

NOVEMBER 2025

OAKCROSSING RETIREMENT LIVING NEWSLETTER

1238 Oakcrossing Road | 519-641-3131 | www.peoplecare.ca
London, ON



This months Inspiration

“Be the change that you wish to see
in the world.”

— Mahatma Gandhi



peopleCare communities

A Message from Our General Manager

Dear Residents, Families, and Friends,

As we welcome the cozy days of November, we want to take a moment to thank everyone for helping us maintain a healthy and vibrant community this season.

Cold & Flu Season Reminder

We're entering cold and flu season, and we're pleased to share that our COVID and flu vaccine clinic had a fantastic 95% participation rate! Thank you to everyone who took part in keeping our home safe and healthy.

As a friendly reminder:

- Please stay home or postpone your visit if you are feeling unwell.
- Hand washing remains one of the most effective ways to prevent illness.
- Hand sanitizer stations are located throughout the home for everyone's use.
- Masks remain optional, and anyone wishing to wear one is welcome and supported.

We've also increased our cleaning frequency throughout the building to help reduce the spread of seasonal germs. If you are unwell but need to send items or supplies to your loved one, please feel free to have them delivered to our concierge desk, and we will ensure safe delivery.

November Happenings

There's lots to look forward to this month!

We've seen an amazing turnout for our brain games, baking, and cards lately. The social energy around the home is wonderful! If you haven't joined in yet, we encourage you to come out, meet new friends, and enjoy some great company.

Upcoming highlights include:

- 🕒 Daylight Savings Time – Sunday, November 2nd (remember to turn your clocks back!)
- 🕒 Sunday Brunch – November 9th – Please sign up by Monday November 3rd by calling concierge.
- 🌸 Remembrance Day Service Livestream – Tuesday, November 11th in the Wellington Lounge.
- 🚌 Bus Trips & Outings – We'll be visiting places like Museum London, Magic of Lights, and enjoying a cozy meal at places such as Swiss Chalet.

Please sign up at the Lifestyle & Leisure Desk to reserve your spot.

The Spirit of the Season

As we move toward the holidays, our home will begin to sparkle! Volunteers will be joining us on Wednesday, November 19th to help decorate our Christmas trees and bring festive cheer throughout Oakcrossing.

We look forward to a month full of warmth, laughter, and connection as we move into the Christmas season. Thank you all for helping make Oakcrossing such a special place to live, work, and visit!

Heather Gray
General Manager Oakcrossing Retirement Living



Food Meeting
Wednesday November 19th
11:00am
Sunningdale Cafe

Town Hall Meeting
Wednesday November 26th
4:00pm
Sunningdale Cafe



IPAC Corner

Older adults are at a higher risk for complications from Influenza, RSV and COVID infections. This is why it is extremely important for everyone to be protected from seasonal infections. Washing hands often with soap and water or alcohol-based hand sanitizer is another great way to ensure we are staying safe against harmful bacteria and viruses. Masking in the home, coughing and sneezing into tissues or your sleeve are also ways to prevent the spread of infection in our home. Keep up to date with all things IPAC in the newsletters and in the home!

Birthdays

November 1st - Norma S.

November 2nd - Lavender C.

November 5th - Carolyn M.

November 8th - Helen W.

November 10th - Mary C.

November 14th - Joan D.

November 18th - Donna L.

November 23rd - Dorothy R.

November 27th - Jean N.

November 28th - Marilyn P.



Socials



SATURDAY NOVEMBER 1ST
2:00PM DAY OF THE DEAD SOCIAL

THURSDAY NOVEMBER 6TH
2:30PM NACHO BAR

TUESDAY NOVEMBER 11TH
2:30PM CANDYLAND SOCIAL

SATURDAY NOVEMBER 15TH
2:00PM PICKLE PARTY

TUESDAY NOVEMBER 18TH
2:30PM NOVEMBER BIRTHDAY
CELEBRATION

TUESDAY NOVEMBER 25TH
2:30PM COUNTRY FEST

Leadership Team

Contact Info

General Manager,

Heather.....ext. 722

Office Manager,

Lyuba.....ext. 721

Director of Health & Wellness,

Jaici.....ext. 801

Assistant Director of Health & Wellness,

Sue.....ext. 741

Director of Community Relations,

Shelby.....ext. 723

Director of Lifestyle & Leisure,

Flavia.....ext. 701

Director of Environmental Services,

Wil.....ext. 810

Dining Room Supervisor,

Monica.....ext. 821

Building Service Coordinator,

Paul.....ext. 810

MUSICAL ENTERTAINMENT

Wednesday November 5th

2:00pm Gary McGill

Saturday November 8th

2:00pm Nicole Tan

Sunday November 9th

2:00pm Susie Q.

Wednesday November 19th

2:00pm Don Cantwell

Saturday November 22nd

2:00pm Mike Griffin

Sunday November 23rd

2:00pm Justin Maki

Monday November 24th

2:00pm Giddy Up Line Dancers

Wednesday November 26th

2:00pm Craig Hancock

Last Month's Memories



Remembrance Day

T E B G K S P S E H K H N P Z J E M O Z E A R U
N O X K I P Y W O Z F L E S I O L S F Z R M J V
N J K G Q Q J X N U Q A B R E Z E U Z X E H C W
V K C G D L A D E M C I M J M E V N G O B Z D O
E H G P I C E A S E F I R E L R E D M I M B M Z
T Q G W D S T M K M E Y P P O P N A J R E S E K
E N A F R B G P Y O H G X V N I T Y X N M T C B
R S M U J J B E L H U I V W D V H N R E E V I B
A U B O W Z A C E C E Q Z V M U N X M W R U F T
N B M D O P T I E M O S I L E N C E P C E D I A
H C J T P Y T T P G G N M C G G H M O D E E R F
L H E I H Z L S R D R I I G T Q F A M R E Y C B
K B U I C E E I Y K L V T M Z H L H Q I D J A B
O V I L F P X M B P R E C W O W A Z O E K L S L
W B V P V A Y R H E R L I R W A N A U R E Y A B
M Y P H I Y C A S K S V E F V W D P K E G I L N
W L V A Z H E E H W N I W K C L E L D L R F X A
V A V F R U M T W D B Q T O B D R K M O U R X I
F A R W A K A Z S X N N N H D L S P M L E V I C
L I Y B W E T F D J K F V I Y U U E W I O Z G V
H Z L O R M F V I M L Y C S A Y M D D Q Y Y X I
E R R W N Y A Y V I W D P F B V A L V N A I W A
P C N Y J K J W C H D D W V V Z O L C N Z X Y O
T Y T Y D X S T X I V F I J C S N F W U A U Q U

armistice

ceasefire

sacrifice

conflict

eleventh

flanders

memorial

remember

freedom

service

silence

soldier

veteran

battle

sunday

wreath

field

medal

peace

poppy

war