GLDR.

Agenda Items: Emergency Preparedness & Financial Statements Filed with the Director/LHIN

Family Council - A family council is in the making here in Delhi & we are looking for your support!

DID YOU KNOW????

A long-term care family council is a self-led, autonomous council, that consists of a structured board; led by a Chair, Co-Chair, & Secretary? Meetings are once per month and consist of a consistent group of family members interested in advocating for all residents here in the home. The council is looking for new members to join! Please note, a family council is not a drop-in meeting, all interested members must complete the necessary steps and paperwork to join.

We are looking for a Co-Chair & Secretary, could this be you???

For more information, please reach out to Crystal Thompson – Resident and Family Coordinator & Family Council Assistant.



Meeting
Reminder!

Hair Dressing Services

Your Hairdressers:

Laura & Rose

Please use the paper request slips found on the door of the hair salon and submit to the hairdresser or the front desk.

Hours of operation:

Monday, Wednesday, Thursday, Friday, Saturday
9:30AM-3PM

For any colouring services, please reach out to Laura prior to booking to ensure supplies are in stock (i.e. desired colour).



HEARTbeats

Our October winner is.....

Breelyn F.



Living the peopleCare
Values

GROWTH

We embrace change
and maximize every
opportunity for our
people and our
organization.

Welcome Home

Darlene S.
Jacqueline I.
Harold K.
Gisele B.
Kenneth M.



Happy Birthday to all
those born in **November!**

Name	Birth Date
Wilma L.	November 3rd
Theo J.	November 11th
Beverly C.	November 11th
Geri Y.	November 12th
Diane B.	November 12th
Astrid M.	November 14th
Sylvia P.	November 21st
Bruce L.	November 26th
Ria D.	November 28th



Name: _____

Date: _____



NOVEMBER

Word Search



Find the words listed. Words may appear forward, backward, up, down or diagonal. Words may overlap and cross each other. When you have found a word, be sure to circle it and cross it off the list.

AUTUMN
BLACK FRIDAY
CHRYSANTHEMUMS
CINNAMON
CORNUCOPIA
CRANBERRY
CYBER MONDAY
DAYLIGHT SAVING
ELECTION
FAMILY
FIREPLACE
FOOTBALL
FRIENDSGIVING
GRATITUDE
HARVEST
HOT CIDER
NATIVE AMERICANS

R	N	Q	S	E	O	T	A	T	O	P	D	E	H	S	A	M	M	C	H
F	C	O	S	W	E	A	T	E	R	S	W	B	P	C	H	D	R	N	E
Z	O	S	I	Y	A	D	N	O	M	R	E	B	Y	C	Y	A	S	C	N
R	R	J	C	T	S	T	U	F	F	I	N	G	K	A	N	M	A	R	M
S	N	F	Y	A	C	K	N	N	N	L	M	R	D	B	I	L	G	N	B
C	U	R	L	L	R	E	Z	T	R	X	F	I	E	R	P	T	N	M	F
O	C	B	I	Q	H	V	L	Q	X	C	R	R	G	E	O	M	I	U	R
R	O	V	M	H	F	W	E	E	R	F	R	L	R	P	D	E	V	T	I
P	P	T	A	W	T	H	L	S	K	Y	I	I	A	Y	L	I	I	U	E
I	I	L	F	D	A	X	T	C	D	P	F	Z	K	Q	M	P	G	A	N
O	A	C	H	R	Y	S	A	N	T	H	E	M	U	M	S	N	S	Z	D
R	T	D	V	R	J	L	C	B	Z	F	V	R	Y	T	G	A	K	W	S
P	N	E	G	L	B	R	M	N	N	G	O	C	E	L	Y	C	N	J	G
R	S	E	D	U	T	I	T	A	R	G	Y	O	I	D	K	E	A	M	I
T	T	F	C	L	P	V	M	W	M	N	C	E	T	N	I	P	H	M	V
S	W	E	E	T	P	O	T	A	T	O	E	S	K	B	N	C	T	X	I
D	A	Y	L	I	G	H	T	S	A	V	I	N	G	R	A	A	T	T	N
T	N	Y	A	D	S	N	A	R	E	T	E	V	G	B	U	L	M	O	G
R	T	P	U	M	P	K	I	N	P	I	E	B	T	B	K	T	L	O	H
N	A	T	I	V	E	A	M	E	R	I	C	A	N	S	T	B	V	F	N

STUFFING

SWEATERS

SWEET POTATOES

THANKSGIVING

TOPAZ

TURKEY

VETERANS DAY

PECAN PIE

PILGRIMS

POTATOES

PUMPKIN PIE

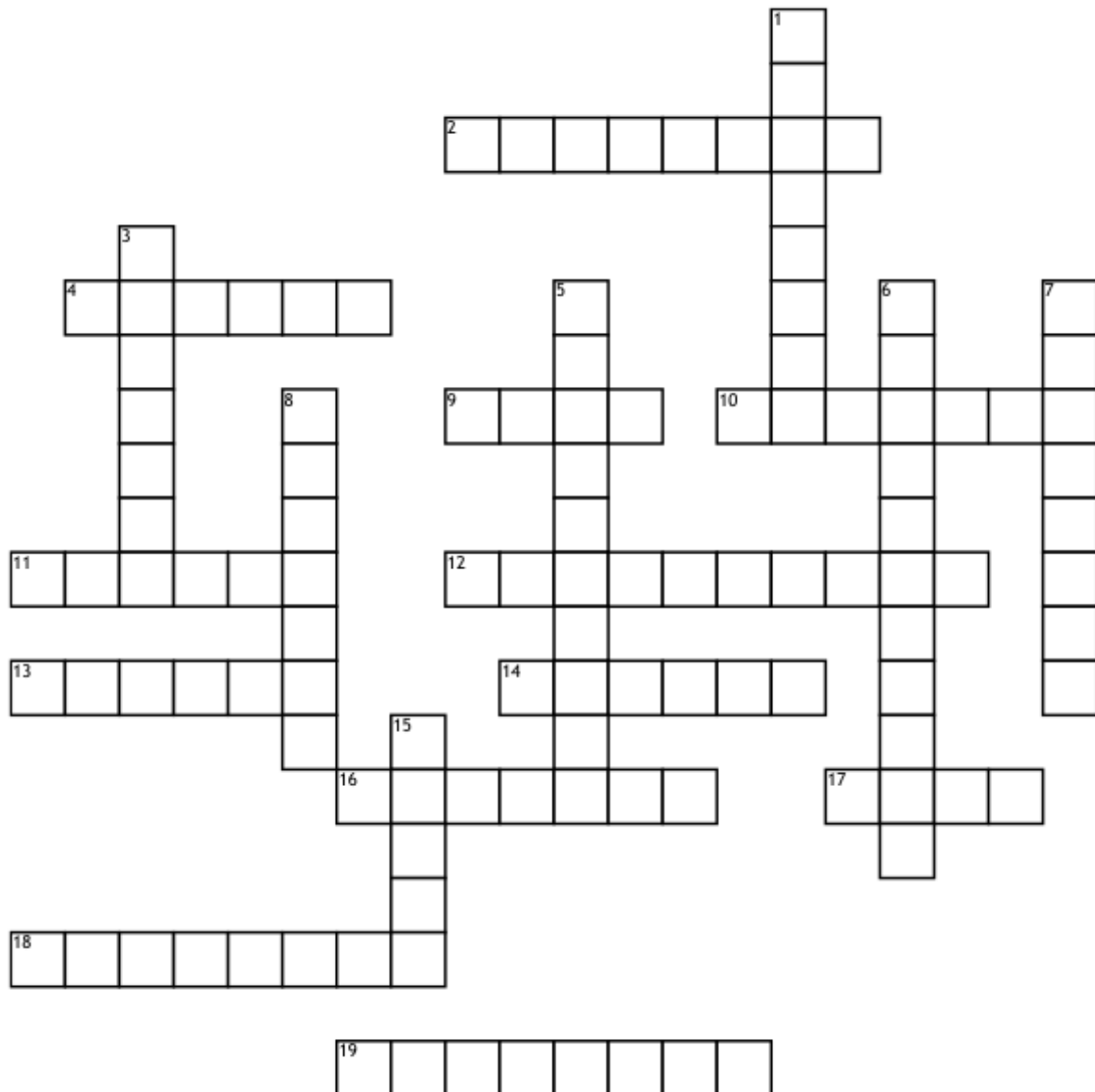
SCARVES

SCORPIO





Remembrance Day



Across

2. War Poem: In _____ Fields.
 4. Lest we _____.
 9. A group of people who fight on land.
 10. Someone who has fought in a war.
 11. A long hole dug into the ground where soldiers hid.
 12. Wounded and dead.

13. Gas used in war.
 14. Wire used in war.
 16. Injured.
 17. A group of people who fight on the sea.
 18. A place where people are buried.
 19. The month of Remembrance Day.

Down

1. A group of people who fight in the air.

3. Bravery.
 5. The area between the trenches.
 6. What WWI was originally known as.
 7. A statue or building to remember veterans.
 8. Gun used in war.
 15. A red flower that is a symbol of remembrance of the dead.

Sudoku Corner

	6				7		2
4			8				
	5						
6		7	3				1
1			7	5			
	2			8	9		6
				3			4
			9		4	5	
	8		5	1		3	9

	5						9
		9			7		8
2			3			5	
	1	8					
3				7			4
		7		1		6	
	9		7				1
1					3	9	2
	8				6		

					7		
9		7	2				
	8		6				3
8		4	1	7			
1	9		3		2	5	
			4	9	5		
3				6	1		8
							7
6	4						2

				1	7		
	6	7	8			2	3
		8					
	5		1	6			8
	4	6			3	7	
1				8	5	6	
				2		4	
							6
			9				

1		3	5	7	9		
	5			4	6		3
		4			3		5
					4		
						7	3
				2		1	
	1		6		2		8
		9	4		8		
						2	6

2		7			5	3	9
1	6	9					
			7		6		
					4		7
			1				4
8			2	7			
				4	1		
4	3			6		9	
				8		1	