

Tammy and Emily are your Recreation Coordinators, please reach out if you have any questions or program ideas

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|--|---|---|
| | | | | | | 1 2 9:45am Mindful Moments - HDH 11:00am Finish The Phrase - HDH 1:00pm Spa Visits - Resi Walk to Grocery Store - OUT 2:00pm Board Games - HDH 3:00pm Sensory Station - HDH 6:15pm Monthly Gazette - HDH 6:45pm Movie Night - Loun |
| 3 Daylight Saving Time Ends 1:00pm Spiritual Elder Care Church Service - HDH 2:15pm Church Service with East Zorra Mennonite - Chap 3:00pm Sensory Station - HDH 6:15pm Fall Bingo - HDH | 4 9:30am Pump it Up! - HDH 1:00pm Crafters Corner - HDH 2:00pm Spa Visits - Resi 2:30pm Classic Country with Monique - SDH 3:00pm Sensory Station - HDH 6:15pm Short Stories - HDH | 5 9:45am Book Club - HDH 11:00am Walk and Talks - Resi 1:30pm Active Games - HDH 3:00pm Sensory Station - HDH | 6 9:45am In The News - HDH 11:00am Person, Place or Thing? - HDH 12:45pm Wiser Now Wednesday - HDH 1:15pm Pump it Up! - HDH 1:30pm Excursion to Stratford Mall - OUT 2:00pm Baking - Chocolate Chip Cookies - HDH 2:30pm Bingo - WDH 3:00pm Sensory Station - HDH 6:15pm Sing-A-Longs - HDH | 7 9:45am Colouring - HDH 10:30am Finish The Phrase - HDH 11:00am Visits - Resi 1:00pm Junk Draw Detectives - HDH 2:00pm Chocolate Chip Cookie Social - HDH 3:00pm Sensory Station - HDH 6:15pm Keep On Rockin' - HDH | 8 9:30am Pump it Up! - HDH 1:00pm Can You Picture This - HDH Walk to Grocery Store - OUT 2:00pm Board Games - HDH 3:00pm Sensory Station - HDH 6:15pm Movie Night - Loun | 9 9:45am National Geographic - Loun 10:30am Travelogue - HDH 11:00am Walk and Talks - Resi 1:30pm Spa Visits - Resi 2:30pm Entertainment with Les - WDH 3:00pm Sensory Station - HDH |
| 10 9:45am Spiritual Elder Care Church Service - HDH 10:30am EZ Does It Trivia - HDH 11:00am Visits - Resi 1:30pm Colouring - Loun 3:00pm Sensory Station - HDH | 11 Remembrance Day 9:45am Crafters Corner - HDH 10:45am Who Am I? - HDH 11:00am Moment of Silence 12:45pm Short Stories - HDH 1:15pm Pump it Up! - HDH 1:30pm Music with Conn - HDH 1:30pm Visits - Resi 3:00pm Sensory Station - HDH 6:15pm Changes Through the Ages - HDH | 12 9:45am Book Club - HDH 11:00am Walk and Talks - Resi 1:30pm Active Games - HDH 2:00pm Welcome Tea - Chap 3:00pm Sensory Station - HDH | 13 Deck the Halls will Begin 9:45am In The News - HDH 10:00am Tales with the Tots - Chap 11:00am Person, Place or Thing? - HDH 1:15pm Pump it Up! - HDH 1:30pm Visits - Resi 2:30pm Bingo - WDH 3:00pm Sensory Station - HDH | 14 9:30am Christmas Decorating - HDH 10:30am Sing-A-Longs - HDH 11:00am Visits - Resi 1:30pm Trip to Gilly's Pub (Stratford) - OUT 2:00pm Music with Jenn - HDH | 15 9:45am Mindful Moments - HDH 11:00am Finish The Phrase - HDH 1:00pm 1-1 Reminiscing - HDH 1:15pm Pump it Up! - HDH Walk to Grocery Store - OUT 2:00pm Colouring - HDH 2:30pm Resident Council - Chap 3:00pm Sensory Station - HDH 6:15pm Movie Night - Loun | 16 1:00pm Board Games - HDH 2:00pm Walk and Talks - Resi 2:30pm Bingo - WDH 3:00pm Sensory Station - HDH 6:15pm Sports Bloopers - Loun |
| 17 1:00pm Spiritual Elder Care Church Service - HDH 2:15pm Church Service with Grace United - Chap 3:00pm Sensory Station - HDH 6:15pm Picture Bingo - HDH | 18 9:30am Pump it Up! - HDH 1:00pm Crafters Corner - HDH 2:00pm Spa Visits - Resi 2:30pm Entertainment with Brent - SDH 3:00pm Sensory Station - HDH 6:15pm Short Stories - HDH | 19 9:45am Book Club - HDH 11:00am Walk and Talks - Resi 1:30pm Active Games - HDH 2:00pm Welcome Tea - Chap 3:00pm Sensory Station - HDH | 20 9:45am In The News - HDH 11:00am Person, Place or Thing? - HDH 12:45pm Wiser Now Wednesday - HDH 1:15pm Pump it Up! - HDH 2:00pm Baking - PB Fudge - HDH 2:30pm Bingo - WDH 3:00pm Sensory Station - HDH 6:15pm Paint Night - HDH | 21 9:45am Colouring - HDH 10:30am Finish The Phrase - HDH 11:00am Visits - Resi 1:00pm Junk Draw Detectives - HDH 1:30pm Excursion to Mikes Bowling Lanes - OUT 2:00pm Listening to Jukebox Tunes - HDH 3:00pm Sensory Station - HDH 6:15pm Name That Tune - HDH | 22 9:30am Pump it Up! - HDH 1:00pm Can You Picture This? - HDH Walk to Grocery Store - OUT 2:00pm Fall Reminiscence - HDH 3:00pm Sensory Station - HDH 6:15pm Movie Night - Loun | 23 9:45am National Geographic - Loun 11:00am Walk and Talks - Resi 1:30pm Spa Visits - Resi 2:30pm Bingo - WDH 3:00pm Sensory Station - HDH |
| 24 9:45am Spiritual Elder Care Church Service - HDH 10:30am Who, What, Where am I - HDH 11:00am Visits - Resi 1:30pm The Price Is Right - Loun 2:00pm Word Games - HDH 3:00pm Sensory Station - HDH | 25 9:45am Crafters Corner - HDH 11:00am Who Am I? - HDH 1:00pm Short Stories - HDH 1:15pm Pump it Up! - HDH 2:00pm Games Day Social - HDH 2:30pm Entertainment with Shakey D - SDH 3:00pm Sensory Station - HDH 6:15pm Golden Oldies - HDH | 26 9:45am Book Club - HDH 11:00am Walk and Talks - Resi 1:30pm Active Games - HDH 2:00pm Welcome Tea - Chap 3:00pm Sensory Station - HDH | 27 9:45am In The News - HDH 11:00am Person, Place or Thing? - HDH 1:15pm Pump it Up! - HDH 1:30pm Visits - Resi 2:30pm Bingo - WDH 3:00pm Sensory Station - HDH | 28 9:45am Colouring - HDH 10:30am Spa Visits - Resi 11:00am Visits - Resi 1:30pm Short Stories - HDH 2:00pm Music with Jenn - HDH 3:00pm Sensory Station - HDH | 29 9:45am Mindful Moments - HDH 11:00am Finish The Phrase - HDH 12:00pm Birthday Lunch at Quehls - OUT 1:15pm Pump it Up! - HDH Walk to Grocery Store - OUT 2:00pm Crazy Hat Making - HDH 3:00pm Sensory Station - HDH 6:15pm Movie Night - Loun | 30 1:00pm Board Games - HDH 2:00pm Walk and Talks - Resi 2:30pm Bingo - WDH 3:00pm Sensory Station - HDH 6:15pm Trivia - HDH |

Chap - Chapel
 Resi - Resident Room
 HDH - Dining Hall
 SDH - Sebastopol Dining Hall
 HDH - Hope Street Dining Hall
 WDH - Williams Way Dining Hall

Loun - Lounge
 OUT - Excursions