

January 2025

GALT HOME AREA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 SPiRiT DAY: Pajama Day! 8:30am Morning Greetings 9:30am Winter Coloring 10:45am Pump it Up 11:00am Walks and Talks (Galt) 1:45pm Movie Time	2 8:30am Morning Greetings 9:30am Seated Exercise & Play frisbee 10:30am RC Liturgy of the Word or Communion - SR 11:00am Walks and Talks (Galt) 2:00pm Darts Club	3 8:30am Morning Greetings 9:30am Hand Massage and Manicures 10:30am Pump it Up 11:00am Walks and Talks (Galt) 1:45pm Euchre Club	4
5 1:00pm JW Meeting in Library	6 11:00am Walks and Talks (Galt) 2:00pm Bowling 3:00pm Anglican Communion Service 4:00pm puzzles & Coloring 6:00pm Music Requests	7 8:30am Morning Greetings 9:30am Winter Decorating 10:30am Pump It Up 11:00am Spirit Circle (Speed River) 11:00am Walks and Talks (Galt) 1:45pm Euchre Club - SR	8 8:30am Morning Greetings 9:30am Cooking in the Kitchen 10:00am Music with Jen 10:45am Pump it Up 11:00am Walks and Talks (Galt) 2:00pm Darts Club	9 8:30am Morning Greetings 9:30am Seated Exercise 10:30am RC Liturgy of the Word or Communion - SR 11:00am Walks and Talks (Galt) 2:00pm Bracelet making	10 8:30am Morning Greetings 9:30am Zen Colouring 10:30am Pump it Up 11:00am Walks and Talks (Galt) 2:00pm Play Basketball	11 1:45pm Euchre Club - SR
12 1:00pm JW Meeting in Library 2:00pm Traveling Hot Apple Cider Cart	13 8:30am Morning Greetings 9:30am Seated Exercise 11:00am Walks and Talks (Galt) 2:00pm Bingo	14 8:30am Morning Greetings 9:30am Hand Massage and Manicures 10:30am Pump It Up 11:00am Walks and Talks (Galt) 1:45pm Euchre Club - SR	15 8:30am Morning Greetings 9:30am Travelogue 10:30am Resident Council 10:45am Pump it Up 11:00am Walks and Talks (Galt) 2:00pm January Birthday Party	16 8:30am Morning Greetings 9:30am Seated Exercise 10:30am Catholic Mass - PR 11:00am Walks and Talks (Galt) 2:00pm Bowling - PR	17 8:30am Morning Greetings 9:30am One-on-one (Galt) 10:00am Outing: Butterfly Conservatory 10:30am Pump it Up 11:00am Walks and Talks (Galt) 2:00pm Play Backgammon	18 1:45pm Euchre Club - SR
19 1:00pm JW Meeting in Library	20 11:00am Walks and Talks (Galt) 2:00pm Bowling 5:00pm MOVIE NIGHT 6:00pm Play Backgammon	21 8:30am Morning Greetings 9:30am Creative Corner (Galt) 10:30am Pump It Up 11:00am Walks and Talks (Galt) 1:45pm Euchre Club - SR	22 8:30am Morning Greetings 9:30am Making Snowflakes - GDR 10:00am Music with Jen 10:45am Pump it Up 11:00am Walks and Talks (Galt) 1:00pm Shopping Outing to Walmart	23 8:30am Morning Greetings 9:30am Seated Exercise 10:30am RC Liturgy of the Word or Communion - SR 11:00am Walks and Talks (Galt) 2:00pm Robbie Burns Drop In!- Lobby	24 8:30am Morning Greetings 9:30am puzzles & Coloring 10:30am Pump it Up 11:00am Walks and Talks (Galt) 2:00pm Darts Club	25 1:45pm Euchre Club - SR
26 1:00pm JW Meeting in Library	27 8:30am Morning Greetings 9:00am Seated Exercise 11:00am Walks and Talks (Galt) 2:00pm Bingo	28 8:30am Morning Greetings 9:30am Creative Corner (Galt) 10:30am Pump It Up 11:00am Walks and Talks (Galt) 1:45pm Euchre Club - SR	29 8:30am Morning Greetings 9:30am Cooking in the Kitchen 10:45am Pump it Up 11:00am Walks and Talks (Galt) 12:00pm Outing: Birthday Lunch	30 8:30am Morning Greetings 9:30am Seated Exercise 10:30am RC Liturgy of the Word or Communion - SR 11:00am Walks and Talks (Galt) 2:00pm play Basketball	31 8:30am Morning Greetings 9:30am Hand Massage and Manicures 10:30am Pump it Up 11:00am Walks and Talks (Galt) 2:00pm One-on-one (Galt)	