










# EASTWAY WALK

# September 2024

Programs & locations are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:15 Calendar Handout 11:00 Hymn Sing - GH 2:00 Reminiscing about Homework - 1EL 3:00 Creative Story Telling - September Picture - 1EL	2 <b>Labour Day</b> 9:45 Balloon Volleyball - 1DR 11:00 Sing-a-long - 1EL 2:00 Apple Cider Social - GH	3 Helping Hands- 1:1 2:00 Music Therapy Group w/ Chelsea - 1DR 3:00 Manicures - 1RR 6:00 Worlds Largest Skyscrapers - 1EL 	4 9:45 Music Throwback - 1EL 11:00 Balloon Volleyball - 1DR 2:00 Bingo - GH	5 9:45 Balloon Toss - 1EL 11:00 Short Story - Open House - 1EL 11:30 Retreat BBQ Lunch Outing (Sign Up) - OUT 2:00 Reminiscing - Back to School - 1EL 3:00 Nature Documentary - Whales - 1EL	6 11:15 Outdoor Walls - 1 RR 2:00 Colouring - 1DR 3:00 Travelogue: Fall Fair - 1EL 6:00 Short Stories - 1EL	7 9:45 Coffee & Tea Social - 1DR 11:00 Music Throwback - 1EL 2:00 Grand Hall Movie: Top Gun (1986) - GH
8 9:30 Creative Stories - 1DR 10:30 Manicures - 1RR 2:00 Church Service with Chaplain Jen 	9 9:30 Movement Matters - 1EL 11:00 Music Throwback: One Hit Wonders! - 1EL 2:00 Fall Sign Craft - 1DR 3:00 One to One - 1RR	10 11:30 Travel Brief - Mexico City - 1EL 2:00 Craft - Pressed Flower Preserves - 1DR 6:00 Music - Everly Brothers - 1EL	11 Outdoor Lunch Eastway Walk 9:45 All Sort Station - 1DR 10:15 Travelling RC Communion - TC 11:00 Sing-a-long - 1EL 2:00 Bingo - GH	12 9:45 Music and Movement - 1EL 11:30 Helping Hands - 1RR 2:00 Resident School Pictures- GH	13 10:00 OLTCA Community Engagement Day Walk to Wellness - WALK 10:45 Welcome Back Reception with Michael Kelly - GH 2:00 Short Stories - 1EL 3:00 Who/What Am I? - 1EL	14 9:45 Puzzles - 1EL 11:00 Music Reminiscing Songs of School Days - 1EL 2:00 Specialty Coffee Time - GH
15 9:45 Work Related Finish the Phrase - 1EL 11:00 Basketball - 1EL 2:00 Church Service with Chaplain Jen 3:00 Short Story Video - The Dog Days of Summer - 1EL	16 9:30 Movement Matters - 1EL 11:00 "Fall"-ing for Poems - 1DR 2:00 Sing-a-long - 1EL	17 11:30 All Sort Station - 1DR 11:30 "Class of '74 " Short Story - 1DR 2:00 Horticulture-Flower Arranging - 1EL 6:00 Manicures - 1RR	18 10:00 Balloon Hockey - 1DR 11:30 One to One - 1RR 2:00 Resident Council Sponsored Bingo - GH	19 9:45 Balloon Toss - 1EL 12:30 Diner's Club Whale & Ale Pub (\$ Sign Up) - GH 3:00 Travel Brief - Mexico City - 1EL	20 11:30 Music: One Hit Wonders - 1EL 2:00 Craft: Cardboard Vases - 1DR 6:00 Movie Matinee - 1EL	21 9:45 Newspaper Reading - 1EL 11:30 One to One - 1RR 2:00 Grand Hall Movie: Morning Glory (2010) - GH
22 11:00 Hymn Sing - GH 2:00 Eastway Walk Decorating - 1EL 	23 9:30 Movement Matters - 1EL 9:30 Resident Council - 2EL 11:00 Church Service with Chaplain Jen 2:00 Making Dog Beds for the Humane Society - GH	24 Outdoor Lunch Edna Place 11:30 Music Throwback - 1EL 2:00 Music Therapy Group w/ Chelsea - 1DR 3:00 Short Stories - 1EL 6:00 Manicures - 1RR	25 10:30 Catholic Mass - CHAP 2:00 Bingo - GH 	26 8:30 Breakfast Club (Sign Up) - GH 11:00 Word Game: ABC, Easy as 123 - 1EL 2:00 Balloon Volleyball - 1DR	27 9:45 Fall Colouring - 1EL 11:00 Newspaper Reading - 1EL 2:00 September Birthday Party with Traci Kennedy - GH	28 9:45 Match Up Memory Game - 1EL 11:00 Things That Remind Me of Fall - 1EL 2:00 Specialty Coffee Time - GH
29 9:45 Balloon Volleyball - 1EL 11:00 Making Chilled Ginger Fruit Cider 1DR 2:00 Church Service with Chaplain Jen 3:00 Fall Sensory Poems - 1EL	30 <b>ORANGE SHIRT DAY</b> 9:30 Movement Matters - 1EL 11:00 A-Z Game - 1EL 2:00 Outdoor Walks - FY	Annual Resident Retreat September 3rd to 6th 		Residents Council Week September 16th-22nd 		September 30th is a Day of Truth & Reconciliation. Wear Orange to show support for our Indigenous Communities. 

1DR - Dining Room

1EL - East Lounge

1RR - Resident Room for 1-1 scoring

2EL - East Lounge

CHAP - Chapel

FY - Front Yard

GH - Grand Hall

OUT - Outings

TC - Travelling Carts

WALK - Walks