

January 2025

PRESTON HOME AREA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 SPIRIT DAY: Pajama Day! 9:30am Pump it Up - PR	2 8:30am Morning Greetings 9:30am Seated Exercise 10:30am RC Liturgy of the Word or Communion - SR 11:00am Walks and Talks (Preston) 2:00pm Darts Club	3 10:00am Pump it Up - PR 1:45pm euchre club	4 8:30am Morning Greetings 9:30am Cooking in the Kitchen 11:00am Walk and Talk 1:30pm Manicures 3:00pm One-on-one (Preston)
5 8:30am Morning Greetings 9:30am Active Games 11:00am Walks and Talks (Preston) 1:00pm JW Meeting in Library 1:45pm One-on-one (Preston)	6 8:30am Morning Greetings 9:30am Seated Exercise 11:00am Walks and Talks (Preston) - PDR 2:00pm Bowling 3:00pm Anglican Communion Service	7 8:30am Morning Greetings 9:30am Winter Decorating 10:30am Pump It UP - PR 11:00am Walks and Talks (Preston) 1:45pm Hand Massage	8 8:30am Morning Greetings 9:30am Pump it Up - PR 10:00am Board Games (Blair) - BDR 11:00am Walk and Talk 2:00pm Darts Club	9 10:30am RC Liturgy of the Word or Communion - SR 2:00pm Bracelet making	10 10:00am Pump it Up - PR 11:00am Walk and Talk 2:00pm Play Basketball 4:00pm Active Games 5:30pm One-on-one (Preston)	11
12 1:00pm JW Meeting in Library 2:00pm Traveling Hot Apple Cider Cart	13 8:30am Morning Greetings 9:30am Creative Corner (Preston) 10:30am Music with Jen 11:00am Walks and Talks (Preston) - PDR 2:00pm Bingo	14 10:30am Pump It UP - PR	15 8:30am Morning Greetings 9:30am Pump it Up - PR 10:30am Resident Council 11:00am Walks and Talks (Preston) 2:00pm January Birthday Party	16 9:00am Morning Greetings 9:30am Seated Exercise 10:30am Catholic Mass - PR 11:00am Walk and Talk 2:00pm Bowling - PR	17 10:00am Outing: Butterfly Conservatory 10:00am Pump it Up - PR	18 8:30am Morning Greetings 9:30am Bingo 11:00am Walk and Talk 1:30pm Manicures
19 8:30am Morning Greetings 9:30am Active Games - ICTY 11:00am Walks and Talks (Preston) - PDR 1:00pm JW Meeting in Library 1:45pm Movie	20 8:30am Morning Greetings 9:30am Bracelet Making 11:00am Walks and Talks (Preston) 2:00pm Bowling	21 8:30am Morning Greetings 9:30am Creative Corner (Galt) 10:30am Pump It UP - PR 11:00am Walks and Talks (Preston) 1:45pm Hand Massage	22 8:30am Morning Greetings 9:30am Making Snowflakes - GDR 9:30am Pump it Up - PR 11:00am Walk and Talk 1:00pm Shopping Outing to Walmart	23 10:30am RC Liturgy of the Word or Communion - SR 2:00pm Robbie Burns Drop In!- Lobby	24 10:00am Pump it Up - PR 11:00am Walk and Talk 2:00pm Darts Club 4:00pm One-on-one (Preston) 5:45pm play cart	25
26 1:00pm JW Meeting in Library	27 8:30am Morning Greetings 9:30am Seated Exercise 10:30am Music with Jen 11:00am Walks and Talks (Preston) 2:00pm Bingo	28 10:30am Pump It UP - PR	29 8:30am Morning Greetings 9:30am Cooking in the Kitchen 9:30am Pump it Up - PR 11:00am Walks and Talks (Preston) - PDR 12:00pm Outing: Birthday Lunch 2:00pm Play Cart	30 8:30am Morning Greetings 9:30am Active Games 10:30am RC Liturgy of the Word or Communion - SR 11:00am Walk and Talk 2:00pm play Basketball	31 10:00am Pump it Up - PR	

BDR - Blair Dining Room

GDR - Galt Dining Room

ICTY - Inner Courtyard

PDR - Preston Dining Room