

Programs & locations are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30am Axe Throwing - RGAR 11:00am Bible Study with Chaplain Megan-RGDR 2:30pm Bingo - FCDR	2 9:30am True or False - RGAR 11:30am Balloon Volleyball - RGAR 1:30pm Colouring Pumpkin - RGAR 3:00pm Short Stories - RGAR	3 11:30am Elvis Music Marathon! - RGAR 2:00pm Oktoberfest Party with Jay Franco- FCDR 6:00pm Travelogue - RGL	4 9:30am UNO! - RGAR 11:30am Fun & Fitness - RGAR 2:30pm Community Movie - MLDR
5 9:30am Short Stories - RGAR 11:30am Making Fall Playdough - MLL 2:30pm Church Service - FCDR	6 10:00am Pump it Up - RGL 10:30am Gratitude Gallery with Chaplains Jen and Megan-1:1 11:30am Manicure Monday - RGRR 1:30pm DIY Yarn Pumpkins - RGAR 6:30pm Faith & Film with Chaplain Jen - Chapel	7 9:45am For the Spirit with Chaplain Jen - EPDR 11:30am Bean Bag Toss - RGAR 1:30pm Card Games - RGAR 2:30pm Sing-a-long - RGAR	8 9:30am Balloon Volleyball - RGAR 10:15am Travelling RC Communion - TC 11:30am Trivia! - RGAR 2:30pm Bingo - FCDR	9 10:00am Morning Visits - RGRR 11:30am Tricky Trivia - RGL 2:00pm Card Bingo - RGAR 3:30pm Basketball - RGL 	10 11:30am Music Reminiscing - RGAR 1:30pm Bowling - RGAR 2:30pm One to One - RGRR 6:00pm Travelouge - RGL	11 9:30am Painting Mini Pumpkins! - RGAR 11:30am Think Fast: Thanksgiving Addition - RGAR 2:30pm Specialty Coffee Time - MLDR 6:00pm Bowling - RGAR 
12 11:30am Bean Bag Toss - RGAR 2:30pm Ice Cream Social - RGAR 6:00pm Thanks Giving Trivia - RGAR	13 Thanksgiving 10:00am Church Service - FCDR 10:00am Pump it Up - RGL 11:30am Manicure Monday - RGRR 2:00pm A Charlie Brown Thanksgiving - RGL 6:00pm Thanksgiving Story - RGAR 6:30pm Faith & Film with Chaplain Jen - Chapel 	14 9:45am For the Spirit with Chaplain Jen - EPDR 2:30pm Fun and Fitness! - RGAR 3:30pm Fall Favourites Music Therapy Group with Chelsea - RGL	15 9:30am Horseshoes - RGAR 11:00am Faith and Friends with Chaplain Megan-RGDR 2:30pm Bingo - FCDR	16 9:30am Boo Bag Toss - RGAR 11:30am Old Wives Tales! - RGAR 1:30pm Card Games - RGAR 3:00pm Colouring - RGAR	17 11:30am Who Am I? - RGAR 1:30pm Music Reminiscing - RGAR 2:30pm One to One - RGRR 6:00pm Fun and Fitness! - RGAR	18 9:30am Fingerpainting Fall Trees - RGAR 11:30am Axe Throwing - RGAR 2:30pm Community Movie - MLDR
19 9:30am Spooky Bingo 11:30am Darts - RGAR 2:30pm Church Service - FCDR	20 10:00am Pump it Up - RGL 11:30am Manicure Monday - RGRR 2:30pm October Birthday Party with James Skarnikat- FCDR 4:30pm Mexican Trains! -RGDR 6:30pm Faith & Film with Chaplain Jen - Chapel HAPPY DIWALI	21 9:30am Sing-a-long - RGAR 10:00am Resident Council - FCEL 11:00am Colouring - RGAR 2:00pm Baking Spooky Cookies! - RGAR	22 9:30am Axe Throwing - RGAR 10:30am Catholic Mass - CHAP 11:30am Card Games! - RGAR 2:30pm Bingo - FCDR	23 10:00am Ring Toss - RGL 11:30am Giggle Bucket! - RGRR 2:30pm Hymn Sing with live pianist - FCDR Chaplain Jen 	24 11:30am One to One Visits - RGRR 2:30pm Interactive Stories - RGAR 3:30pm Name That Tune- RGAR 6:00pm Horseshoes - RGAR	25 9:30am Halloween Word Scramble - RGAR 11:30am Euchre Tournament - RGAR 2:30pm Specialty Coffee Time - MLDR 6:00pm Travelogue - France - RGL
26 11:30am Balloon Volleyball - RGAR 2:30pm Baking - RGAR 6:00pm Darts - RGAR 	27 10:00am Pump it Up - RGL 11:30am Manicure Monday - RGRR 1:30pm Trick or Trivia - RGAR 2:30pm Church Service - FCDR - CHAP 6:00pm Seated Yoga -RGDR 6:30pm Faith & Film with Chaplain Jen - Chapel	28 9:45am For the Spirit with Chaplain Jen - EPDR 11:30am Fun and Fitness! - RGAR 2:30pm Pumpkin Carving Contest! - DR 3:30pm Halloween Hits BINGO with Chelsea - RGDR	29 9:30am A-Z Animal Trivia - RGAR 11:00am Faith and Friends with Chaplain Megan-RGDR 2:30pm Bingo - FCDR	30 11:30am Boo-Loon Volleyball - RGAR 1:30pm Halloween Trivia! - RGAR 2:30pm Colouring! - RGAR 6:00pm Travelogue! - RGL	31 Halloween 11:30am Boo Bag Toss! - RGAR 2:30pm Spooky Social- FCDR 6:00pm Halloween Sing-a-long! - RGAR 	

CHAP - Chapel
RGAR - Rockway Gardens Activity Room

FCDR - Frederick Community Dining Room
RGDR - Rockway Gardens Dining Room

FCEL - Frederick Community East Lounge
RGL - Rockway Gardens Lounge

MLDR - Market Lane Dining Room
RGRR - Resident Room for 1-1 scoring

MLL - Market Lane Lounge
TC - Travelling Carts