

Programs & locations are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:45am Calendar Handout - MLAR 11:00am Trivia - MLL 2:30pm Bingo - FCDR	2 9:45am Meditation - MLAR 11:00am Hawaii Travelogue - MLAR 11:15am For the Spirit with Chaplain Jen- FCEL 2:30pm Short Stories - MLAR 3:30pm One to One - MLRR	3 10:00am Slime Making - MLAR 11:30am 50s Sing along - MLAR 2:00pm Oktoberfest Party with Jay Franco- FCDR 3:30pm Fall Favourites Music Therapy Group with Chelsea - MLL 6:00pm Chair Exercises - MLAR	4 11:30am Who am I? - MLL 2:30pm Community Movie - MLDR 3:30pm Outdoor Visits - MLL 6:00pm Drama Club - MLDR
5 11:30am Hymn Sing - MLL 2:30pm Church Service - FCDR 3:30pm News & Views - MLAR 6:00pm Manicures - MLRR 	6 10:30am Gratitude Gallery with Chaplains Jen and Megan- 1:1 11:30am News & Views - MLAR 2:30pm Guess the Price - MLAR 3:30pm UNO - MLDR 6:00pm Reading Group - MLAR 6:30pm Faith & Film with Chaplain Jen - Chapel	7 10:00am Pump it Up - MLL 10:30am Book Club with Chaplain Jen - FCEL 11:30am Halloween Story Telling - MLAR 2:00pm Game of Life - MLDR 3:30pm One to Ones - MLAR 6:00pm Who/What am I? - MLAR	8 10:00am Chair Yoga - MLAR 10:15am Travelling RC Communion - TC 11:00am Horoscope Reading - MLAR 2:30pm Bingo - FCDR	9 10:00am Spooky Sing-a-long - MLAR 11:15am For the Spirit with Chaplain Jen- FCEL 11:30am Travelogue: Ireland - MLAR 2:30pm Trivia - MLL 3:30pm Halloween Reminiscing - MLAR 6:00pm Meditation - MLAR	10 11:00am Faith and Friends with Chaplain Megan-MLDR 11:30am Dart Throwing - MLAR 2:30pm Painting - MLAR 3:30pm Montessori - MLAR 6:00pm Family Feud - MLDR	11 10:00am Poem Reading - MLAR 2:30pm Specialty Coffee Time - MLDR
12 10:00am Card Games - MLDR 11:00am Hymn Sing - MLL 2:30pm Guess the Animal - MLAR 3:30pm News & Views - MLAR	13 Thanksgiving 10:00am Church Service - FCDR 10:00am Thanksgiving Crafts - MLAR 11:30am One to One 2:30pm Baking - MLDR 6:30pm Faith & Film with Chaplain Jen - Chapel	14 10:00am Pump it Up - MLL 10:30am Book Club with Chaplain Jen - FCEL 11:30am Halloween Stories - MLAR 2:30pm Fall Word Searches - MLAR 6:00pm A-Z Game - MLAR	15 10:00am News & Views - MLAR 11:00am Manicures - MLRR 2:30pm Bingo - FCDR 	16 10:00am Halloween Coloring - MLAR 11:15am For the Spirit with Chaplain Jen- FCEL 2:30pm Autumn Trivia - MLL 3:30pm Basketball - MLAR	17 10:00am Reminiscing - MLL 11:30am Word Games - MLAR 2:30pm Outdoor Visits - MLL 3:30pm Music Therapy Group with Chelsea - MLL 6:00pm UNO - MLDR	18 11:30am Flower Arrangements - MLAR 2:30pm Community Movie - MLDR 6:00pm Relax and Refresh (Spa Day) - MLRR 
19 11:30am Montessori - MLAR 2:30pm Church Service - FCDR 6:00pm Musical Bingo - MLDR 	20 11:00am Faith and Friends with Chaplain Megan-MLDR 11:30am A-Z Game - MLAR 2:30pm October Birthday Party with James Skarnikat- FCDR 6:00pm Pumpkin Glow Meditation - MLAR 6:30pm Faith & Film with Chaplain Jen - Chapel HAPPY DIWALI	21 10:00am Pump it Up - MLL 10:00am Resident Council - FCEL 10:30am Book Club with Chaplain Jen - FCEL 11:30am Chair Exercises - MLAR 2:30pm Trivia - MLL 3:30pm Popcorn Social - MLAR 6:00pm Manicures - MLAR	22 10:00am A-Z Game - MLAR 10:30am Catholic Mass - CHAP 11:00am Documentary - MLL 2:30pm Bingo - FCDR	23 10:00am Discussion Group: History of Halloween - MLAR 11:30am Would you Rather - MLL 2:30pm Hymn Sing with live pianist - FCDR Chaplain Jen 3:30pm Bracelet Making - MLAR 6:00pm Sudoku - MLDR	24 10:00am Sensory Stimulation - MLL 11:30am Drama Club - MLDR 2:30pm Baking Cookies - MLDR 6:00pm Halloween Craft (Ghosts) - MLAR 	25 10:00am Rhymes - MLDR 11:00am Colouring - MLAR 2:30pm Specialty Coffee Time - MLDR
26 10:00am Meditation - MLAR 11:00am Bird Watching - MLL 2:30pm Fill in the Blank- Group Story - MLAR 	27 10:00am Would you Rather? -Autumn Addition - MLL 11:00am One to One - MLRR 2:30pm Church Service - FCDR - CHAP 6:30pm Faith & Film with Chaplain Jen - Chapel	28 10:00am Pump it Up - MLL 10:30am Book Club with Chaplain Jen - FCEL 11:30am One to One - MLRR 2:30pm Pumpkin Carving Contest! - DR 6:00pm Pumpkin Memory Game - MLDR	29 10:00am A-Z Game - MLAR 11:00am Trivia - MLL 2:30pm Bingo - FCDR	30 10:00am Halloween Music - MLL 11:15am For the Spirit with Chaplain Jen- FCEL 2:30pm Decorate Halloween Cookies - MLAR 3:30pm One to One - MLRR	31 Halloween 10:00am Halloween Mystery box - MLL 11:30am One to One - MLRR 2:30pm Spooky Social- FCDR 3:30pm Halloween Hits BINGO with Chelsea - MLDR 6:00pm Halloween Movie - MLDR 	