

January 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Happy New Year! 10:00am Tea & Toast - MDR 2:00pm Karaoke - NL 3:15pm 1:1's - TC 	2 9:15am Get Energized - MDR 10:00am Active Games - NL 1:15pm Healing Hands - TC 2:00pm Hang Man - NL 2:45pm Name That Tune - NL 3:00pm EZ Does it- Random Trivia - NL 5:00pm Music With Krystina - MDR 6:00pm 1:1's - TC	3 9:30am Hang Man - NL 10:30am Undeck the halls! - TC 1:15pm Exercise with Dviti - NL 2:00pm Movie and Munchies - NL 3:45pm 1:1's - TC 6:30pm Bean Bag Toss - NL	4 9:30am Daily Chronicles - NL 10:30am Bocchia Ball - NL 2:00pm Bingo - MDR 3:30pm 1:1's - TC
5 9:30am EZ Does it- Random Trivia - NL 10:30am Frisbee Toss - NL 2:00pm Hymn Sing - NL 3:30pm Hand Massages - TC 	6 9:15am Movement Matters - NL 9:30am Undeck the Halls! - TC 2:00pm Music Trivia - NL 3:00pm Tuck Cart - 6:30pm Bowling - NL 	7 9:15am Pump it Up! - NL 10:00am Word Fun - NWRR 10:45am Music Group with Krystina - NL 1:15pm Healing Hands - TC 2:00pm Bingo - MDR 3:30pm 1:1's - TC	8 Recreation Meeting 10:00am Discussion Group - SDR 10:45am Montessori - TC 1:15pm Exercise with Dviti - NL	9 9:15am Get Energized - MDR 9:45am Active Games - NL 10:45am Montessori - TC 2:00pm Sing Along - NL 3:30pm Whiteboard Pictionary - NL 4:20pm 1:1's - TC 5:00pm Music With Krystina - MDR 6:30pm Ladder Ball - TC	10 10:00am Hand Massages - TC 2:00pm Movie and Munchies - NL 3:45pm Daily Chronicles - NL 6:30pm Bean Bag Toss - NL	11 9:15am 1:1's - TC 10:00am Balloon Volleyball - NL 2:00pm Bingo - MDR 3:15pm Trivia - NL
12 9:45am Dance Club - NL 10:45am Armchair Travel - NL 2:00pm Hymn Sing - NL 3:15pm 1:1's - SWRR	13 9:15am Movement Matters - NL 2:00pm Weird History - NL 3:00pm Tuck Cart - 6:30pm Bowling - NL 	14 9:15am Pump it Up! - NL 10:45am Music Group with Krystina - NL 1:15pm Healing Hands - TC 2:00pm Rock 'n' Roll Trivia - NL 3:00pm Lawn Darts- indoor - NL 6:30pm Community Bingo - MDR	15 9:45am Spa Day! - SDR 1:15pm Exercise with Dviti - NL 2:00pm Spa Day! - SDR 3:00pm Trivia- True or False! - NL 6:30pm 1:1's - TC 	16 9:15am Get Energized - MDR 9:45am Word Fun - NL 2:00pm 1:1's - TC 2:00pm Creative Corner - SDR 3:30pm Ladder Ball - NL 5:00pm Music With Krystina - MDR 6:00pm Tattoo Night, Rock & Roll - SDR	17 10:00am Residents Council - SDR 2:00pm Movie and Munchies - NL 3:00pm 1:1's - SWRR 6:30pm Karaoke - NL 	18 9:30am Daily Chronicles - NL 10:30am Frisbee Toss - NL 2:00pm Bingo - MDR 3:30pm Scrapbooking - SL
19 9:30am Alice's Adventures in Wonderland Trivia - NL 10:30am Bocchia Ball - NL 2:00pm Hymn Sing - NL 3:30pm 1:1's - TC	20 9:15am Movement Matters - NL 2:00pm Snow Jokes - NL 3:00pm Tuck Cart - 6:30pm Entertainment with Brent Meidinger - MDR	21 9:15am Pump it Up! - NL 9:45am Hang Man - NL 10:45am Music Group with Krystina - NL 1:15pm Healing Hands - TC 2:00pm Bingo - MDR	22 9:45am Active Games - NL 10:45am Montessori - TC 1:15pm Exercise with Dviti - NL 2:00pm Birthday Party with Terry Carter - MDR 6:30pm Bowling - NL 	23 9:15am Get Energized - MDR 2:00pm 1:1's - TC 2:00pm Sing Along - NL 3:00pm Balloon badminton - NL 3:15pm 1:1's - TC 5:00pm Music With Krystina - MDR 6:30pm Pool Noodle Fishing!! - TC	24 2:00pm Movie and Munchies - NL 3:45pm Daily Chronicles - NL 6:30pm Bean Bag Toss - NL	25 9:30am Art & Crafts - TC 10:45am 1:1's - TC 2:00pm Bingo - MDR
26 9:45am Dance Club - NL 10:45am Armchair Travel - NL 2:00pm Hymn Sing - NL 3:15pm 1:1's - TC	27 9:15am Movement Matters - NL 2:00pm Weird History - NL 3:00pm Tuck Cart - 6:30pm Bowling - NL 	28 9:15am Pump it Up! - NL 9:45am Daily Chronicles - NL 10:45am Ladder Ball - NL 10:45am Music Group with Krystina - NL 1:15pm Healing Hands - TC 2:00pm Bingo - MDR	29 9:45am Active Games - NL 10:45am Montessori - TC 1:15pm Exercise with Dviti - NL 2:00pm Memorial Service - NL 5:00pm Diners Club - NL 6:30pm Conway Twitty Live in Concert on TV - NL	30 Wear Blue for Alzheimer's 9:15am Get Energized - MDR 9:45am Word Fun - NL 10:45am 1:1's - SWRR 2:30pm Suncatchers craft - TC 5:00pm Music With Krystina - MDR 6:30pm 1:1's - TC	31 10:00am Reading 1:1 - TC 2:00pm Movie and Munchies - NL 3:15pm Cleaning eye glasses - TC 6:30pm Karaoke - NL	

MDR - Main Dining Room NL - North Lounge NWRR - Resident Room for 1-1 scoring SDR - Small Dining Room
 SL - South Lounge SWRR - Resident Room for 1-1 scoring TC - Travelling Carts

Pam, Breeilyn, Megan and Kristen are your recreation staff team. All programs are subject to change.