

November 2025

Hespeler Home Area

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:30am Morning Greetings 9:15am Seated Exercise 10:00am Craft (Hespeler) 1:45pm Bingo 3:00pm Reminiscing
2 8:30am Morning Greetings 9:15am Seated Exercise 10:00am Baking 11:30am Walks and Talks (Hespeler) 1:30pm Movie 3:00pm Reminiscing	3 9:30am Pump it Up!	4 8:30am Morning Greetings 9:15am Seated Exercise 9:30am Trivia (Hespeler) - HDR 10:00am reading group 1:30pm Bookish Banter - Preston Dining Room	5 8:30am Morning Greetings 10:00am Butterfly Conservatory 10:30am Pump it Up! 1:30pm Music with Jen 3:00pm Reminiscing	6 Spirit Day: Jersey Day 8:30am Morning Greetings 9:15am Seated Exercise 9:30am Bingo 10:30am Liturgy of the Word or Praying the Rosary-Blair 1:30pm Decorating for Holiday Market 3:00pm Reminiscing	7 8:30am Morning Greetings 9:30am Pump it Up 10:00am Board Games 11:30am Walks and Talks (Hespeler) 2:00pm Music Entertainment -BL	8 Ugly Sweater Day Christmas Market 10-3 
9 	10 8:30am Morning Greetings 10:00am Crafts chains 11:30am Walks and Talks (Hespeler) 1:30pm Active Games 3:00pm Reminiscing	11 Spirit Day: Wear Red 8:30am Morning Greetings 9:15am Seated Exercise 9:30am Trivia (Hespeler) 10:45am Remembrance Day Service 1:00pm Portuguese Rosary 2:00pm Craft -chains 3:00pm Spirit Circle (Hespeler)	12 Spirit Day: Pajama Day 8:30am Morning Greetings 9:00am Decorating Floors for Holidays 10:30am Pump it Up! 2:00pm Autumn Social - BL	13 8:30am Morning Greetings 9:15am Seated Exercise 9:30am Hangman 10:30am Liturgy of the Word or Praying the Rosary-Blair 1:30pm Board Games 3:00pm Church Service with Temple Baptist	14 9:30am Pump it Up 2:00pm Hot Chocolate and Apple Cider Drop In	15 8:30am Morning Greetings 9:15am Seated Exercise 10:00am Craft (Hespeler) 2:00pm music-hespeler 3:00pm Reminiscing 
16 8:30am Morning Greetings 9:15am Seated Exercise 9:30am Bingo 1:30pm Movie 3:00pm Reminiscing	17 9:30am Pump it Up!	18 8:30am Morning Greetings 9:15am Seated Exercise 9:30am Trivia (Hespeler) 10:00am Reading Group 11:30am Walks and Talks (Hespeler) 2:00pm Resident Council	19 SPIRIT DAY: Sparkle Day 10:30am Pump it Up! 1:00pm Music with Jen 2:00pm November Birthday Party-BL 3:30pm Board Games 5:45pm card games-uno	20 SPIRIT DAY: Scarf Day 8:30am Morning Greetings 9:15am Seated Exercise 9:30am Baking 10:30am Catholic Mass - PR 1:30pm Bingo 3:00pm Reminiscing	21 8:30am Morning Greetings 9:30am Pump it Up 10:00am Crafts 11:30am Walks and Talks (Hespeler) 1:30pm Active Games 3:00pm Reminiscing	22
23	24 8:30am Morning Greetings 9:30am Pump it Up! 10:00am Crafts 11:30am Walks and Talks (Hespeler) 1:30pm Board Games 3:00pm Reminiscing	25 SPIRIT DAY: Stripes Day 8:30am Morning Greetings 9:15am Seated Exercise 9:30am Trivia 10:00am Reading Group 11:00am Portuguese Rosary - SR 1:30pm Bingo 3:00pm Reminiscing	26 SPIRIT DAY: Twin Day 8:30am Morning Greetings 10:30am Pump it Up! 11:00am Swiss Chalet Outing 2:00pm KW Symphony Performance	27 SPIRIT DAY: Christmas Colours Day 8:30am Morning Greetings 9:15am Seated Exercise 9:30am Crafts 10:30am Liturgy of the Word or Praying the Rosary-Blair 2:00pm Writing Letters to Santa - PR	28 9:30am Pump it Up	29 8:30am Morning Greetings 9:15am Seated Exercise 9:30am bowling 2:00pm Music and Hot chocolate Social- Grandriver 3:00pm Reminiscing
30 8:25am Morning Greetings 9:15am Seated Exercise						

9:30am bingo						
11:30am Walks and Talks (Hespeler)						
1:30pm Movie						
3:00pm Reminiscing						

HDR - Hespeler Dining Room