

Megan and Basil are your Recreation Coordinators, please reach out if you have any questions or program ideas. All programs are subject to change at anytime.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00am Fishing & Picnic in Port Rowan - V 3:30pm Friendly Visits - HWDR	2 10:00am National Cookie Day- Baking - HWDR 2:00pm Catholic Church Service - Chap 3:00pm EZ Does it- Random Trivia - HWDR	3 10:00am Balloon badminton - HWDR 10:45am Seated Yoga/Stretches - HWDR 1:30pm Gratitude & Inspiration Circle - HWDR 3:00pm Men's Corner - HWDR 4:00pm Friendly Visits - HWDR 6:30pm Karaoke - Chap	4 10:00am Thanksgiving Craft - HWDR 1:30pm 1:1s - HWDR 3:00pm Bingo - HWDR 
5 3:00pm Hymn Sing - Chap	6 10:00am Picking Pumpkins at Dalton White Farm Market - V 1:30pm Making Stained Glass Pumpkins - HWDR 3:00pm Bowling - HWDR	7 9:15am Pump it Up! - HWDR 1:00pm Music with Krystina - HWDR 1:30pm Around the Harvest Table - HWDR 3:00pm Outdoor Walks/Wheels - V 6:30pm Karaoke - HWDR	8 10:00am Outing to the Simcoe Fair - V	9 9:15am Get Energized - HWDR 1:30pm Fall Glamour Shots - Chap	10 10:00am Indoor Stroll - V 10:15am Readers Corner - HWDR 11:00am Manicures - HWDR 2:00pm Coffee, news, & Views - HWDR 3:30pm Boccia Ball - HWDR	11 1:30pm Puzzles & Boardgames - HWDR 3:00pm Bingo - GLDR 6:30pm Readers Corner - HWDR
12 1:30pm Noodle Hockey - HWDR 3:00pm Hymn Sing - Chap 6:30pm Movie and Munchies - HWDR	13 Happy Thanksgiving! 2:15pm 1:1s - HWDR 3:00pm Bowling - GLWDR 	14 1:30pm Armchair Travel - HWDR 2:15pm 1:1s - HWDR 3:00pm Painting nails - QLDR 6:30pm Community Bingo - QLDR	15 10:00am Lunch at Tillsonburg Airport - V	16 1:30pm Residents Council - QLDR 2:30pm Entertainment with the Melody Makers - Chap 6:30pm Discussion Group - HWDR	17 1:30pm Active Games - HWDR 3:30pm Hungry Hungry Hippos - HWDR 6:30pm Pub Night with John Moorehouse - Bist 	18 2:00pm Balloon badminton - HWDR 3:00pm Bingo - HWDR
19 3:00pm Hymn Sing - Chap	20 9:15am Movement Matters - HWDR 9:45am Balloon badminton - HWDR 1:45pm 1:1s - HWDR 3:00pm Bowling - HWDR	21 9:15am Pump it Up! - HWDR 1:00pm Music with Krystina - HWDR 6:30pm EZ Does it- Random Trivia - HWDR	22 10:00am Discussion Group with Pastor Kring - HWDR 3:00pm Birthday Party with Archie Wright - GLWDR	23 9:15am Get Energized - HWDR 10:00am Name That Tune - HWDR 12:00pm October Birthday Lunch - Bist 1:30pm 1:1s - HWDR 2:30pm Target Practice - HWDR 3:30pm Manicures - HWDR	24 10:00am Active Games - HWDR 11:15am Daily Chronicles - HWDR 1:00pm 1:1s - HWDR 2:30pm Mini Cheesecakes! - HWDR 6:30pm Bean Bag Tic Tac Toe - HWDR	25 1:30pm 1:1 Music Visits - HWDR 3:00pm Bingo - GLDR 6:30pm Puzzles & Boardgames - HWDR
26 1:45pm Manicures - HWDR 3:00pm Hymn Sing - Chap 6:30pm Movie and Munchies - HWDR	27 9:15am Body Balance - HWDR 1:30pm 1:1 Walking - V 3:00pm Happy Hour with Jack Coulson - Bist 6:30pm Hungry Hungry Hippo's - HWDR	28 9:15am Movement Matters - HWDR 1:30pm Halloween Baking!! - HWDR 6:30pm Seating Yoga/Stretching - HWDR	29 10:00am Norfolk Scenic Drive - V 1:30pm Church Service with Pastor Kring - Chap 3:30pm Friendly Visits - HWDR	30 10:00am EZ Does it- Random Trivia - HWDR 11:15am Hand Massages - RR 1:15pm Euchre/Crib Group - Bist 2:15pm Noodle Hockey - HWDR 3:30pm Friendly Visits - HWDR 6:30pm Sing Along - HWDR	31 Happy Halloween! 9:45am Halloween Fill-In - HWDR 10:30am Mom & Baby Costume Visit - Chap 1:30pm Halloween costumes! - HWDR 3:00pm Halloween Party with Terry Carter - Bist 6:30pm Spooky Karaoke & Candy Bags - Chap	