## people <u>Care</u> communities

GALT HOME AREA

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	8:30am Morning Greetings 9:30am Poppy Craft 11:00am Walks and Talks (Galt) 2:00pm Bowling	8:30am Morning Greetings 9:30am Board Games 10:30am Pump It Up-Galt 11:00am Spirit Circle (Speed River) 11:00am Walks and Talks (Galt) 1:30pm Bookish Banter - Preston Dining Room	8:30am Morning Greetings 9:30am Pump it Up- Galt 10:00am Baking 10:00am Butterfly Conservatory 10:45am Music with Jen 11:00am Walks and Talks (Galt) 2:00pm Bingo	Spirit Day: Jersey Day 8:30am Morning Greetings 9:30am Seated Exercise 10:30am Liturgy of the Word or Praying the Rosary- Blair 11:00am walk and talks 1:30pm Decorating for Holiday Market	7 8:30am Morning Greetings 9:30am Hand Massage & Manicures (Galt) 10:30am Pump it Up- Galt 11:00am walk and talks 2:00pm Music Entertainment -BL	Ugly Sweater Day Christmas Market 10-3
9	11:00am Walks and Talks (Galt) 2:00pm Bingo 3:30pm One-on-one (Galt) 5:30pm Play Backgammon	Spirit Day: Wear Red 8:30am Morning Greetings 9:30am Group Talk About Remembrance Day 10:30am Pump It Up-Galt 10:45am Remembrance Day Service 11:00am Walks and Talks (Galt) 1:00pm Portuguese Rosary	Spirit Day: Pajama Day 8:30am Morning Greetings 9:00am Decorating Floors for Holidays 9:30am Pump it Up- Galt 11:00am Walks and Talks (Galt) 2:00pm Autumn Social - BL	8:30am Morning Greetings 9:30am Seated Exercise 10:30am Liturgy of the Word or Praying the Rosary-Blair 11:00am walk and talks 2:00pm Colorings & Puzzles 3:00pm Church Service with Temple Baptist	8:30am Morning Greetings 9:30am Play Cards 10:30am Pump it Up- Galt 11:00am walk and talks 2:00pm Baking with Portuguese 2:00pm Hot Chocolate and Apple Cider Drop In	15
16	8:30am Morning Greetings 9:30am Seated Exercise 11:00am Walks and Talks (Galt) 11:30am Outing to Walmart	8:30am Morning Greetings 10:00am Dance Workout 10:30am Pump It Up-Galt 11:00am Walks and Talks (Galt) 2:00pm Baking{Cake} 2:00pm Resident Council	SPIRIT DAY: Sparkle Day 8:30am Morning Greetings 9:30am Pump it Up- Galt 10:00am Hand Massage & Manicures 11:00am Walks and Talks (Galt) 2:00pm November Birthday Party-BL	SPIRIT DAY: Scarf Day 8:30am Morning Greetings 9:30am Seated Exercise 10:30am Catholic Mass - PR 11:00am walk and talks 2:00pm Holiday's Crafts	8:30am Morning Greetings 9:30am Bingo 10:30am Pump it Up- Galt 11:00am walk and talks 2:00pm Travelogue	22
23	11:00am Walks and Talks (Galt) 2:00pm Balloon Badminton 3:30pm One-on-one (Galt) 5:00pm Movie Night	SPIRIT DAY: Stripes Day 8:30am Morning Greetings 10:00am Dance Workout 10:30am Pump It Up-Galt 11:00am Portuguese Rosary - SR 11:00am Walks and Talks (Galt) 2:00pm Bingo 3:30pm Spirit Circle (Galt)	26 SPIRIT DAY: Twin Day 8:30am Morning Greetings 9:30am Pump it Up- Galt 10:00am Baking & Game	SPIRT DAY: Christmas Colours Day 8:30am Morning Greetings 9:30am Seated Exercise 10:30am Liturgy of the Word or Praying the Rosary- Blair 11:00am walk and talks 2:00pm Writing Letters to Santa- PR	28 8:30am Morning Greetings 9:30am Trivia 10:30am Pump it Up- Galt 11:00am walk and talks 2:00pm Put New Calendar Up	29
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