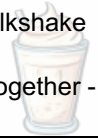


Programs & locations are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00am October Calendar Handout - FCRR 11:30am Humour Hour! - FCDR 2:30pm Bingo - FCDR	2 10:00am Pump it Up - FCEL 11:15am For the Spirit with Chaplain Jen- FCEL 1:00pm 1:1 Chaplain Visits 2:30pm Making Hand Turkeys - FCDR 6:00pm The Price is Right - FCWL	3 11:00am Fall Favourites Music Therapy Group with Chelsea - FCDR 2:00pm Oktoberfest Party with Jay Franco- FCDR 6:00pm Short Stories - FCEL 7:00pm Book Club with Chaplain Jen - FCEL	4 11:30am Chair Exercises - FCEL 2:30pm Community Movie - MLDR 6:00pm What's Your Verdict? - FCEL
5 11:30am Halloween Colouring - FCDR 2:30pm Church Service - FCDR 6:00pm Active Game - FCEL	6 10:30am Gratitude Gallery with Chaplains Jen and Megan- 1:1 11:30am Manicure Monday - FCRR 2:30pm Music Bingo - FCDR 6:30pm Faith & Film with Chaplain Jen - Chapel	7 10:00am Pump it Up - FCEL 10:30am Book Club with Chaplain Jen - FCEL 11:30am Trivia - FCWL 2:30pm Balloon Volleyball - FCDR 6:00pm Short Stories - FCEL	8 10:00am Music Reminiscing - FCEL 10:15am Travelling RC Communion - TC 11:30am Active Game - FCEL 2:30pm Bingo - FCDR 	9 11:15am For the Spirit with Chaplain Jen- FCEL 1:00pm 1:1 Chaplain Visits 2:30pm Guess the Halloween Word - FCEL 6:00pm Travelogue: Germany's Frankfurt and Nurnberg - FCEL	10 9:45am Morning Chair Stretches - FCEL 11:30am Reminiscing: Grocery Shopping - FCEL 2:30pm Baking Apple & Rhubarb Crumble - FCDR 6:00pm Short Stories - FCEL 7:00pm Book Club with Chaplain Jen - FCEL 	11 9:45am One to One - FCRR 10:30am Finish the Phrase - FCEL 11:30am Active Game - FCEL 2:30pm Specialty Coffee Time - MLDR
12 9:45am Chair Yoga - FCEL 10:30am One to One - FCRR 11:30am Guess the Word - FCEL 2:30pm Coffee & Timbits Social - FCDR	13 Thanksgiving 10:00am Church Service - FCDR 11:30am Manicure Monday - FCRR 2:30pm Apple Pie Social - FCDR 6:30pm Faith & Film with Chaplain Jen - Chapel 	14 10:00am Pump it Up - FCEL 10:30am Book Club with Chaplain Jen - FCEL 11:30am Active Game - FCEL 2:30pm Music Bingo - FCDR	15 10:00am Halloween Charades - FCRR 11:30am Basketball - FCEL 2:30pm Bingo - FCDR	16 11:15am For the Spirit with Chaplain Jen- FCEL 1:00pm 1:1 Chaplain Visits 2:30pm Painting Pumpkins - FCDR 6:00pm The Price is Right - FCEL 	17 11:30am What's Your Verdict? - FCEL 2:00pm Music Therapy Group with Chelsea - FCDR 3:30pm Balloon Toss - FCEL 6:00pm Short Stories - FCEL	18 11:30am Guess the Word - FCEL 2:30pm Community Movie - MLDR 6:00pm Music Throwback: The Beach Boys - FCEL 
19 11:30am Active Game - FCEL 2:30pm Church Service - FCDR 6:00pm Travelogue: The Swiss Alps - FCEL	20 11:30am Manicure Monday - FCRR 2:30pm October Birthday Party with James Skarnikat- FCDR 6:30pm Faith & Film with Chaplain Jen - Chapel HAPPY DIWALI	21 9:30am 1:1 Chaplain Visits 10:00am Pump it Up - FCEL 10:00am Resident Council - FCEL 10:30am Book Club with Chaplain Jen - FCEL 2:30pm Pumpkin Spice Milkshake Social - FCDR 6:00pm Things That Go Together - FCEL 	22 10:30am Catholic Mass - CHAP 11:30am Reminiscing - FCEL 2:30pm Bingo - FCDR 	23 10:00am Pump it Up - FCEL 11:30am A-Z Game - FCEL 2:30pm Hymn Sing with live pianist - FCDR Chaplain Jen 6:00pm Travelogue: Croatia - FCEL	24 9:45am Morning Chair Stretches - FCEL 11:30am Pin The Spider on The Web - FCEL 2:30pm Music Bingo - FCDR 6:00pm Short Stories - FCEL 	25 10:00am Words in Words - FCEL 10:30am One to One - FCRR 11:30am Nature Documentary - FCEL 2:30pm Specialty Coffee Time - MLDR
26 10:00am Whats Your Verdict - FCEL 11:30am Halloween Karaoke - FCEL 2:30pm Trivia - FCWL 3:00pm One to One - FCRR 	27 11:30am Manicure Monday - FCRR 2:30pm Church Service - FCDR - CHAP 6:30pm Faith & Film with Chaplain Jen - Chapel	28 10:00am Pump it Up - FCEL 10:30am Book Club with Chaplain Jen - FCEL 2:30pm Pumpkin Carving Contest! - DR	29 10:00am Halloween Trivia - FCRR 11:30am Word Game - FCEL 2:30pm Bingo - FCDR	30 11:15am For the Spirit with Chaplain Jen- FCEL 1:00pm 1:1 Chaplain Visits 2:30pm Baking Pumpkin Spice Muffins - FCDR 6:00pm The Price is Right - FCEL	31 Halloween 11:00am Halloween Hits BINGO with Chelsea - FCDR 2:30pm Spooky Social- FCDR 6:00pm Discussion Group: Trick or Treating - FCEL	