

October 2025

# DELHI INSIDER

peopleCare Delhi | 173 Dalton Road, Delhi, ON | 519-582-3400 | [www.peoplecare.ca](http://www.peoplecare.ca)



## **Celebrating October**

### ***Excursions & Special Events***

Fishing in Port Rowan  
& Picnic – 1st

Catholic Church Service – 2nd

Simcoe Fair & Lunch – 8th

Tillsonburg Airport & Lunch – 15th

Wood Working with Bill – 21st

Church Service with  
Pastor Kring – 22nd

Norfolk Scenic Drive – 29th

Mom & Baby Costume Contest –  
31st

### ***Entertainment***

Pub Night with John Moorehouse  
@ 6:30PM – 6th

Melody Makers @ 2:30 – 16th

Birthday Party with Archie Wright  
@ 3PM – 22nd

Happy Hour with Jack Coulson @  
3PM – 27th

Halloween Party with Terry Carter  
@ 3PM – 31st

### ***Special Days***

Thanksgiving – 13th

Halloween – 31st

peopleCare  
communities

**Check out what we have been up to!**



# Welcome Home

Doreen B.	Jean H.
Sylvia P.	Adrienne D.
Joyce M.	Deb M.
Therese R.	Marilyn R.
Robert L.	Betty C.
Paula P.	Eva W.
Larry B.	John J.
Sharon J.	Martha R.
Andy V.	Maureen D.
Ena A.	Patricia H.
Richard D.	Mary W.
Betty J.	Joan D.
Isabel M.	Lesley Z.
Elizabeth B.	Phyllis K.



## In Memory of

Maralee F.  
Ettie H.  
Leroy B.  
Marie F.



Our deepest thoughts and sympathies go out to  
the family and friends.

*"Like a bird singing in the rain, let grateful  
memories survive in a time of sorrow." - Robert  
Louis Stevenson*

## Happy Birthday to all those born in **October!**



Name	Birth Date
Mary W.	October 1st
Lloyd R.	October 5th
Giovanni R.	October 8th
Dona K.	October 8th
Peggy S.	October 12th
Dalia A.	October 16th
Johanna S.	October 21st
Shirley M.	October 25th
Paul H.	October 26th
Doris G.	October 29th





## Meet our Leadership Team!

Kristine Mitchell, Executive Director  
ext. 422 or [kmitchell@peoplecare.ca](mailto:kmitchell@peoplecare.ca)

Tracy Donohue, Office Manager  
Ext 412 or [tdonohue@peoplecare.ca](mailto:tdonohue@peoplecare.ca)

Stephanie Jones, Director of Care  
Ext 416 [sjones@peoplecare.ca](mailto:sjones@peoplecare.ca)

Stephanie Donohue, ADOC  
Ext 440 [sdonohue@peoplecare.ca](mailto:sdonohue@peoplecare.ca)

Christa Van Dyk, IPAC  
Ext 431 [cvandyk@peoplecare.ca](mailto:cvandyk@peoplecare.ca)

Dwayne Waugh, Director of Environmental  
Ext 428 [dwaugh@peoplecare.ca](mailto:dwaugh@peoplecare.ca)

Emily Coles, Director of Programs  
Ext 436 [ecoles@peoplecare.ca](mailto:ecoles@peoplecare.ca)

Chris Mecke, Director of Food Services  
Ext 437 [cmecke@peoplecare.ca](mailto:cmecke@peoplecare.ca)

## peopleCare is here for you!

peopleCare recognizes that we cannot thrive without the hard work and dedication our employees make every day in all our Homes.

Please remember all the programs that peopleCare

has to assist you in your personal lives, educational pursuits and employee recognition! If you are unfamiliar with any of the following, please speak to your manager:

- Employee Assistance Program
- Education Assistance Program
- HEARTbeats Rewards and Recognition Program



Find us on  
**Facebook**

<https://www.facebook.com/PeopleCareCommunities/>

# HEARTbeats

We are happy to announce our staff HeartBeat board is now up! This board will be located in the staff lounge for folks to nominate and a chance to win a \$25 gift card each month!

Our September winner is.....

**Alissa Brown**



Living the peopleCare  
Values

### PEOPLE

Every person touched by our service is treated with care, respect and kindness; with an emphasis on independence, wellness, recognition, education and mentoring.

## Hair Dressing Services

### **Your Hairdresser:**

*Laura*

Please use the paper request slips found on the door of the hair salon and submit to the hairdresser or the front desk. For any colouring services, please reach out to Laura prior to booking to ensure supplies are in stock (i.e. desired colour).

Please note that the hairdressing services will be increasing in price and are effective November 1<sup>st</sup>. Please see below for the new pricing list.

We will have two in-house hairdressers, with Rose joining us on November 1<sup>st</sup> (additional hours to be announced soon).

### **Hours of operation:**

Wednesday & Thursday from 9AM-3PM



### **Our Tuck Shop is Now Open!**

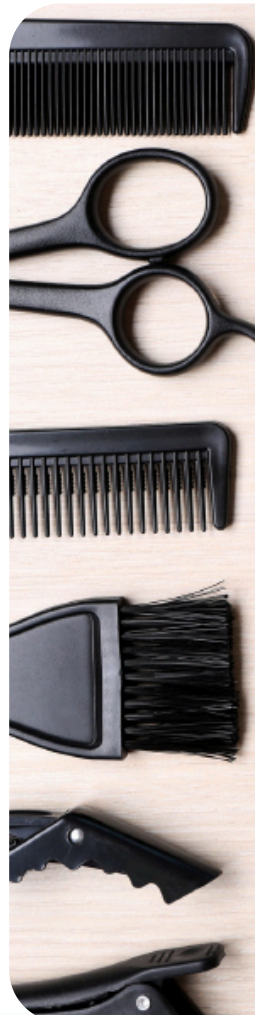
We would like to introduce our new Tuck Shop located in the Bistro. Come check out the offerings of chocolate, candy, chips, and more!

Residents wishing to purchase items from the store can check in at the reception desk to order via trust account or cash.

### Hours of operation:

Monday-Friday - 10AM to 3PM

Saturday-Sunday - 9AM to 4PM



## HAIR SALON SERVICES

### HAIR CUT SERVICES

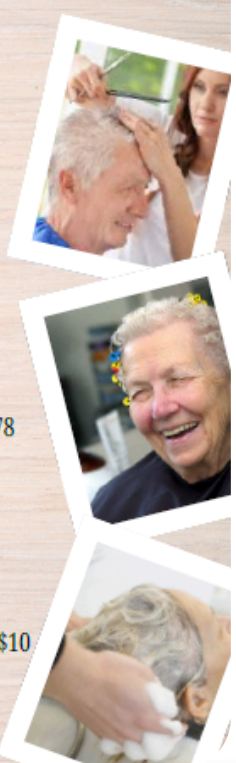
WOMEN'S HAIRCUT & BLOW DRY - \$25  
MEN'S HAIRCUT & BLOW DRY - \$18  
WASH & SET - \$20  
WASH, CUT & SET - \$40

### COLOR SERVICES

COLOR & STYLE - \$65  
COLOUR, CUT & STYLE - \$78

### OTHER SERVICES

PERM - \$80  
BEARD TRIM - \$5  
SHAMPOO ONLY - \$5  
SHAMPOO & BLOW DRY - \$10





## **Resident Services Update**

### **Attention Residents and Families**

We are excited to announce that we will now be offering dental hygiene and denture services in house. This will make providing high quality oral care more attainable to our residents with mobility or access issues. This service will be provided through Natural Smiles. If you are interested, please contact Tracy Donohue via email ([tdonohue@peoplecare.ca](mailto:tdonohue@peoplecare.ca)) with the header 'Natural Smiles' so that we can get the process rolling and get this amazing service in our home. More updates to follow.



### **Resident & Family Councils Corner**

**Our next Resident Council meeting will be taking place on October 16<sup>th</sup> @ 1:30PM in QLDR.**

Agenda Items: Emergency Preparedness - Fire Plan & IPAC - Hand Hygiene Program

**Family Council - A family council is in the making here in Delhi & we are looking for your support!**

#### **DID YOU KNOW????**

A long-term care family council is a self-led, autonomous council, that consists of a structured board; led by a Chair, Co-Chair, & Secretary? Meetings are once per month and consist of a consistent group of family members interested in advocating for all residents here in the home. The council is looking for new members to join! Please note, a family council is not a drop-in meeting, all interested members must complete the necessary steps and paperwork to join.

We are looking for a Co-Chair & Secretary, could this be you???

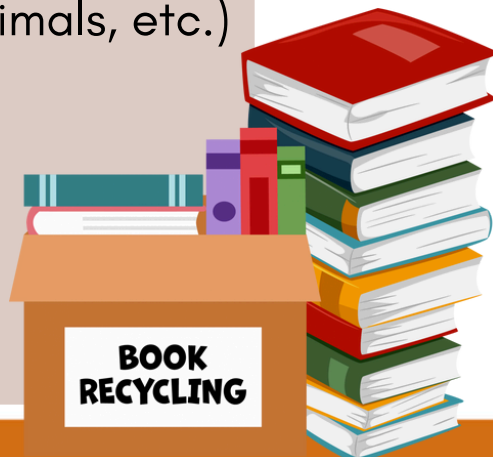
For more information, please reach out to Crystal Thompson - Resident and Family Coordinator & Family Council Assistant.

## **New Initiative Alert**

We are looking at starting up an in-house library shelf on each floor of the home. If you or some you know, have extra, large print books you would like to donate, please reach out to Emily Coles, Director of Programs, at 519-582-3400 ext. 436 or [ecoles@peoplecare.ca](mailto:ecoles@peoplecare.ca)

### **Genres of interest include:**

- Mystery
- Crime
- Western
- Romance/Drama
- Non-Fiction (picture books, National geographic, animals, etc.)



## **Resident and Staff Families are invited to join us on Friday, October 31<sup>st</sup> from 6-8PM in the Bistro for trick-or-treating!**

**Come join us in costume and pick up a little treat to add to your bag. All staff and resident families are welcome to join in the fun!**



## **Annual Winter Bazaar Fundraiser**

Our annual Winter Bazaar will be taking place on November 15<sup>th</sup> from 9AM-12PM in the basement of the Catholic Church. If you would like to donate to our "New To You" table or any other raffle prizes, please reach out to Emily Coles at 519-582-3400 ext. 436 or [ecoles@peoplecare.ca](mailto:ecoles@peoplecare.ca)!

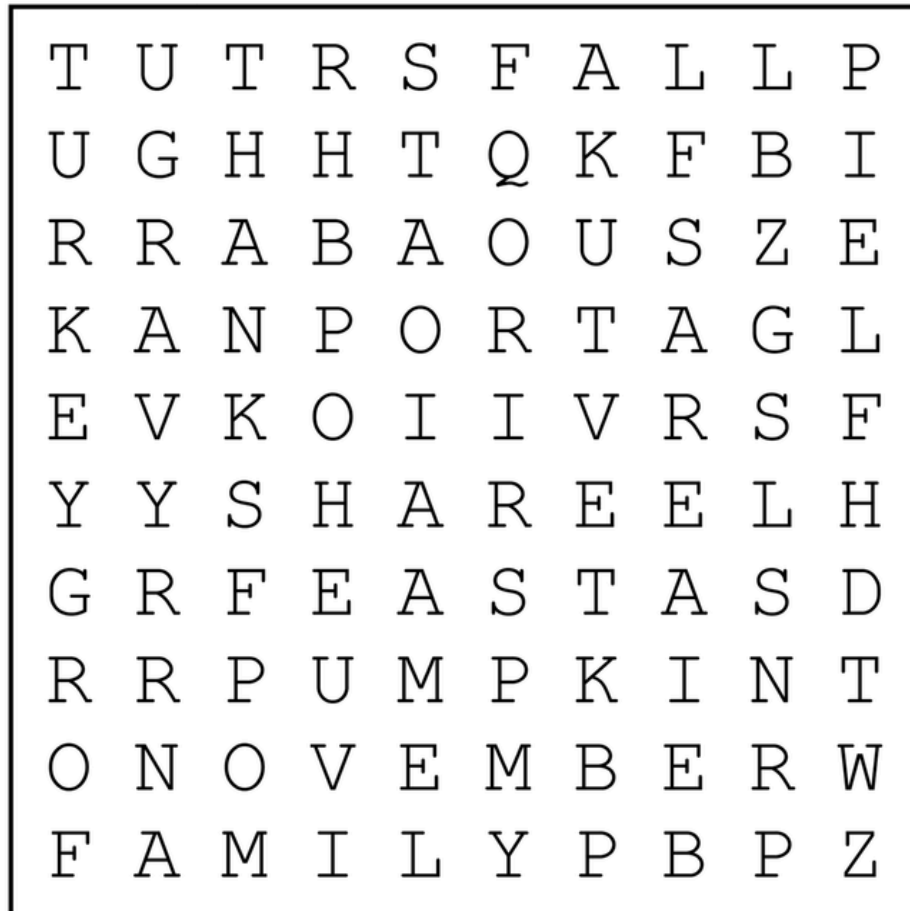






Name: \_\_\_\_\_

# Thanksgiving Word Search



Word list:

FALL

FAMILY

FEAST

GRAVY

HARVEST

NOVEMBER

PIE

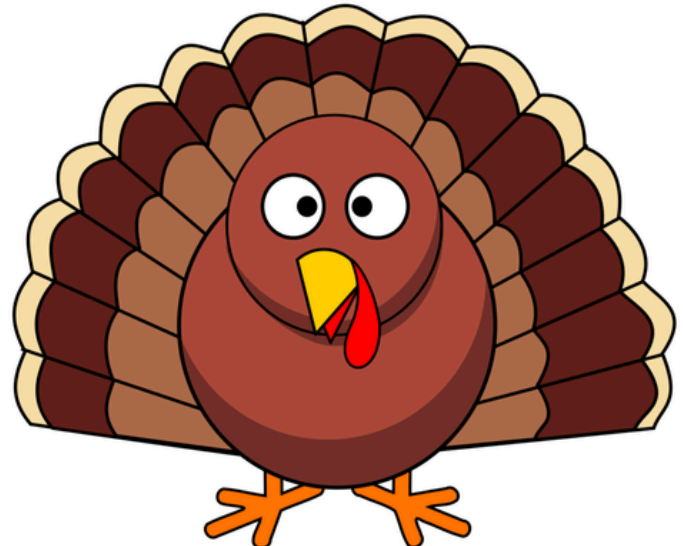
PUMPKIN

SHARE

SQUASH

THANKS

TURKEY





Enjoy some  
Fall Humour!

DAD JOKE OF  
THE MONTH:



Why did the scarecrow  
win a Nobel Prize?

He was outstanding  
in his field

woman's day





Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Fall Crossword



## Across

2. Fallen foliage
5. Name for a type of summer corn
6. Nut of an oak tree
8. Container for collecting apples
12. Yellow fruit often cooked in autumn
14. Gathering crops
17. Jack-O'-Lantern's main ingredient
20. Grain often found in fields
24. Warm & comfortable
25. Fruit of the season
26. Holiday in late November
27. Tree known for its colorful leaves

## Down

1. Evergreen tree
3. Season after summer
4. Sound a turkey makes
7. Clothing worn in cooler weather
9. Another word for fall
10. Keeps birds away from fields
11. Opposite of cold
13. Baled grass
15. Bird often eaten on Thanksgiving
16. Nut roasted over an open fire
17. Early settlers of America
18. Event celebrating fall harvest
19. Fire used for outdoor cooking
20. Drink made from apples
21. Decorative fall fruit
22. Outdoor fire often seen in fall
23. Color of many fall leaves
27. Type of fall flower

