

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	NOVEMBER			2024		
					1	2
					8:30 Coffee Chat w/ GM (SC) 10:30 Seated Fitness (SBL) 11:00 Fitness w/ Christine (FS) 2:00 Bingo (GR) 3:00 Happy Hour (BFP) 7:15 Classic Movie Night (GT)	9:00 Saturday Chronicles (RD) 10:30 Seated Noodle Volleyball (SBL) 11:00 Name 5 (WL) 1:30 Table Activities (SBL) 2:30 Giant Connect 4 (WL) 3:00 Bible Study w/ Lynda (SBL) 3:30 Reading w/ Sofie (WL) 6:30 Euchre & Board Games Night (GR)
3	4	5	6	7	8	9
9:00 Hymn Sing (SBL) 9:30 Livestream Church (GT) 10:00 St. John Ambulance Therapy Dog Visits w/ Janet & Tilly (WL) 10:30 Parachuting (SBL) 11:00 Trivia (WL) 1:30 Corn Hole (WL) 2:30 Paint by Numbers w/ Marriane & Aryan (GR) 4:00 Scripture Readings (SBL) 5:00 Prayer Box (RD) DAYLIGHT SAVING TIME ENDS	Manicure Monday* 8:30 Coffee Chat w/ GM (SC) 10:30 Musical Entertainment w/ Nicole Tan (RL) 1:30 Table Activities (SBL) 2:00 Bingo (GR) 3:00 Happy Hour (BFP) 6:00 Word Mining (RD) 6:30 Euchre & Games Night (GR)	8:30 Coffee Chat w/ GM (SC) 10:00 Walmart* (ME) 11:00 What Am I (RD) 1:45 VON Smart Fitness (FS) 2:00 Blood Pressure Clinic* (NS) 3:00 Euchre & Board Games (GR) 7:15 Movie Night (GT)	8:30 Coffee Chat w/ GM (SC) 10:30 Presentation w/ CNIB (GT) 2:00 Tuck Shop (TS) 3:00 Knitting Group (WL) 3:00 Cocktail Hour (SC) 6:00 Word Search Wednesday (RD) 6:30 Visits w/ Gracie (WL)	8:30 Coffee Chat w/ GM (SC) 10:00 Sherwood Forest Mall* (ME) 11:00 Table Talk (SC) 1:45 SMART Fitness w/ VON (FS) 2:30 Musical Entertainment w/ Craig Hancock (RL) 3:00 Euchre & Board Games (GR) 3:45 Travelogue: A Coruna, Spain (GT) 7:00-8:30 Horton Street 50+ Wine & Cheese Night (BFP) 7:15 Netflix Series Night: Young Sheldon (GT)	8:30 Coffee Chat w/ GM (SC) 10:30 Seated Fitness (SBL) 11:00 Fitness w/ Christine (FS) 2:00 Bingo (GR) 3:00 Happy Hour (BFP) 7:15 Classic Movie Night (GT)	9:00 Saturday Chronicles (RD) 10:00 Golf Darts (WL) 11:00 November IQ (RD) 2:00 Musical Entertainment w/ Roger (WL) 3:30 Reading w/ Sofie (WL) 4:00 Guess How Many (FD) 6:30 Euchre & Board Games Night (GR)

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 TS- TUCK SHOP, R/R- ROOM TO ROOM, CY- COURTYARD, RD- RECREATION DESK, ME- MAIN ENTRANCE, SC- SUNNINGDALE CAFÉ
SECOND FLOOR SBL- STONYBROOK LOUNGE, NS- NURSING STATION
LOWER LEVEL BFP- BLACKFRIARS PUB, GT- GRAND THEATRE, FS- FITNESS STUDIO

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 9:00 Hymn Sing (SBL) 9:30 Livestream Church (GT) 10:00 St. John Ambulance Therapy Dog Visits w/ Janet & Tilly (R/R)) 11:00 Who Am I (FD) 2:00 Words Within (WL) 2:30 Carpet Bowling w/ Marriane & Aryan T. (GR) 4:00 Scripture Readings (SBL) 5:00 Prayer Box (RD) 6:30 Resident Hymn Sing (RL)	11 Manicure Monday* 8:30 Coffee Chat w/ GM (SC) 10:30 Remembrance Day Service w/ Reverend Doctor Allan Miller (GT) 2:00 Bingo (GR) 3:00 Happy Hour (BFP) 6:00 Word Mining (RD) 6:30 Euchre & Games Night (GR) REMEMBRANCE DAY	12 8:30 Coffee Chat w/ GM (SC) 9:30 St. John Ambulance Therapy Dog Visits w/ Erin & Islay (R/R) 10:15 Seated Fitness (SBL) 11:00 Lunch Outing: Swiss Chalet* (ME) 1:45 SMART Fitness w/ VON (FS) 2:30 Chicken Soup for the Soul (Chicken Noodle Soup Served) (WL) 3:00 Euchre & Board Games (GR) 7:15 Movie Night (GT)	13 8:30 Coffee Chat w/ GM (SC) 10:00 Hear Well Be Well (WL)* 10:30 Fitness w/ Christine (FS) 2:00 Tuck Shop (TS) 2:30 Musical Entertainment w/ Justin Maki (WL) 3:00 Knitting Group (WL) 3:00 Cocktail Hour (SC) 6:00 Word Search Wednesday (RD) WORLD KINDNESS DAY	14 8:30 Coffee Chat w/ GM (SC) 10:30 Seated Fitness (SBL) 11:00 Recreation Meeting (GR) 1:45 VON Smart Fitness (FS) 2:00 Cherryhill Mall * (ME)* 3:00 Living Your Best Life... The Retirement Residence Choice (GT) 3:00 Euchre & Board Games (GR) 3:45 Travelogue: Geelong, Australia (GT) 7:15 Netflix Series Night: Young Sheldon (GT)	15 8:30 Coffee Chat w/ GM (SC) 10:30 Fitness w/ Christine (FS) 11:00 Plinko Points (FD) 2:00 Bingo (GR) 3:00 Happy Hour (BFP) 7:15 Classic Movie Night (GT)	16 9:00 Saturday Chronicles (RD) 10:30 Seated Noodle Volleyball (SBL) 11:00 DIY: Holiday Enjoy MINTS (GR) 2:00 Carpet Bowling (WL) 3:00 Bible Study w/ Lynda (SBL) 3:30 Reading w/ Sofie (WL) 6:30 Euchre & Board Games Night (GR)
17 8:00-1:00 Brunch 9:00 Hymn Sing (SBL) 9:30 Livestream Church (GT) 10:00 St. John Ambulance Therapy Dog Visits w/ Janet & Tilly (R/R) 10:30 Parachuting (SBL) 11:00 Think Fast (WL) 1:30 Ring Toss (SBL) 2:30 DIY: Christmas Gift Tags: w/ Marriane & Aryan T. (GR) 4:00 Scripture Readings (SBL) 5:00 Prayer Box (RD)	18 Manicure Monday* 8:30 Coffee Chat w/ GM (SC) 10:00 Intergenerational Program w/ Fox Hollow Family Centre (GR) 11:00 Book Club (WL) 2:00 Bingo (GR) 3:00 Happy Hour (BFP) 6:00 Word Mining (RD) 6:30 Euchre & Games Night (GR) 7:00 Musical Entertainment w/ Lost at C (WL)	19 8:30 Coffee Chat w/ GM (SC) 9:30 St. John Ambulance Therapy Dog Visits w/ Erin & Islay (R/R) 10:30 Seated Fitness (SBL) 11:00 Christmas Dining Room Center Pieces (GR) 1:45 SMART Fitness w/ VON (FS) 2:30 November Birthday Celebration (SC) 3:00 Euchre & Board Games (GR) 7:15 Movie Night (GT)	20 8:30 Coffee Chat w/ GM (SC) 10:30 Seated Fitness (SBL) 11:00 Food Meeting (BFP) 2:00 Tuck Shop (TS) 3:00 Knitting Group (WL) 3:00 Cocktail Hour (SC) 6:00 Word Search Wednesday (RD) 6:30 Visits w/ Gracie (WL)	21 8:30 Coffee Chat w/ GM (SC) 10:00 Giant Tiger/ Dollar Tree* (ME) 10:30 Seated Noodle Volleyball (SBL) 11:00 Family Feud (WL) 1:45 SMART Fitness w/ VON (FS) 2:30 Build a House (WL) 3:00 Euchre & Board Games (GR) 3:45 Travelogue: Paphos, Cyprus (GT) 5:00 Business After 5 Meeting (SC & WL) 7:15 Netflix Series Night: Young Sheldon (GT)	22 8:30 Coffee Chat w/ GM (SC) 10:00 Country Drive* (ME) 10:30 Fitness w/ Christine (FS) 2:00 Bingo (GR) 3:00 Happy Hour (BFP) 7:15 Classic Movie Night (GT) NATIONAL GO FOR A RIDE DAY	23 9:00 Hyde Park Santa Claus Parade* (ME) 10:00 Saturday Chronicles (RD) 11:00 Interactive White Board (SC) 2:00 Musical Entertainment w/ Dixie 5 & Friends (WL) 3:30 Reading w/ Sofie (WL) 4:00 Mini Putt (WL) 6:30 Euchre & Board Games Night (GR)
24 9:00 Hymn Sing (SBL) 9:30 Livestream Church (GT) 10:00 St. John Ambulance Therapy Dog Visits w/ Janet & Tilly (R/R) 11:00 Win Wheel (FD) 2:00 DIY: Christmas Card Making w/ Marriane & Aryan (GR) 3:00 Gateway Church Service (RL) 5:00 Prayer Box (RD) 6:30 Resident Hymn Sing (RL)	25 Manicure Monday* 8:30 Coffee Chat w/ GM (SC) 10:30 Seated Fitness (SBL) 11:00 Jeopardy (WL) 2:00 Bingo (GR) 3:00 Happy Hour (BFP) 6:00 Word Mining (RD) 6:30 Euchre & Games Night (GR)	26 8:30 Coffee Chat w/ GM (SC) 9:30 St. John Ambulance Therapy Dog Visits w/ Erin & Islay (R/R) 10:30 Seated Fitness (SBL) 11:00 Giant Scrabble (WL) 1:45 SMART Fitness w/ VON (FS) 2:30 Hot Coca Bar (SC) 3:00 Euchre & Board Games (GR) 7:15 Movie Night (GT)	27 8:30 Coffee Chat w/ GM (SC) 10:30 Seated Fitness (SBL) 11:00 Fitness w/ Christine (FS) 2:00 Tuck Shop (TS) 2:30 Musical Entertainment w/ Craig Hancock (RL) 3:00 Knitting Group (WL) 3:00 Cocktail Hour (SC) 4:00 Town Hall Meeting (SC) 6:00 Word Search Wednesday (RD)	28 8:30 Coffee Chat w/ GM (SC) 10:30 Eldon House Presentation: Victorian Christmas (GT) 1:45 VON Smart Fitness (FS) 2:00 Masonville Mall* (ME) 3:00 Euchre & Board Games (GR) 3:45 Travelogue: Granville, France (GT) 7:15 Netflix Series Night: Young Sheldon (GT) NATIONAL FRENCH TOAST DAY	29 8:30 Coffee Chat w/ GM (SC) 10:30 Seated Fitness (SBL) 11:00 Fitness w/ Christine (FS) 2:00 Black Friday Bingo (GR) 3:00 Happy Hour (BFP) 7:15 Classic Movie Night (GT)	30 9:00 Saturday Chronicles (RD) 10:30 Morning Stretches (SBL) 11:00 Jingle Bell Toss (WL) 1:30 Table Activities (SBL) 2:30 Chicken Soup for the Soul: Christmas Edition (WL) 3:00 Bible Study w/ Lynda (SBL) 3:30 Reading w/ Sofie (WL) 6:30 Euchre & Board Games Night (GR)

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