## November 2025

## people Care communities

## PRESTON HOME AREA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2		4	5	6	7	8
	9:30am Poppy Craft 2:00pm Bowling 3:00pm One-on-one (Preston)	9:30am Board Games 10:30am Pump It UP - PR 11:00am Music with Jen			10:30am Pump it Up - PR 2:00pm Music Entertainment -BL	Ugly Sweater Day Christmas Market 10-3
9	10	11	12	13	14	15
9:30am Eldercare Spiritual 10:30am Manicures (Preston) 11:00am Walks and Talks (Preston)	9:30am Crafts (Preston) 11:00am Walks and Talks (Preston)	9:30am Group Talk About Remembrance Day 10:30am Pump It UP - PR	Spirit Day: Pajama Day 9:00am Decorating Floors for Holidays 9:30am Pump it Up (Preston) 2:00pm Autumn Social - BL	Praying the Rosary- Blair 3:00pm Church Service with Temple Baptist	10:30am Pump it Up - PR 11:00am Walks and Talks (Preston) 2:00pm Baking with Portuguese 2:00pm Hot Chocolate and Apple Cider Drop In 4:00pm Zen Colouring 5:45pm Play Cards	
16	17	18	19	20	21	22
		10:30am Pump It UP - PR 11:00am Spirit Circle (Preston) 2:00pm Baking{Cake}	9:30am Pump it Up (Preston) 10:00am Hand Massage & Manicures	SPIRIT DAY: Scarf Day 8:30am Morning Greetings 9:30am Seated Exercise 10:30am Catholic Mass - PR 2:00pm Holiday's Crafts		8:30am Morning Greetings 9:30am Baking 10:30am Game and Coloring 11:00am Walks and Talks (Preston) 1:30pm One-on-one (Preston)
23	24			27	28	29
9:30am Elder Care Spiritual 10:30am Manicures (Preston)	9:30am Seated Exercise  10:45am Music with Jen 2:00pm Balloon Badminton	8:30am Morning Greetings 10:00am Dance Workout	9:30am Pump it Up (Preston) 10:00am Baking & Game 11:00am Swiss Chalet Outing 2:00pm KW Symphony	Day 10:30am Liturgy of the Word or Praying the Rosary-	10:30am Pump it Up - PR 11:20am Walks and Talks (Preston) 2:00pm Put New Calendar Up 4:00pm One-on-one (Preston) 5:45pm Play Cards	
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