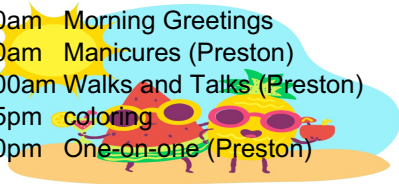
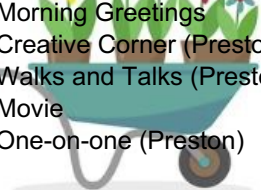
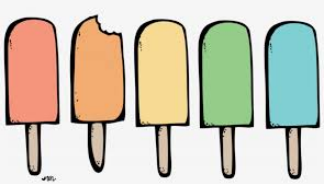
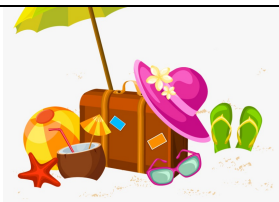


** RECREATION PROGRAMS ARE SUBJECT TO CHANGE DUE TO WARMER WEATHER
**

June 2025



PRESTON HOME AREA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 8:30am Morning Greetings 9:30am Backing at courtyard 10:00am Gardening 11:00am Walks and Talks (Preston) 2:00pm Dye & design your own T - shirt	3 Spirit Day: Summer T-Shirts Day 10:30am Pump It UP - PR	4 8:30am Morning Greetings 9:45am Dancing with Upbeat Music 11:00am Walks and Talks (Preston) 2:00pm Dart Club 2:00pm Book Club	5 Spirit Day: Birthday Party Outfit 8:30am Morning Greetings 9:30am Seated Exercise 10:30am RC Liturgy of the Word or Communion - Blair 11:00am Walks and Talks (Preston) 2:00pm Hilltop Walking Club	6 10:30am Pump it Up - PR	7 8:30am Morning Greetings 9:30am Manicures (Preston) 11:00am Walks and Talks (Preston) 1:45pm coloring 3:00pm One-on-one (Preston) 
8 8:30am Morning Greetings 9:30am Creative Corner (Preston) 11:00am Walks and Talks (Preston) 1:45pm Movie 3:00pm One-on-one (Preston) 	9 8:30am Morning Greetings 9:30am Seated Exercise 10:45am Music with Jen 2:00pm Dart Club 3:00pm Anglican Church Service	10 8:30am Morning Greetings 9:15am Bracelet Making 10:30am Pump It UP - PR 11:00am Portuguese Rosary - SR 2:00pm Bingo	11 Sprit Day: Pattern Day 8:30am Morning Greetings 10:00am Cooking in the Kitchen 2:00pm Lorina's Celebration (Grand River) 3:00pm One-on-one (Preston)	12 10:30am RC Liturgy of the Word or Communion - Blair 2:00pm Arnold Palmer Traveling Cart 3:00pm Church Service: Temple Baptist - Blair	13 Spirit Day: Mismatch Day 10:30am Pump it Up - PR 11:00am Walks and Talks (Preston) 2:00pm Filipino Party! - Front Lobby 4:00pm Hand Massage(Preston) 5:45pm One-on-one (Preston)	14 
15 2:00pm Father's Day Drop In 	16 8:30am Morning Greetings 10:00am Gardening 11:00am Walks and Talks (Preston) 2:00pm Bowling	17 8:30am Morning Greetings 9:15am Active Games 10:00am Resident Council - Preston 10:30am Pump It UP - PR 11:00am walks and Talks 11:00am Spirit Circle (Preston) - PLG 2:00pm Picnic at Courtyard	18 Spirit Day: Dress to Impress Day 8:30am Morning Greetings 10:00am Cooking in the Kitchen 11:00am Walks and Talks (Preston) 2:00pm June Birthday Party - BL 3:00pm One-on-one (Preston)	19 Juneteenth 8:30am Morning Greetings 9:30am Seated Exercise 10:30am Catholic Mass - PR 2:00pm Hilltop Walking Club	20 Summer Solstice 10:30am Pump it Up - PR 1:45pm Karaoke Dance Party & Ice Cream - GR	21 8:30am Morning Greetings 9:30am Active Games 11:00am Walks and Talks (Preston) 2:00pm Memorial Service 3:00pm One-on-one (Preston)
22 8:30am Morning Greetings 9:30am Manicures (Preston) 11:00am Walks and Talks (Preston) 1:45pm Movie 3:00pm One-on-one (Preston)	23 8:30am Morning Greetings 9:30am Seated Exercise 10:45am Music with Jen 2:00pm Dart Club	24 Spirit Day: Animal Day 8:30am Morning Greetings 9:45am Bingo 10:30am Pump It UP - PR 10:30am Zumba - PR 11:00am Portuguese Rosary - SR 2:00pm Strawberry Gnome Social - BL	25 Spirit Day: Pink Day	26 8:30am Morning Greetings 9:30am Seated Exercise 10:30am RC Liturgy of the Word or Communion - Blair 11:00am Walks and Talks (Preston) 12:00pm Diner's Club: Birthday Lunch 2:00pm Fruit shish kabob at courtyard 3:00pm Church Service With Chaplain Daria - BL	27 Spirit Day: Rainbow Day 9:45am Dancing with Upbeat Music 10:30am Pump it Up - PR 11:00am Walks and Talks (Preston) 2:00pm Ping pong ball toss 4:00pm Hand massage(Preston) 5:45pm Fresh Air (Preston)	28 
29	30 8:30am Morning Greetings 9:30am Seated Exercise (outside) 11:00am Walks and Talks (Preston) 2:00pm having smoothies at courtyard	<3 Pride Month <3 	! Seniors Month ! 			

PLG - Preston Lounge