

Breelyn is your Recreation Coordinator, please reach out if you have any questions or program ideas. All programs are subject to change at anytime.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00am Fishing & Picnic in Port Rowan - V	2 9:15am Pump it Up! - GLDR 2:00pm Catholic Church Service - Chap 3:30pm Manicures - RR 6:30pm Ladder Ball - GLDR	3 10:15am Movement Matters - GLDR 1:30pm Daily Chronicles - GLDR 3:00pm Bean Bag Toss - GLDR 6:30pm Karaoke - Chap	4 1:30pm Seated Zumba! - GLWDR 3:00pm Bingo - HWDR 6:30pm Giant Connect 4! - GLDR 
5 3:00pm Hymn Sing - Chap	6 9:15am Movement Matters - GLDR 10:00am Picking Pumpkins at Dalton White Farm Market - V 1:30pm Readers Corner - GLDR 3:00pm Bowling - HWDR	7 9:45am Friendly Visits - RR 10:45am Frisbee Toss - GLDR 1:45pm Hand Massages - GLDR 3:00pm Random Trivia - GLDR	8 10:00am Outing to the Simcoe Fair - V 3:30pm Friendly Visits - RR	9 9:15am Get Energized - GLDR 1:30pm Fall Glamour Shots - Chap 3:00pm Washer Toss - GLDR 4:00pm Friendly Visits - RR 6:30pm The Beach Boys Live in Concert on TV - GLDR	10 10:15am Stretching Class - GLDR	11 9:45am Daily Chronicles - GLDR 10:45am Boccia Ball - GLDR 1:45pm 1:1s - GLDR 3:00pm Bingo - GLDR
12 9:45am EZ Does it- Random Trivia - GLDR 10:45am Frisbee Toss - GLDR 1:45pm Hand Massages - GLDR 3:00pm Hymn Sing - Chap	13 Happy Thanksgiving! 9:45am Canadian Thanksgiving True or False - GLDR 10:45am Bistro Visits - RR 3:00pm Bowling - GLWDR 	14 9:15am Body Balance - GLDR 10:45am Friendly Visits - RR 1:30pm Music Therapy Group - GLDR 2:00pm Ladder Ball - GLDR 3:15pm Manicures - RR 6:30pm Community Bingo - QLDR	15 10:00am Lunch at Tillsonburg Airport - V	16 9:15am Pump it Up! - GLDR 1:30pm Residents Council - QLDR 2:30pm Entertainment with the Melody Makers - Chap 3:45pm Outdoor Walks/Wheels - GLWC 6:30pm Noodle Hockey - GLDR	17 10:15am Movement Matters - GLDR 2:00pm Daily Chronicles - GLDR 3:00pm Bean Bag Toss - GLDR 6:30pm Pub Night with John Moorehouse - Bist	18 3:00pm Bingo - HWDR 
19 3:00pm Hymn Sing - Chap	20 9:45am Who Sang It: Dolly Parton or Barbra Streisand? - GLDR 10:45am Bistro Visits - RR 1:45pm Hand Massages - GLDR 3:00pm Bowling - HWDR	21 9:45am Friendly Visits - RR 10:45am Frisbee Toss - GLDR 1:45pm Gardens, Gnomes, and Fairies Trivia - GLDR 2:30pm Wood Working with Bill - GLDR	22 10:00am Discussion Group with Pastor Kring - HWDR 1:45pm Friendly Visits - GLDR 3:00pm Birthday Party with Archie Wright - GLWDR	23 9:15am Get Energized - GLDR 12:00pm October Birthday Lunch - Bist 1:15pm Manicures - RR 2:30pm Random Trivia - GLDR 3:30pm Ladder Ball - GLDR 6:30pm Elvis Presley Live in Concert on TV - GLDR	24 10:15am Stretching Class - GLDR	25 9:45am Daily Chronicles - GLDR 10:45am Frisbee Toss - GLDR 1:45pm 1:1s - GLDR 3:00pm Bingo - GLDR
26 9:45am Orange Trivia - GLDR 10:45am Boccia Ball - GLDR 1:45pm Hand Massages - GLDR 3:00pm Hymn Sing - Chap	27 9:45am Sweet, Sweet Music - GLDR 10:45am Bistro Visits - RR 1:30pm Montessori 1:1s - RR 3:00pm Happy Hour with Jack Coulson - Bist	28 9:45am Friendly Visits - RR 10:45am Ladder Ball - GLDR 1:30pm Music Therapy Group - GLDR 1:45pm Hand Massages - GLDR 3:00pm Coffee, News, & Views - GLDR	29 10:00am Norfolk Scenic Drive - V 1:30pm Church Service with Pastor Kring - Chap	30 9:15am Pump it Up! - GLDR 1:15pm Euchre/Crib Group - Bist 3:00pm 1:1s - GLDR 6:30pm Washer Toss - GLDR	31 Happy Halloween! 9:45am Halloween Fill-In - HWDR 10:30am Mom & Baby Costume Visit - Chap 3:00pm Halloween Party with Terry Carter - Bist 6:30pm Spooky Karaoke & Candy Bags - Chap	