

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Canada Day 9:45am Calendar Visits - JRR 9:45am Spa Morning - JDR 10:45am Singalong - JDR 2:00pm Canada Day Social - Courtyard 3:30pm Manicures - JRR 6:15pm Sorting Stations - JDR	2 9:45am Group Aromatherapy - JBL 9:45am Colouring Group - JDR 10:45am 1:1 Outdoor Games - Courtyard 2:00pm Human Slot Machine - CHAP 3:30pm Yoga with Nancy - CHAP 6:15pm Karaoke Night - JDR	3 9:00am Bird Watching Visits - JRR 10:00am Ukulele Group - CHAP 10:45am Pump It Up with Physio - CHAP 1:15pm Physio - JDR 2:00pm Bingo - CHAP 3:30pm Juniper Tea Party with Alycia - Café 6:00pm Dog Therapy Visits - RR 6:15pm Balloon Badminton - JDR	4 Rolls and Strolls - JRR 9:45am Active Games with Recreation - CHAP 10:15am Rosary Group - CHAP 10:45am Hymn Sing - JDR 12:00pm BBQ Lunch - Sign up with Recreation 2:00pm Summer Drop in Nail Salon - CHAP 3:30pm Moving & Grooving with Alycia - JDR 6:15pm Word Games - JDR	5 10:45am Axe Throwing - JDR 2:00pm Bocce Ball - CHAP 3:30pm Church of God Service - CHAP 6:15pm Ball Toss and Music - JFL
6 10:45am Craft - Chapel 2:00pm Church Service - CHAP 3:00pm Fruit Fiesta Social - Cafe 6:15pm Balloon Badminton - JFL	7 World Chocolate Day 9:45am Guess the Animal Sound - JDR 9:45am Moving and Grooving with Alycia - JFL 10:45am Outdoor Rolls and Strolls with Chelsea and Alycia - JRR 2:00pm Bingo - NSDR / SMDR/ JUN 3:30pm Coloring Group - JDR	8 9:45am Cafe Visits - Cafe 9:45am Helping Hands - JDR 10:45am Summer Painting Group - JDR 2:00pm Lemonade Social - Courtyard 3:30pm Rolls and Strolls - JRR 6:15pm Cornhole - JDR	9 9:45am Rolls and Strolls - JRR 10:30am Residents' Council - NSBL 10:45am Elvis Singalong - JDR 2:00pm Catholic Communion - Chapel 3:30pm Craft Time - JDR 6:15pm Balloon Badminton - JDR	10 9:45am Helping Hands - JDR 10:45am Singalong with Rec - CHAP 1:15pm Fun with Physio - JFL 2:00pm Bingo - CHAP 3:30pm Outdoor Walks- RR 6:00pm Dog Therapy Visits - RR 6:15pm Sorting Stations -JDR	11 9:45am Active Games with Recreation - CHAP 10:15am Rosary Group - CHAP 10:45am Group Word Searches - JDR 2:00pm Western Happy Hour and Music - Cafe 3:30pm 1:1 Visits -JRR 6:15pm Evening Musical Instrument Group - JDR	12 10:45am Bowling - JDR 2:00pm Bocce Ball - CHAP 3:30pm Baking Bread with Alycia - JDR 6:15pm Guggenheim - JDR
13 FIFA 2025 2:00pm Church Service - CHAP 3:30pm Tea Party - Café 6:15pm Basketball - JDR 6:15pm Tower Toss - WPDR	14 9:45am 1:1 Visits - JRR 10:45am Cornhole - JDR 2:00pm Bingo - NSDR / SMDR/ JUN 3:30pm Manicures - JRR 6:15pm Sorting Group - JDR	15 9:45am Group Aromatherapy with Chelsea - JBL 9:45am Manicures - JRR 10:45am Bowling - JDR 2:00pm Emoji Party - Cafe 3:30pm Music and Ball Toss - JFL 6:15pm Outdoor Walks - JRR	16 9:45am Rolls & Strolls - JRR 10:45am Spa Morning - JDR 2:00pm Colouring Group - SMDR 3:30pm Yoga with Nancy - CHAP 3:30pm Break My Heart Target - JDR 6:15pm 70's Singalong - JDR	17 World Emoji Day 9:45am Courtyard Visits - JDR 10:45am Active Games - JDR 1:15pm Physio - JDR 2:00pm Bingo - CHAP 3:00pm Emoji Movie - CHAP 3:30pm Emoji Craft - JDR 6:00pm Dog Therapy Visits - RR 6:15pm Music & Ball Toss - JDR	18 9:45am Active Games with Recreation - CHAP 10:15am Rosary Group - CHAP 10:45am Guess the Animal Sound- JDR 2:00pm Banana Split Social - Cafe 3:30pm Gardening with Alycia - Courtyard 6:15pm Singalong with Alycia - JFL	19 10:45am Peach Icebox Cake Making - CAFE 2:00pm Bocce Ball - CHAP 3:30pm Tower Toss - JDR 6:15pm Groove to the Tune - JBL
20 National Ice Cream Day 10:45am Courtyard Visits - Courtyard 2:00pm Church Service - CHAP 3:00pm Ice Cream Social - Cafe 6:00pm Melodies with Lise- JDR	21 9:45am Morning Greetings - JRR 9:45am Rolls & Strolls - JRR 10:45am Golf with Alycia & Chelsea - JDR 2:00pm Bingo - NSDR / SMDR/ JUN 3:30pm Colouring Group - JDR 6:15pm Active Games - JFL	22 9:45am Café Visits - Café 9:45am Outdoor Rolls & Strolls - JRR 10:45am Lavender Dreams Spa - JBL 2:00pm Baking with Chelsea and Alycia - CHAP 3:30pm 1:1 Visits - JRR 6:15pm Balloon Badminton - JDR	23 9:45am Rolls & Strolls - JRR 9:45am Group Aromatherapy - JBL 10:45am Gardening with Alycia & Chelsea - Courtyard 2:00pm Movie and Iced Tea - JDR 3:30pm Courtyard Visits - Courtyard 6:15pm Oldies Singalong - JFL	24 International Self Care Day 9:00am Helping Hands - JDR 9:45am Rolls & Strolls - JRR 1:15pm Fun with Physio - JFL 2:00pm Bingo - CHAP 3:30pm Card Game - JDR 6:00pm Dog Therapy Visits - RR 6:15pm Colouring Group - JDR	25 9:45am Active Games with Recreation - CHAP 10:15am Rosary Group - CHAP 10:45am Gardening & Watering the Plants - Courtyard 11:00am Bus Outing to Port Stanley - Juniper 2:00pm Birthday Party - Cafe 3:30pm Aromatherapy - JBL 5:00pm Pizza and Wings Dinner - Sign up with Recreation 6:15pm Evening Musical Instrument Group - JDR	26 10:45am Singalong with Alycia - JDR 2:00pm Bocce Ball - CHAP 3:30pm Cognitive Games - JDR 6:15pm Bean Bag Toss - JDR
27 10:45am Craft - Juniper 2:00pm Church Service - CHAP 3:30pm Baking with Alycia - JDR 6:15pm Pictionary - JDR	28 9:45am Tower Toss - JDR 10:45am Spot the Difference - JDR 2:00pm Bingo - NSDR / SMDR/ JUN 3:30pm Courtyard Visits - Courtyard 6:15pm Sorting Stations - JDR	29 National Lipstick Day 9:45am Fish Tank Visits - JRR 9:45am Balloon Badminton - JDR 10:45am Manicures with Chelsea and Alycia - JDR 2:00pm Glamour Shots - CHAP 3:45pm Group Aromatherapy - JBL 6:15pm Outdoor Walks - JRR	30 National Cheesecake Day 9:45am Darts with Alycia - JBL 9:45am Colouring Group with Chelsea - JDR 10:45am Group Aromatherapy - JBL 10:45am Friendship Bracelet Making with Alycia - JDR 2:00pm Cheesecake Sampling Social - CAFE 3:30pm Yoga with Nancy - CHAP 6:15pm Rolls and Strolls - JRR	31 9:00am Rolls and Strolls - JRR 10:45am Cafe Visits - Cafe 10:45am Pump It Up with Physio - CHAP 1:15pm Physio - JDR 2:00pm Bingo - CHAP 6:00pm Dog Therapy Visits - RR 6:15pm Paint Night with Alycia & Mya		