

Laura and Ren are your Recreation Coordinators, please reach out if you have any questions or program ideas!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:45am Learning Canadian Landmarks - SDH 10:30am Canadian Trivia - Loun 11:00am Outdoor walks - Resi 2:00pm Strawberry Sundae Social - SDH 2:00pm Canada Day Celebrations 3:45pm Watering the Flowers - SRC 6:30pm Whiteboard Games - SDH	2 9:30am National Geographic - Loun 10:15am Noodle Hockey - SDH 1:30pm Bean Bag Toss - SDH 2:30pm Bingo - WDH 2:30pm Patio Visits - Resi 3:45pm Cranium Crunches - SDH 3:45pm Manicures - Resi 6:30pm Book Club - SDH	3 9:30am Pump it Up! - SDH 1:30pm Horse Farm Excursion - OUT 1:30pm Ring Toss - SDH 2:15pm Current Events - SDH 3:15pm Hangman Game - SDH 6:30pm Short Stories - SDH	4 9:45am Let's Celebrate Independence Day - SDH 10:30am Pump it Up! - SDH 11:00am Cafe Visits - Resi 1:30pm Who, What, Where am I - SDH 2:30pm Travelogue: New Zealand - Loun 3:30pm Finish The Phrase - SDH 6:15pm Movie Mania - Chap	5 9:30am Ring Toss - SDH 10:30am Trivia - Loun 1:15pm Vitamin D Boost - SRC 2:30pm Bingo - WDH 3:45pm Watering the Garden - SRC
6 9:30am Church Service- Virtual - SDH 10:30am Bocce Ball - SDH 1:20pm Popsicles In The Courtyard - SDH 3:00pm Motorcycle Drive-By with ABATE Chapter 2 - oodstock Join us at the front of the building	7 Hawaiian Day 9:45am Euchre - SDH 11:00am Manicures - Resi 1:20pm Smoothie Social - SDH 3:00pm Leavn' Tracks & Happy Hour - Cour 6:30pm Travelogue: Kauai, Hawaii - Loun	8 Library Cart Visits with Sherrie - Resi 9:30am Meditation - Loun 9:40am National Geographic - Loun 9:50am Crafters Corner - SDH 1:15pm Pump it Up! - SDH 2:00pm Coca Cola Day - SDH 2:45pm Gardening/Horticulture - SRC 3:45pm Trivia - SDH	9 10:30am Pump it Up! - SDH 1:00pm Visits - Resi 2:30pm Bingo - WDH 4:00pm Remembering The Moon Landing - SDH 6:30pm Book Club - SDH	10 9:30am Pump it Up! - SDH 1:30pm Staff Value Award Celebration - Chap 3:30pm Current Events - SDH 6:30pm Movies & Munchies - Loun	11 9:30am Pump it Up! - SDH 1:15pm Pet Photo Day - SDH 2:00pm Peach Craft - WDH 3:30pm Piano Tunes With Amanda - SDH 6:30pm Campfire with Friends - Cour	12 1:15pm Noodle Hockey - SDH 2:30pm Bingo - WDH 4:00pm Manicures - Resi 6:30pm Dear Abby's - SDH
13 1:15pm Church Service - Virtual - SDH 2:30pm Trivia - Loun 3:45pm Ring Toss - SDH 6:30pm What's Your Verdict? - SDH	14 9:45am Euchre - SDH 10:00am Baking -SDH 1:15pm Pump it Up! - SDH 1:45pm Smoothie Social - SDH 3:00pm Music with Conn - Cour 4:10pm Manicures - Resi	15 Library Cart Visits with Sherrie - Resi 9:30am Meditation - Loun 9:40am National Geographic - Loun 10:40am August Calendar Prep - SDH 1:00pm Cafe Visits - Resi 1:15pm Pump it Up! - SDH 2:15pm Star of the Month - Loun 2:30pm Watering the Flowers - SRC 3:45pm Mini Putt - SDH 6:30pm Short Stories - SDH	16 9:30am Daily Chronicles - SDH 9:45am Sing-A-Long - SDH 10:30am Social Circle Group - SDH 1:00pm Bean Bag Toss - SDH 2:30pm Bingo - WDH 2:45pm Plant Water Wednesdays - SRC 4:00pm Vitamin D Boost - SRC 6:30pm Book Club - SDH	17 9:30am Pump it Up! - SDH 10:00am Music with Jenn - SDH 1:30pm Walk Around Avon River Excursion - OUT 1:30pm Cafe Visits - Resi 2:30pm Christmas In July - SDH 3:15pm Crafters Corner - SDH 6:30pm Whiteboard Games - SDH	18 9:45am Travelogue: New Zealand - Loun 10:30am Pump it Up! - SDH 10:45am Patio Visits - Resi 1:30pm Noodle Hockey - SDH 3:00pm Current Events - Loun 6:15pm Movie Mania - Chap	19 9:45am Hand Print Craft - SDH 11:00am Sing-A-Long - SDH 1:30pm Popsicle Garden Party - SRC 2:30pm Bingo - WDH 3:45pm Manicures - Resi
20 9:30am Church Service- Virtual - SDH 9:45am Watering the Garden - SRC 10:30am Ring Toss - SDH 1:30pm Dear Abbys - SDH 2:15pm Whiteboard Games - SDH 3:45pm Colouring - Loun	21 9:45am Euchre - SDH 11:00am Manicures - Resi 1:45pm Smoothie Social - SDH 3:00pm Entertainment with Archie - Cour 4:00pm Visits - Resi 6:30pm EZ Trivia - Loun	22 Library Cart Visits with Sherrie - Resi 9:30am Meditation - Loun 9:40am National Geographic - Loun 11:00am Outdoor walks - Resi 1:15pm Pump it Up! - SDH 2:00pm Resident Council - Chap 2:45pm Gardening/Horticulture - SRC 3:30pm Interactive Jeopardy Game - Loun	23 10:30am Pump it Up! - SDH 1:00pm Visits - Resi 2:30pm Bingo - WDH 4:00pm Trivia - Loun 6:30pm Book Club - SDH	24 9:30am Pump it Up! - SDH 1:15pm Thirsty Plant Thursday - SRC 1:30pm Stratford Boat Tour Excursion - OUT 6:30pm Euchre Competition - SDH	25 9:30am Pump it Up! - SDH 1:30pm Sing-A-Long - SDH 2:30pm Peach Social - Cour 3:30pm Email Visits - Resi 6:30pm Campfire with Friends - Cour	26 1:15pm Noodle Hockey - SDH 2:30pm Bingo - WDH 4:00pm Patio Visits - Resi 6:30pm Finish The Song Lyrics - SDH
27 1:30pm Blue Jays Social - Chap 2:45pm Bean Bag Toss - SDH 3:30pm Church Service - Virtual - SDH 6:30pm Who, What, Where am I - SDH	28 9:45am Euchre - SDH 10:00am Baking - SDH 1:15pm Pump it Up! - SDH 1:45pm Smoothie Social - SDH 3:00pm Entertainment with Joel H - Cour 4:10pm Manicures - Resi	29 Library Cart Visits with Sherrie - Resi 9:30am Meditation - Loun 9:40am National Geographic - Loun 11:00am Outdoor walks - Resi 1:00pm Cafe Visits - Resi 1:15pm Pump it Up! - SDH 2:00pm Bowling - SDH 3:30pm Watering the Flowers - SRC 3:30pm Manly Trivia - Loun 6:15pm Movie Night - Loun	30 9:45am Bocce Ball - SDH 10:45am Sing-A-Long - SDH 12:00pm Birthday Lunch - OUT 1:00pm Visits - Resi 1:30pm Vitamin D Boost - SRC 2:30pm Bingo - WDH 4:00pm Finish The Phrase - SDH 6:30pm Book Club - SDH	31 9:30am Pump it Up! - SDH 10:00am Music with Jenn - SDH 1:15pm Thirsty Plant Thursday - SRC 2:15pm Current Events - SDH 3:30pm Lemonade Social - SDH 6:30pm Wii Games - Loun		