

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	9:15am Body Balance - HWDR 10:00am Active Games - HWDR 1:30pm Hang Man - HWDR 3:00pm Bowling - GLDR	9:15am Stretching Class - HWDR 1:30pm Armchair Travel - HWDR 2:00pm EZ Does it- Random Trivia - HWDR 3:00pm Bingo - GLDR 6:30pm Movie and Munchies - HWDR	9:15am Balancing Exercise - GLDR 10:00am Bus Trip to Hidden Acres 10-2pm - V	10:00am Around the Harvest Table - HWDR 2:00pm Catholic Church Service - Chap	10:00am Active Games - HWDR 1:30pm Manicures - HWDR 2:30pm Sing Along - HWDR 6:30pm Karaoke - Chap	10:30am Art & Crafts - HWDR 1:30pm Jenga - HWDR 3:00pm Bingo - GLDR
7	8	9	10	11	12	13
Grandparents Day 10:00am Active Games - HWDR 1:30pm Coloring - HWDR 3:00pm Entertainment with Archie Wright - Bist	9:15am Movement Matters - HWDR 2:00pm Hymn Sing - GLDR 3:00pm Bowling - GLDR	9:15am Pump it Up! - HWDR 1:00pm Music with Krystina - HWDR 3:00pm Colouring Corner - HWDR	10:00am Discussion Group with Pastor Kring - HWDR 1:15pm Friendly Visits - HWDR 3:00pm Zumba - HWDR 6:00pm Active Games - HWDR	9:15am Get Energized - HWDR 1:30pm Active Games - HWDR 2:30pm Word game - HWDR 6:30pm Pub Night with Terry Carter - Bist	10:00am Walk to Wellness - V 1:00pm Active Games - HWDR 3:30pm Art & Crafts - HWDR	1:30pm Chicken Soup for the Soul & Discussion - HWDR 3:00pm Bingo - GLDR
14	15	16	17	18	19	20
1:15pm Who Am I? - HWDR 3:00pm Hymn Sing - Chap	9:15am Body Balance - HWDR 10:00am Balloon badminton - HWDR 1:30pm Word game - HWDR 3:00pm Bowling - GLDR	9:15am Stretching Class - HWDR 1:30pm Armchair Travel - HWDR 2:00pm Art & Crafts - HWDR 3:00pm Bingo - GLDR 6:30pm Movie and Munchies - HWDR	9:15am Balancing Exercise - GLDR 2:30pm Wood Working with Bill - HWDR	10:00am Spiritual Service with First Baptist Church - Chap 1:30pm Residents Council - SFDR 2:30pm Entertainment with the Melody Makers - V	10:00am Noodle Hockey - HWDR 1:00pm Youtube Concerts - HWDR 3:00pm Jenga - HWDR 6:30pm Karaoke - Chap	10:30am Art & Crafts - HWDR 1:00pm Montessori - HWDR 3:00pm Bingo - GLDR 6:30pm Boccia Ball - HWDR
21	22	23	24	25	26	27
1:00pm Lawn Darts- indoor - HWDR 3:00pm Hymn Sing - Chap 6:30pm Friendly Visits - HWDR	9:15am Movement Matters - HWDR 3:00pm Bowling - GLDR	9:15am Pump it Up! - HWDR 1:00pm Music with Krystina - HWDR 3:00pm Bingo - GLDR	10:00am Active Games - HWDR 10:00am Church Service with Pastor Kring - Chap 11:00am 1:1s - HWDR 3:00pm Birthday Party with Ken Lightheart - HWDR 3:00pm Birthday Party with Ken Lightheart - HWDR	9:15am Get Energized - HWDR 1:30pm Balloon badminton - HWDR 3:00pm Euchre Group - Bist 6:30pm Music For Memories - HWDR	1:30pm Active Games - HWDR 2:30pm Manicures - HWDR 6:30pm Sing Along - HWDR	9:45am Daily Chronicles - HWDR 1:00pm Armchair Travel to Sweden - GLDR 3:00pm Bingo - GLDR
28	29	30				
1:15pm Random Trivia - HWDR 3:00pm Hymn Sing - Chap	9:15am Body Balance - HWDR 10:00am Active Games - HWDR 3:00pm Bowling - GLDR 4:00pm Healing Hands - HWDR	9:15am Stretching Class - HWDR 1:30pm Armchair Travel - HWDR 3:00pm Bingo - GLDR 6:30pm Washer Toss - HWDR				