

October 2025

DELHI INSIDER

peopleCare Delhi | 173 Dalton Road, Delhi, ON | 519-582-3400 | www.peoplecare.ca



Celebrating October

Excursions & Special Events

Fishing in Port Rowan
& Picnic - 1st

Catholic Church Service - 2nd

Simcoe Fair & Lunch - 8th

Tillsonburg Airport & Lunch - 15th

Wood Working with Bill - 21st

Church Service with
Pastor Kring - 22nd

Norfolk Scenic Drive - 29th

Mom & Baby Costume Contest -
31st

Entertainment

Pub Night with John Moorehouse
@ 6:30PM - 6th

Melody Makers @ 2:30 - 16th

Birthday Party with Archie Wright
@ 3PM - 22nd

Happy Hour with Jack Coulson @
3PM - 27th

Halloween Party with Terry Carter
@ 3PM - 31st

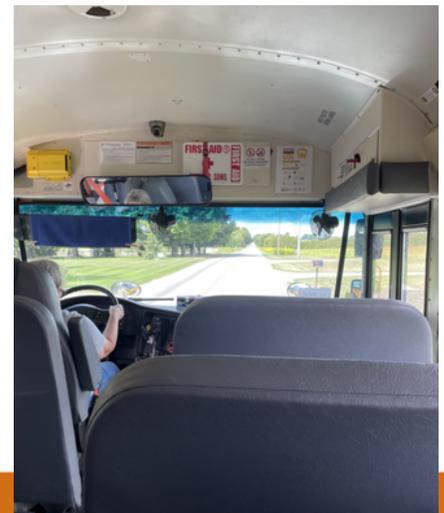
Special Days

Thanksgiving - 13th

Halloween - 31st

peopleCare
communities

Check out what we have been up to!



Welcome Home

Doreen B. Jean H.
Sylvia P. Adrienne D.
Joyce M Deb M.
Therese R. Marilyn R.
Robert L. Betty C.
Paula P. Eva W.
Larry B. John J.
Sharon J. Martha R.
Andy V. Maureen D.
Ena A. Patricia H.
Richard D. Mary W.
Betty J. Joan D.
Isabel M. Lesley Z.
Elizabeth B. Phyllis K.



Happy Birthday to all those born in **October!**

Name	Birth Date
Mary W.	October 1st
Lloyd R.	October 5th
Giovanni R.	October 8th
Dona K.	October 8th
Peggy S.	October 12th
Dalia A.	October 16th
Johanna S.	October 21st
Shirley M.	October 25th
Paul H.	October 26th
Doris G.	October 29th



In Memory of

Maralee F.
Ettah H.
Leroy B.
Marie F.



Our deepest thoughts and sympathies go out to
the family and friends.

*"Like a bird singing in the rain, let grateful
memories survive in a time of sorrow." - Robert
Louis Stevenson*

Meet our Leadership Team!

Kristine Mitchell, Executive Director
ext. 422 or kmitchell@peoplecare.ca

Tracy Donohue, Office Manager
Ext 412 or tdonohue@peoplecare.ca

Stephanie Jones, Director of Care
Ext 416 sjones@peoplecare.ca

Stephanie Donohue, ADOC
Ext 440 sdonohue@peoplecare.ca

Christa Van Dyk, IPAC
Ext 431 cvandyk@peoplecare.ca

Dwayne Waugh, Director of Environmental
Ext 428 dwaugh@peoplecare.ca

Emily Coles, Director of Programs
Ext 436 ecoles@peoplecare.ca

Chris Mecke, Director of Food Services
Ext 437 cmecke@peoplecare.ca

peopleCare Is here for you!

peopleCare recognizes that we cannot thrive without the hard work and dedication our employees make every day in all our Homes.

Please remember all the programs that peopleCare

has to assist you in your personal lives, educational pursuits and employee recognition! If you are unfamiliar with any of the following, please speak to your manager:

- Employee Assistance Program
- Education Assistance Program
- HEARTbeats Rewards and Recognition Program



Find us on
Facebook

<https://www.facebook.com/PeopleCareCommunities/>

HEARTbeats

We are happy to announce our staff HeartBeat board is now up! This board will be located in the staff lounge for folks to nominate and a chance to win a \$25 gift card each month!

Our September winner is.....

Alissa Brown



Living the peopleCare
Values

PEOPLE

Every person touched by our service is treated with care, respect and kindness; with an emphasis on independence, wellness, recognition, education and mentoring.

Hair Dressing Services

Your Hairdresser:

Laura

Please use the paper request slips found on the door of the hair salon and submit to the hairdresser or the front desk. For any colouring services, please reach out to Laura prior to booking to ensure supplies are in stock (i.e. desired colour).

Please note that the hairdressing services will be increasing in price and are effective November 1st. Please see below for the new pricing list.

We will have two in-house hairdressers, with Rose joining us on November 1st (additional hours to be announced soon).

Hours of operation:

Wednesday & Thursday from 9AM-3PM



Our Tuck Shop is Now Open!

We would like to introduce our new Tuck Shop located in the Bistro. Come check out the offerings of chocolate, candy, chips, and more!

Residents wishing to purchase items from the store can check in at the reception desk to order via trust account or cash.

Hours of operation:

Monday-Friday - 10AM to 3PM
Saturday-Sunday - 9AM to 4PM



HAIR SALON SERVICES

HAIR CUT SERVICES

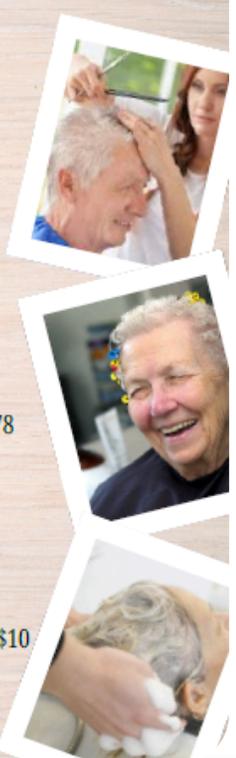
WOMEN'S HAIRCUT & BLOW DRY - \$25
MEN'S HAIRCUT & BLOW DRY - \$18
WASH & SET - \$20
WASH, CUT & SET - \$40

COLOR SERVICES

COLOR & STYLE - \$65
COLOUR, CUT & STYLE - \$78

OTHER SERVICES

PERM - \$80
BEARD TRIM - \$5
SHAMPOO ONLY - \$5
SHAMPOO & BLOW DRY - \$10



Resident Services Update

Attention Residents and Families

We are excited to announce that we will now be offering dental hygiene and denture services in house. This will make providing high quality oral care more attainable to our residents with mobility or access issues. This service will be provided through Natural Smiles. If you are interested, please contact Tracy Donohue via email (tdonohue@peoplecare.ca) with the header 'Natural Smiles' so that we can get the process rolling and get this amazing service in our home. More updates to follow.



Resident & Family Councils Corner

Our next Resident Council meeting will be taking place on October 16th @ 1:30PM in QLDR.

Agenda Items: Emergency Preparedness - Fire Plan & IPAC - Hand Hygiene Program

Family Council - A family council is in the making here in Delhi & we are looking for your support!

DID YOU KNOW????

A long-term care family council is a self-led, autonomous council, that consists of a structured board; led by a Chair, Co-Chair, & Secretary? Meetings are once per month and consist of a consistent group of family members interested in advocating for all residents here in the home. The council is looking for new members to join! Please note, a family council is not a drop-in meeting, all interested members must complete the necessary steps and paperwork to join.

We are looking for a Co-Chair & Secretary, could this be you???

For more information, please reach out to Crystal Thompson - Resident and Family Coordinator & Family Council Assistant.

New Initiative Alert

We are looking at starting up an in-house library shelf on each floor of the home. If you or some you know, have extra, large print books you would like to donate, please reach out to Emily Coles, Director of Programs, at 519-582-3400 ext. 436 or ecoles@peoplecare.ca

Genres of interest

include:

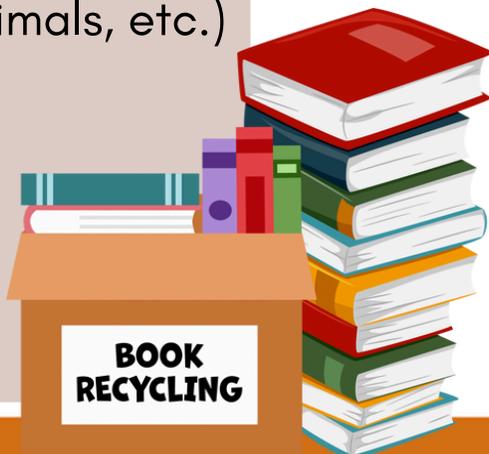
-Mystery

-Crime

-Western

-Romance/Drama

-Non-Fiction (picture books, National geographic, animals, etc.)



Resident and Staff Families are invited to join us on Friday, October 31st from 6-8PM in the Bistro for trick-or-treating!

Come join us in costume and pick up a little treat to add to your bag. All staff and resident families are welcome to join in the fun!

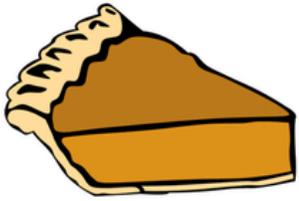


Annual Winter Bazaar Fundraiser

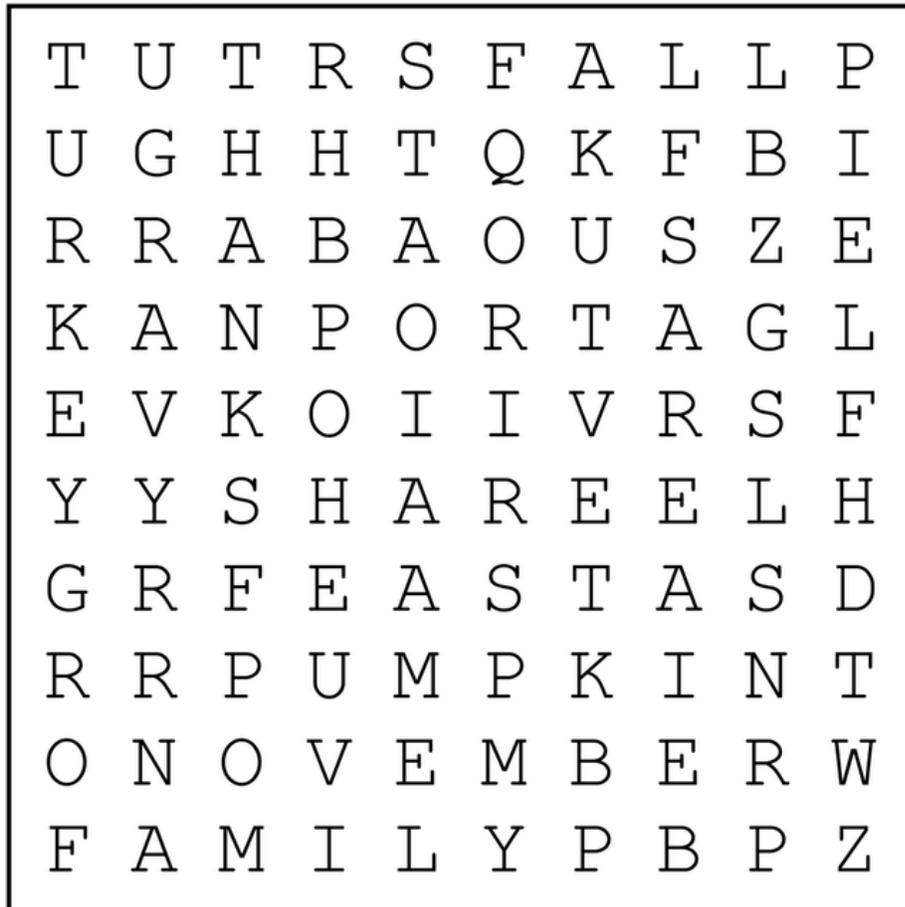
Our annual Winter Bazaar will be taking place on November 15th from 9AM-12PM in the basement of the Catholic Church. If you would like to donate to our "New To You" table or any other raffle prizes, please reach out to Emily Coles at 519-582-3400 ext. 436 or ecoles@peoplecare.ca!



Name: _____

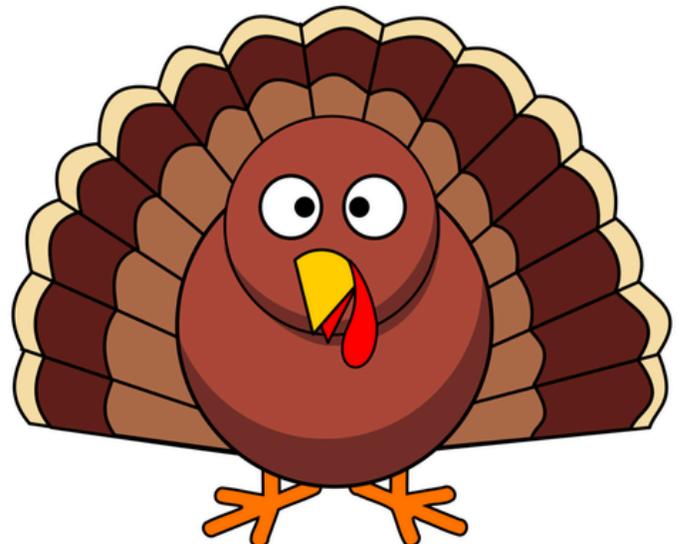


Thanksgiving Word Search



Word list:

- FALL
- FAMILY
- FEAST
- GRAVY
- HARVEST
- NOVEMBER
- PIE
- PUMPKIN
- SHARE
- SQUASH
- THANKS
- TURKEY





Enjoy some
Fall Humour!

DAD JOKE OF
THE MONTH:



Why did the scarecrow
win a Nobel Prize?
He was outstanding
in his field

woman's day



Name: _____

Date: _____

Fall Crossword



Across

- 2. Fallen foliage
- 5. Name for a type of summer corn
- 6. Nut of an oak tree
- 8. Container for collecting apples
- 12. Yellow fruit often cooked in autumn
- 14. Gathering crops
- 17. Jack-O'-Lantern's main ingredient
- 20. Grain often found in fields
- 24. Warm & comfortable
- 25. Fruit of the season
- 26. Holiday in late November
- 27. Tree known for its colorful leaves

Down

- 1. Evergreen tree
- 3. Season after summer
- 4. Sound a turkey makes
- 7. Clothing worn in cooler weather
- 9. Another word for fall
- 10. Keeps birds away from fields
- 11. Opposite of cold
- 13. Baled grass
- 15. Bird often eaten on Thanksgiving
- 16. Nut roasted over an open fire
- 17. Early settlers of America
- 18. Event celebrating fall harvest
- 19. Fire used for outdoor cooking
- 20. Drink made from apples
- 21. Decorative fall fruit
- 22. Outdoor fire often seen in fall
- 23. Color of many fall leaves
- 27. Type of fall flower

