

 $\frac{1238 \; Oakcrossing \; Road}{London, \; ON} \; | \; 519\text{-}641\text{-}3131 \; | \; www.people care.ca$





This months Inspiration

BE THANKFUL FOR WHAT YOU HAVE AND
YOU'LL END UP HAVING MORE.
IF YOU CONCENTRATE ON WHAT YOU DON'T
HAVE, YOU WILL NEVER, EVER HAVE ENOUGH.

-OPRAH WINFREY



A Message from Our General Manager

Dear Residents and Families,

As we step into this exciting new month of changing leaves and crisp fall air, I want to take a moment to express my gratitude for the wonderful sense of community we share here at Oakcrossing Retirement. It is truly heartwarming to witness the kindness, support, and friendship that flourishes among our residents and staff. This month, we have some exciting activities and events planned, and I encourage everyone to participate. You can find our events in the calendar or keep reading on to find the highlights of this month! Your well-being and happiness are our top priorities, and we are committed to making this home a place of comfort, joy, and connection.

Warm Regards,

Heather Grey *General Manager*





Town Hall Meeting
Wednesday October 30th
4:00pm
Sunningdale Cafe

Food Meeting
Wednesday October 23rd
11:00am
Blackfriars Pub



IPAC Corner

As we quickly approach the cooler fall weather, we also quickly approach respiratory season. Which makes it time to remind all families and friends of our residents about the importance of the team effort that it takes to keep residents and staff safe and healthy. As always, we are working hard to maintain an exceptional level of infection prevention and control. A part of our IPAC measures includes encouragement of vaccination for all our residents, staff, families and visitors to Oakcrossing Retirement.

Older adults are at a higher risk for complications from Influenza, RSV and COVID infections. This is why it is extremely important for everyone to be protected from seasonal infections.

Washing hands often with soap and water or alcohol based hand sanitizer is another great way to ensure we are staying safe against harmful bacteria and viruses.

Masking in the home, coughing and sneezing into tissues or your sleeve are also ways to prevent the spread of infection in our home.

Keep up to date with all things IPAC in the newsletters and in the home!

Birthdays

Orene M. • October 8th

Carol F. October 15th

Bill H. Cotober 16th

Dolly H. October 17th

Bill Y. October 19th

Jacquie R. October 23rd

Lloyd S. • October 25th

Libby M. Cotober 28th



Socials

October 5th Oktoberfest Social

October 10th Pumpkin Spice Cafe

October 15th
Oakcrossings
7th Anniversary Celebration

October 22nd October Birthday Celebration

> October 31st Halloween Social

Leadership Team Contact Info

General Manager, Heather.....ext. 722 Office Manager, *Lyuba....*ext. 721 Director of Health & Wellness. Sue.....ext. 741 Assistant Director of Health & Wellness. Chelsey.....ext. 801 Director of Community Relations, Shelby.....ext. 723 Director of Lifestyle & Leisure, Flavia.....ext. 701 Director of Environmental Services. Will.....ext. 810 Dining Room Supervisor, Monica.....ext. 821 **Building Service Coordinator,** Raja.....ext. 810

This Months Events

Wednesday October 2nd Musical Entertainment with Nelson Powell

Saturday October l2th Musical Entertainment with Craig Hancock

Tuesday October l5th Musical Entertainment with Jude Coyle

Saturday October 26th Musical Entertainment with Marie Bottrell

Thursday October 31st Musical Entertainment with Dan Clahne





Last Month's Memories

















October Word Search

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