

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Canada Day 9:45am Axes and Darts Throwing - RODR 10:45am Calendar Visits - RR 2:00pm Canada Day Social - Courtyard 3:30pm Canada Word Search - SMDR 6:15pm Cornhole - NSDR	2 9:45am Mini Golf with Neha - SMDR 10:15am Strengthening Class 3rd Floor - NSDR 10:45am Manicures with Neha - SMFL 10:45am Rosary Group - NSBL 2:00pm Human Slot Machine - CHAP 3:00pm Physio: Strengthening Class 2nd floor - SMDR 3:30pm Yoga with Nancy - CHAP 6:15pm Tower Toss - NSDR	3 8:30am Morning Greetings with Hannah - RR 9:00am Cafe Visits w/Neha -RR 10:00am Ukulele Group - CHAP 10:45am Pump It Up with Physio - CHAP 2:00pm Bingo - CHAP 3:30pm Rolls and Strolls - RR 6:00pm Dog Therapy Visits - RR 6:15pm Ka Blab! - WPDR	4 9:45am Active Games with Recreation - CHAP 10:15am Rosary Group - CHAP 10:45am Outdoor Walks with Hannah- RR 10:45am Scattegories - WPDR 12:00pm BBQ Lunch - Sign up with Recreation 2:00pm Summer Drop in Nail Salon - CHAP 3:30pm Card Games - SMDR 6:15pm Guggenheim with Neha - NSDR	5 9:45am Group Word Searches - SMDR 10:45am Aromatherapy - RR 2:00pm Bocce Ball - CHAP 3:30pm Church of God Service - CHAP 6:15pm Guggenheim - NSDR
6 9:45am Reminiscing - RR 10:45am Craft - Chapel 2:00pm Church Service - CHAP 3:00pm Fruit Fiesta Social - Cafe 6:15pm Bowling - NSDR	7 World Chocolate Day 9:45am Balloon Badminton - NSDR 10:15am Physio: Strengthening Class 2nd floor - SMDR 10:45am General Store Visits - RR 10:45am Rosary Group - ROBL 2:00pm Bingo - NSDR / SMDR/ JUN 3:00pm Strengthening Class 3rd Floor - NSDR 3:30pm Documentary: Inside Cadbury Unwrapped - RODR 6:15pm Bowling with Mya & Neha - Chap	8 9:45am Courtyard Visit - RR 10:45am Axe Throwing - SMDR 2:00pm Lemonade Social - Courtyard 3:30pm Manicures with Rebecca - WPDR 6:15pm Book Club - WPFL	9 9:45am Axe Throwing - SMDR 10:15am Strengthening Class 3rd Floor - NSDR 10:30am Residents' Council - NSBL 10:45am Manicures - RR 10:45am Rosary Group - NSBL 2:00pm Catholic Communion - Chapel 2:00pm Movie - The Goonies - CHAP 3:00pm Physio: Strengthening Class 2nd floor - SMDR 3:30pm Bean Bag Toss - SMDR 3:30pm Patio Visits - 3rd floor balcony 6:15pm Guggenheim - SMDR 6:15pm Word Games : Word Row - WPDR	10 9:45am Nerf Target Practice - WPDR 9:45am Colouring - SMDR 10:45am Singalong with Rec - CHAP 2:00pm Bingo - CHAP 3:30pm Colouring Group - SMDR 6:00pm Dog Therapy Visits - RR 6:15pm Scattegories - NSDR	11 9:45am Active Games with Recreation - CHAP 10:15am Rosary Group - CHAP 10:45am Calgary Stampede Trivia - NSDR 2:00pm Western Happy Hour and Music - Cafe 6:15pm Jeopardy Night with Matt 6:15pm Jenga - RODR	12 9:45am Cafe Visits - Cafe 10:45am Boggle - NSDR 2:00pm Bocce Ball - CHAP 3:30pm Aromatherapy Visits - RR 6:15pm Wheel of Fortune - WPDR
13 FIFA 2025 9:45am Soccer - RODR 10:45am Manicures with Rebecca - NSDR 2:00pm Church Service - CHAP 3:30pm Pig Out - NSDR 6:15pm Independent Word Searches - RR	14 9:45am Macaroni Craft - RODR 10:15am Physio: Strengthening Class 2nd floor - SMDR 10:45am Balloon Badminton - NSDR 10:45am Rosary Group - ROBL 2:00pm Bingo - NSDR / SMDR/ JUN 3:00pm Strengthening Class 3rd Floor - NSDR 3:30pm Sparkling Specs - RR 6:15pm Book Club - WPFL	15 9:45am Garden Tea Party - Courtyard 10:45am Resident Spotlight - RODR 2:00pm Emoji Party - Cafe 3:30pm Men's Group: Wayne Gretzky Documentary - WPDR 6:15pm Hangman - NSDR	16 9:45am Morning Greetings - RR 10:15am Strengthening Class 3rd Floor - NSDR 10:45am Hidden Objects - NSDR 10:45am Rosary Group - NSBL 11:00am Port Stanley Outing - Sign up with Recreation before July 9th 11:00am Bus Outing to Port Stanley - Slgn up with Recreation 2:00pm Colouring Group - SMDR 3:00pm Physio: Strengthening Class 2nd floor - SMDR 3:30pm Yoga with Nancy - CHAP 6:15pm Curling Night - NSDR	17 World Emoji Day 8:30am Morning Visits with Hannah - RR 9:45am Colouring Group - SMDR 10:45am Outdoor Walks - 1:1 2:00pm Bingo - CHAP 3:00pm Emoji Movie - CHAP 6:00pm Dog Therapy Visits - RR 6:15pm Balloon Badminton - WPDR	18 9:45am Active Games with Recreation - CHAP 10:15am Rosary Group - CHAP 10:45am Outdoor Walks with Matt - RR 10:45am Group Aromatherapy - RODR 10:45am Chime Choir - NSDR 2:00pm Banana Split Social - Cafe 3:30pm Finish the Phrase - RODR 6:15pm Trivia - WPDR	19 9:45am Bean Bag Toss - SMDR 10:45am Peach Icebox Cake Making - CAFE 2:00pm Bocce Ball - CHAP 3:30pm Aromatherapy with Mya - RR 3:30pm Guggenheim - SMDR 6:15pm Basketball - NSDR
20 National Ice Cream Day 9:45am Colouring Group - RODR 10:45am Outdoor Walks - RR 2:00pm Church Service - CHAP 3:00pm Ice Cream Social - Cafe 3:30pm Rolls and Strolls - RR 6:15pm Hangman - NSDR	21 9:45am Tower Toss - RODR 10:15am Physio: Strengthening Class 2nd floor - SMDR 10:45am Aromatherapy & Hand Massages - RR 10:45am Rosary Group - ROBL 2:00pm Bingo - NSDR / SMDR/ JUN 3:00pm Strengthening Class 3rd Floor - NSDR 3:30pm Ball Scattegories - RODR 6:15pm Karaoke Night - WPDR	22 9:45am Short Stories - SMBL 10:45am Courtyard Visits - Courtyard 2:00pm Bean Bag Toss - SMDR 2:00pm Pig Out with Matt - NSDR 2:00pm Summer Songs and Smoothies - WPDR 3:30pm Manicures with Rebecca - WPDR 6:15pm Book Club - WPFL	23 9:45am Watering Plants - Courtyard 10:15am Strengthening Class 3rd Floor - NSDR 10:45am Rosary Group - NSBL 11:00am Bus Outing to Port Stanley - sign up with recreation before July 16th 2:00pm Poker with Matt - WPDR 2:00pm Craft - SMDR 3:00pm Physio: Strengthening Class 2nd floor - SMDR 3:30pm "It all comes out in the Wash" - NSDR 3:30pm Men's Group : Tiger Woods Documentary - SMDR 6:15pm Scattegories - SMDR 6:15pm Table Talk - WPDR	24 International Self Care Day 9:45am Active Games - RODR 9:45am Aromatherapy with Hannah - RR 10:45am Colouring Group - SMDR 10:45am Self Care Morning with Mya - RR 2:00pm Bingo - CHAP 3:30pm Colouring Group - SMDR 6:00pm Dog Therapy Visits - RR 6:15pm Curling Night - NSDR	25 9:45am Active Games with Recreation - CHAP 10:15am Rosary Group - CHAP 10:45am Word Puzzle : New Zealand Secret Code - NSDR 2:00pm Birthday Party - Cafe 5:00pm Pizza and Wings Dinner - Sign up with Recreation 6:15pm Volleyball - CHAP	26 9:45am Short Stories - SMFL 10:45am Word in a Word - NSDR 2:00pm Bocce Ball - CHAP 3:30pm Aromatherapy Visits - RR 6:15pm Trivia with Chelsea - WPDR
27 9:45am Pig Out - SMDR 10:45am Manicures with Rebecca - NSDR 2:00pm Church Service - CHAP 3:30pm Guggenheim - SMDR 6:15pm Short Stories	28 9:45am Ka Blab! - RODR 10:15am Physio: Strengthening Class 2nd floor - SMDR 10:45am Nerf Target Practice - NSDR 10:45am Rosary Group - ROBL 2:00pm Bingo - NSDR / SMDR/ JUN 3:00pm Strengthening Class 3rd Floor - NSDR 3:30pm Spot the Difference: RODR 6:15pm Curling - NSDR 6:15pm Book Club - WPFL	29 National Lipstick Day 9:45am Colouring Group - RODR 10:45am Aromatherapy - RR 2:00pm Glamour Shots - CHAP 3:30pm Bean Bag Toss - SMDR 6:15pm Hangman - NSDR	30 National Cheesecake Day 9:45am Corn Hole - NSDR 10:15am Strengthening Class 3rd Floor - NSDR 10:45am Rosary Group - NSBL 10:45am Word Puzzle: Fast Food Scrabble - NSDR 2:00pm Cheesecake Sampling Social - CAFE 3:00pm Physio: Strengthening Class 2nd floor - SMDR 3:30pm Yoga with Nancy - CHAP 6:15pm Scattegories - NSDR	31 8:30am Morning Greetings with Hannah - RR 9:15am Sparkling Specs - RR 10:45am Pump It Up with Physio - CHAP 2:00pm Bingo - CHAP 3:30pm Rolls and Strolls - RR 6:00pm Dog Therapy Visits - RR 6:15pm Paint Night with Alycia & Mya		