

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OCT	OBER	1	2	3	4	5
2024		8:30 Coffee Chat w/ GM (SC) 9:30 St. John Ambulance Therapy Dog Visits w/ Erin & Islay (R/R) 10:30 Seated Fitness (SBL) 11:00 Giant Scrabble (WL) 1:45 VON Smart Fitness (FS) 2:00 Blood Pressure Clinic* (NS) 2:30 Stein Holding Competition (SC) 3:00 Euchre & Board Games (GR) 6:45 Movie Night (GT)	8:00 Age Friendly London Conference* (ME) 8:30 Coffee Chat w/ GM (SC) 10:30 Musical Entertainment w/ Nelson Powell (WL) 11:00 Wacky Words (RD) 2:00 Tuck Shop (TS) 3:00 Cocktail Hour (SC) 6:00 Word Search Wednesday (RD)	8:30 Coffee Chat w/ GM (SC) 10:30 Seated Fitness (SBL) 11:00 Recreation Meeting (GR) 1:45 VON Smart Fitness (FS) 2:00 Walmart* (ME) 2:30 Ghost Blaster Game (WL) 3:00 Euchre & Board Games (GR) 3:30 Travelogue: Munich, Germany (GT) 6:45 Netflix Series Night: Young Sheldon (GT)	8:30 Coffee Chat w/ GM (SC) 10:00 Oktoberfest Trivia (RD) 10:30 Seated Fitness (SBL) 11:00 Balance & Flexibility (FS) 1:30 Matinee: Resident's Choice (SBL) 2:00 Bingo (GR) 3:00 Happy Hour (BFP) 6:45 Classic Movie Night (GT)	9:00 Saturday Chronicles (RD) 10:30 Morning Meditation (SBL) 11:00 Words Within: Oktoberfest Edition (WL) 1:30 Giant Beer Pong (GR) 2:30 Oktoberfest Social (SC) 3:00 Bible Study w/ Lynda (SBL) 3:30 Reading w/ Sofie (WL) 6:30 Euchre & Board Games Night (GR)
6	7	8	9	10	11	12
9:00 Hymn Sing (SBL) 9:30 Livestream Church (GT) 10:00 St. John Ambulance Therapy Dog Visits w/ Janet & Tilly (WL) 10:30 Morning Stretches (SBL) 11:00 Name 5 (WL) 1:30 Karaoke w/ Sam (GT) 2:30 Paint by Numbers (GR) 4:00 Scripture Readings (SBL) 5:00 Prayer Box (FD)	Manicure Monday*	8:30 Coffee Chat w/ GM (SC) 9:30 St. John Ambulance Therapy Dog Visits w/ Erin & Islay (R/R) 10:30 Seated Fitness (FS) 11:00 Words Within (WL) 1:45 VON Smart Fitness (FS) 2:30 Bobbing for Apples (GR) 3:00 Euchre & Board Games (GR) 6:45 Movie Night (GT)	8:30 Coffee Chat w/ GM (SC) 10:00 Hear Well Be Well (WL)* 10:00 Tree Trunk Tour * (ME) 10:30 Seated Fitness (SBL) 11:00 Strength & Cardio (FS) 2:00 Tuck Shop (TS) 3:00 Cocktail Hour (SC) 6:00 Word Search Wednesday (RD) 6:30 Visits w/ Gracie (WL)	8:30 Coffee Chat w/ GM (SC) 10:00 Cherryhill Mall* (ME) 10:30 Seated Noodle Volleyball (SBL) 11:00 Talking Point (WL) 1:45 SMART Fitness w/ VON (FS) 2:30 Pumpkin Spice Café (SC) 3:00 Euchre & Board Games GR 3:30 Travelogue: Agadir, Morocco (GT) 6:45 Netflix Series Night: Young Sheldon (GT)	8:30 Coffee Chat w/ GM (SC) 10:00 Win Wheel (FD) 11:00 Thanksgiving Day Puzzles (RD) 1:30 Matinee: Resident's Choice (SBL) 2:00 Acorn Bingo (GR) 3:00 Happy Hour w/ Heather (BFP) 6:45 Classic Movie Night (GT)	9:00 Saturday Chronicles (RD) 10:00 Mini Putt (WL) 11:00 October IQ (RD) 2:00 Musical Entertainment w/ Craig Hancock (RL) 3:30 Reading w/ Sofie (WL) 4:00 Guess How Many (FD) 6:30 Euchre & Board Games Night (GR)
13	14	15	16	17	18	19
9:00 Hymn Sing (SBL) 9:30 Livestream Church (GT) 10:00 St. John Ambulance Therapy Dog Visits w/ Janet & Tilly (R/R)) 11:00 Who Am I (FD) 2:00 Words Within (WL) 2:30 Falling Leaves Craft w/ Marriane & Aryan T. (GR) 4:00 Scripture Readings (SBL) 5:00 Prayer Box (FD) 6:30 Resident Hymn Sing (RL)	8:30 Coffee Chat w/ GM (SC) 10:30 Fitness Bingo (RD) 11:00 Pumpkin Corn Hole (WL) 1:30 Matinee: Resident's Choice (SBL) 2:00 Bingo (GR) 3:00 Happy Hour w/ Heather (BFP) 4:30 Thanksgiving Day Dinner (both seatings) 6:00 Word Mining (RD) 6:30 Euchre & Games Night (GR) THANKSGIVING DAY	8:30 Coffee Chat w/ GM (SC) 9:30 St. John Ambulance Therapy Dog Visits w/ Erin & Islay (R/R) 10:15 Seated Fitness (SBL) 11:00 Lunch Outing: Swiss Chalet* (ME) 1:45 SMART Fitness w/ VON (FS) 2:30 Musical Entertainment w/ Jude Coyle (WL) & Oakcrossings 7 th Anniversary Celebration (SC) 3:00 Euchre & Board Games (GR) 6:45 Movie Night (GT)	8:30 Coffee Chat w/ GM (SC) 10:30 Fitness w/ Christine (FS) 11:00 Corn Hole (SBL) 2:00 Tuck Shop (TS) 3:00 Cocktail Hour (SC) 6:00 Word Search Wednesday (RD)	8:30 Coffee Chat w/ GM (SC) 10:30 Seated Fitness (SBL) 11:00-3:00 Ruth's Fashions (WL) 11:15 Flicker Chicken (WL) 1:45 SMART Fitness w/ VON (FS) 2:00 Sherwood Forest Mall *(ME) 2:30 Build A House (SC) 3:00 Euchre & Board Games (GR) 3:30 Travelogue: The Netherlands (GT) 6:45 Netflix Series Night: Young Sheldon (GT)	8:30 Coffee Chat w/ GM (SC) 10:30 Seated Fitness (SBL) 11:00 Fitness w/ Christine (FS) 1:30 Matinee: Resident's Choice (SBL) 2:00 Bingo (GR) 3:00 Happy Hour (BFP) 6:45 Classic Movie Night (GT)	9:00 Saturday Chronicles (RD) 10:00 Morning Meditation (SBL) 11:00 Family Feud (WL) 2:00 Interactive White Board (SC) 3:00 Bible Study w/ Lynda (SBL) 3:30 Reading w/ Sofie (WL) 6:30 Euchre & Board Games Night (GR)

MAIN FLOOR FD- FRONT DESK, WL- WELLINGTON LOUNGE, QSK- QUEEN STREET KITCHEN, BL- BYRON LIBRARY, GR- GAMES ROOM, RL- RIVERBEND LOUNGE,
TS- TUCK SHOP, R/R- ROOM TO ROOM, CY- COURTYARD, RD- RECREATION DESK, ME- MAIN ENTRANCE, SC- SUNNINGDALE CAFÉ
SECOND FLOOR SBL- STONYBROOK LOUNGE, NS- NURSING STATION
LOWER LEVEL BFP- BLACKFRIARS PUB, GT- GRAND THEATRE, FS- FITNESS STUDIO

*** SIGN UP REQUIRED AT RECREATION DESK **COURTYARD ACTIVITIES & SOCIALS ARE WEATHER PERMITTING**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21	22	23	24	25	26
8:00-1:00 Brunch 9:00 Hymn Sing (SBL) 9:30 Livestream Church (GT) 10:00 St. John Ambulance Therapy Dog Visits w/ Janet & Tilly (R/R) 10:30 Parachuting (SBL) 11:00 Think Fast (SC) 1:30 Darts (WL) 2:30 Craft: Halloween Door Decor (GR) 4:00 Scripture Readings (SBL) 5:00 Prayer Box (FD)	Manicure Monday* 8:30 Coffee Chat w/ GM (SC) 10:00 Intergenerational Program w/ Fox Hollow Community Centre (GR) 11:00 Book Club (WL) 1:30 Table Activities (SBL) 2:00 Bingo (GR) 3:00 Happy Hour (BFP) 6:00 Word Mining (RD) 6:30 Euchre & Games Night (GR)	8:30 Coffee Chat w/ GM (SC) 9:30 St. John Ambulance Therapy Dog Visits w/ Erin & Islay (R/R) 10:00 Country Drive* (ME) 11:00 Tuesday Table Talk (SC) 1:45 SMART Fitness w/ VON (FS) 2:30 October Birthday Celebration (SC) 3:00 Euchre & Board Games (GR) 6:45 Movie Night (GT)	8:30 Coffee Chat w/ GM (SC) 10:30 Seated Fitness (SBL) 11:00 Food Meeting (BFP) 2:00 Tuck Shop (TS) 3:00 Cocktail Hour (SC) 6:00 Word Search Wednesday (RD) 6:30 Visits w/ Gracie (WL)	8:30 Coffee Chat w/ GM (SC) 10:30 Seated Fitness (SBL) 11:00 Believable or Batty? Game (WL) 1:45 SMART Fitness w/ VON (FS) 2:00 Beer, Bank and Shoppers Drug Mart Run* (ME) 2:30 Pumpkin Bowling (WL) 3:00 Euchre & Board Games (GR) 3:30 Travelogue: The 25 Best Countries to Visit in 2024 (GT) 6:45 Netflix Series Night: Young Sheldon (GT)	8:30 Coffee Chat w/ GM (SC) 10:30 Seated Fitness (SBL) 11:00 Fitness w/ Christine (FS) 1:30 Matinee: Resident's Choice (SBL) 2:00 Candy Corn Bingo (GR) 3:00 Happy Hour (BFP) 6:45 Classic Movie Night (GT)	9:00 Saturday Chronicles (RD) 10:00 What Am I? (FD) 10:30 Children's Halloween Party (BFP) 11:00 Guess How Many (FD) 2:00 Musical Entertainment w/ Marie Bottrell (WL) 3:30 Reading w/ Sofie (WL) 4:00 Tic Tac Putt (WL) 6:30 Euchre & Board Games Night (GR)
27	28	29	30	31		
9:00 Hymn Sing (SBL) 9:30 Livestream Church (GT) 10:00 St. John Ambulance Therapy Dog Visits w/ Janet & Tilly (R/R) 11:00 Words Within (WL) 2:00 Greeting Card Making w/ Marriane & Aryan (GR) 3:00 Gateway Church Service (RL) 5:00 Prayer Box (FD) 6:30 Resident Hymn Sing (RL)	Manicure Monday* 8:30 Coffee Chat w/ GM (SC) 10:30 Seated Fitness (SBL) 11:00 October Trivia Jeopardy (WL) 1:30 Table Activities (SBL) 2:00 Ghost Bingo (GR) 3:00 Happy Hour (BFP) 6:00 Word Mining (RD) 6:30 Euchre & Games Night (GR)	8:30 Coffee Chat w/ GM (SC) 9:30 St. John Ambulance Therapy Dog Visits w/ Erin & Islay (R/R) 10:00 Giant Tiger/ Dollar Tree* (ME) 11:00 Cranium Crunches (RD) 1:45 SMART Fitness w/ VON (FS) 2:30 Words Within: Halloween Edition (SC) 3:00 Euchre & Board Games (GR) 6:45 Movie Night (GT)	8:30 Coffee Chat w/ GM (SC) 10:30 Seated Fitness (SBL) 11:00 Fitness w/ Christine (FS) 12:15 Grand Theatre: As You Like It* (ME) 2:00 Tuck Shop (TS) 3:00 Cocktail Hour (SC) 4:00 Town Hall Meeting (SC) 6:00 Word Search Wednesday (RD)	8:30 Coffee Chat w/ GM (SC) 10:30 Seated Fitness (SBL) 11:00 Pumpkin Smash (2 nd floor balcony) 1:45 SMART Fitness w/ VON (FS) 2:30 Musical Entertainment w/ Dan Clahane & Halloween Social (RL & SC) 3:00 Euchre & Board Games (GR) 3:30 Travelogue: Halloween Town Tour (GT) 6:45 Netflix Series Night: Young Sheldon (GT)		
THE 7 DAYS OF HALLOWEEN	THE 7 DAYS OF HALLOWEEN	THE 7 DAYS OF HALLOWEEN	THE 7 DAYS OF HALLOWEEN	HALLOWEEN THE 7 DAYS OF HALLOWEEN	THE 7 DAYS OF HALLOWEEN	THE 7 DAYS OF HALLOWEEN

MAIN FLOOR FD- FRONT DESK, WL- WELLINGTON LOUNGE, QSK- QUEEN STREET KITCHEN, BL- BYRON LIBRARY, GR- GAMES ROOM, RL- RIVERBEND LOUNGE,
TS- TUCK SHOP, R/R- ROOM TO ROOM, CY- COURTYARD, RD- RECREATION DESK, ME- MAIN ENTRANCE, SC- SUNNINGDALE CAFÉ

SECOND FLOOR SBL- STONYBROOK LOUNGE, NS- NURSING STATION

LOWER LEVEL BFP- BLACKFRIARS PUB, GT- GRAND THEATRE, FS- FITNESS STUDIO

*** SIGN UP REQUIRED AT RECREATION DESK **COURTYARD ACTIVITIES & SOCIALS ARE WEATHER PERMITTING**