

October 2025

Recreation Therapist: Megan

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:30am Pump it Up (Blair) 11:30am Walks and Talks (Speed River) 2:00pm Decorating Lobby for Halloween	2 9:45am Pump it Up (Blair) 10:00am Pumpkin Patch 10:30am Liturgy of the Word or Praying the Rosary-Blair	3 10:00am Bingo 11:30am Walks and Talks (Speed River) 2:00pm Balcony Visits 2:15pm Outdoor Reading Group	4 8:45am Morning Greetings 9:30am Pumpkin Pie in a Cup 1:45pm Popsicle Stick Pumpkin Craft 3:00pm One-on-One (Blair)
5 9:30am Balloon Badminton 10:30am Fall Fun Trivia 11:30am Walks and Talks (Speed River) 1:45pm Card Games 3:00pm One-on-One (Blair)	6 10:30am Pump it Up (Blair)	7 9:30am Tim Burton Discussion Group 10:30am Colour to Music 11:30am Walks and Talks (Speed River) 1:00pm Henna Tattoo Lobby 1-3 2:00pm Bowling	8 SPIRIT DAY: Wear Warm Colours (Red, Orange, Yellow) 9:30am Manicures (Blair) 10:30am One-on-One (Blair) 10:30am Pump it Up (Blair) 11:30am Walks and Talks (Speed River) 1:45pm Puffy Painting	9 9:45am Pump it Up (Blair) 10:30am Liturgy of the Word or Praying the Rosary-Blair 1:15pm The Price Is Right 3:00pm Word Games 5:30pm Evening Movie	10 10:00am Bingo 11:30am Walks and Talks (Speed River) 1:45pm Pumpkin Cupcakes 3:00pm One-on-One (Blair)	11
12 2:30pm Thanksgiving Service with Chaplain Daria - Preston	13 Thanksgiving Day 9:30am Baking Pie 10:15am Manicures (Blair) 10:30am Pump it Up (Blair) 2:00pm Thanksgiving Drop In	14 Pink Shirt Day for Breast Cancer Awareness 9:30am Name That Tune 10:45am Music with Jen 11:00am Portuguese Rosary - PR 11:30am Walks and Talks (Speed River) 1:45pm Bean Bag Toss 3:00pm One-on-One (Blair)	15 10:00am Pumpkin Carving Contest 10:30am Pump it Up (Blair) 11:30am Walks and Talks (Speed River) 2:00pm October Birthday Party	16 9:45am Pump it Up (Blair) 10:30am Catholic Mass - PR	17 Admin/ Calendar Day	18 8:45am Morning Greetings 9:45am Bingo 11:45am Walks and Talks 1:45pm Puzzles and Word Games 2:30pm Memorial Service (Preston)
19 9:45am Baking 11:30am Walks and Talks (Speed River) 1:45pm Current Events/ Reading Group 2:30pm Random Trivia	20 10:30am Pump it Up (Blair)	21 9:30am Seated Exercise 10:30am Card Games 11:30am Walks and Talks (Speed River) 2:00pm Resident Council 3:00pm Spirit Circle (Blair)	22 Spirit Day: Cozy Sweater Day 9:30am Snakes and Ladders 10:30am One-on-One (Blair) 10:30am Pump it Up (Blair) 11:30am Walks and Talks (Speed River) 2:00pm Fall Walk	23 9:45am Pump it Up (Blair) 10:30am Liturgy of the Word or Praying the Rosary-Blair 1:15pm Crafts (Blair) 3:00pm Church Service with Chaplain Daria 3:00pm One-on-One (Blair) 5:30pm Manicures/ Hand Massages	24 Guess the Number of Candies in The Jar 10:00am Fall Bingo 11:30am Walks and Talks (Speed River) 2:00pm Halloween Baking 3:00pm One-on-One (Blair)	25
26	27 Wear Witch Hat 9:30am Trivia 10:15am Manicures (Blair) 10:30am Pump it Up (Blair) 1:30pm Music with Jen 2:00pm Music Requests 2:00pm Colour to Music	28 Halloween Headwear 9:30am Reading Halloween Stories 10:30am Halloween Seated Exercise 11:00am Portuguese Rosary - PR 11:30am Walks and Talks (Speed River) 2:00pm Halloween Movie	29 Orange and Black Day 9:45am Baking 10:30am One-on-One (Blair) 10:30am Pump it Up (Blair) 11:30am Walks and Talks (Speed River) 2:00pm Music Entertainment - GR	30 Crazy Hair Day 9:45am Pump it Up (Blair) 10:30am Liturgy of the Word or Praying the Rosary-Blair 1:30pm Pumpkin Spice Latte Traveling Cart	31 Halloween Costume Contest 8:45am Morning Greetings 10:00am Bingo 11:30am Walks and Talks (Speed River) 2:00pm Halloween Party	

