

Programs and locations subject to change due to unforeseen circumstances.
 Due to cohorting, programs are offered based on Public Health Guidelines.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00am Manicures & Hand Massages 2:00pm Music with Michelle - OVAR 6:00pm Canada Day Fireworks Video	2 10:15am Spiritual Service - CHAP 1:30pm Pet Visits with Willow & Sasha 1:30pm Physio Fit - RLAR 2:00pm Bingo - RLAR 6:15pm Euchure - OVAR	3 10:00am Tim Hortons 10:30 - Family Admission Support Group - CHAP 10:30am Physio Fit - Floor 2 - HTAR 2:00pm Music with Jim & Mary - RLAR 6:00pm Movement for Life with Louise - RLAR	4 8:00am Breakfast Club - Floor 1 10:00am Fresh Air Wal - Outi 1:30pm Pet Visits with Molly & Sasha 2:00pm Music with Dave Hawkins - RLAR 5:00pm Supper Club - OVAR 6:30pm Virtual Gaming - RLL	5 10:00am Crossword Puzzles - HTAR 10:30am Footloose Fridays 10:30am Physio Fit - RLAR 2:00pm Painting - HTAR 2:00pm Bingo - OVAR 6:00pm Bicycle Riding	6 10:00am Manicures - CHAP 11:30am Friendly Visits - HTL 2:00pm Manicures - CHAP 6:00pm Reminiscing
7 10:15am Hymn Sing 2:00pm Ice Cream Float Cart 6:15pm Reminiscing	8 10:00am Manicures & Hand Massages 10:30am Physio Fit - Floor 2 - HTAR 2:00pm Bingo - RLAR 6:00pm Bicycle Riding - RLAR	9 10:15am Spiritual Service - CHAP 1:30pm Pet Visits with Willow & Sasha 1:30pm Physio Fit - RLAR 2:00pm Bicycle Riding 2:00pm Movement for Life with Louise - OVAR 6:15pm Euchure - OVAR	10 10:00am Tim Hortons 10:30am Physio Fit - Floor 2 - OVAR 11:30 Fred Raper Park Picnic Lunch - Orchard View 2:00pm Painting - OVAR 6:15pm Spiritual Formation - CHAP	11 10:00am Puzzles - RLAR 10:00am Fresh Air Wal - Outi 12:00pm BBQ - Floor 2 1:30pm Pet Visits with Molly & Sasha 2:00pm Music with Heather & Doug - RLAR 5:00pm Supper Club - HTAR 6:30pm Crokinole - OVAR	12 10:00am Friendly Visits - HTL 10:30am Footloose Fridays 10:30am Physio Fit - RLAR 2:00pm Bingo - HTAR 6:00pm Reminiscing	13 10:00am Manicures - CHAP 11:30am Friendly Visits - HTL 2:00pm Manicures - CHAP 6:00pm After Dinner Walks
14 10:15am Hymn Sing 2:00pm Chair Yoga - HTAR 2:00pm Macramé - OVAR 6:00pm Friendly Visits - HTL	15 10:00am Manicures & Hand Massages 10:30am Physio Fit - Floor 2 - OVAR 2:00pm Bingo - RLAR 6:00pm Reminiscing	16 10:15am Spiritual Service - CHAP 1:30pm Pet Visits with Willow & Sasha 1:30pm Physio Fit - RLAR 2:00pm Painting - OVAR 6:15pm Euchure - OVAR	17 10:00am Tim Hortons 10:30am Physio Fit - Floor 2 - HTAR 2:00pm Bingo - OVAR 5:30 Family Admission Support Group - CHAP 6:00pm Movement for Life with Louise - HTAR	18 8:00am Breakfast Club - Floor 2 10:00am Fresh Air Wal - Outi 1:30pm Pet Visits with Molly & Sasha 2:00pm Music with Michelle - OVAR 6:00pm Name That Tune - HTAR	19 10:00am Memory Match - RLAR 10:30am Footloose Fridays 10:30am Physio Fit - RLAR 2:00pm Music with Terry & Sandy - RLAR 6:15pm Knitting Club - HTAR	20 10:00am Manicures - CHAP 11:30am Friendly Visits - HTL 2:00pm Manicures - CHAP 6:00pm Reminiscing
21 10:15am Hymn Sing 2:00pm Let's Get Cookin" Smores - OVAR 6:15pm Reminiscing - RLL	22 10:30am Physio Fit - Floor 2 - HTAR 10:30am Events for Life - HTAR 2:00pm Bingo - RLAR 6:00pm Bicycle Riding	23 10:15am Spiritual Service - CHAP 1:30pm Pet Visits with Willow & Sasha 1:30pm Physio Fit - RLAR 2:00pm Bicycle Riding 2:00pm Woodworking 2:00pm Resident Council - CHAP 6:15pm Euchure - OVAR	24 10:00am Tim Hortons 10:30am Physio Fit - Floor 2 - OVAR 2:00pm Music with the Harmonics - HTAR 6:15pm Spiritual Formation - CHAP	25 10:00am Fresh Air Wal - Outi 12:00pm BBQ - Floor 1 1:30pm Pet Visits with Molly & Sasha 2:00pm Bingo - HTAR 5:00pm Supper Club - RLAR 6:30pm Bicycle Riding	26 10:00am Adult Colouring - RLAR 10:30am Footloose Fridays 10:30am Physio Fit - RLAR 2:00pm Iced Coffee Social - CORT 6:00pm Chair Yoga - HTAR	27 10:00am Manicures - CHAP 11:30am Friendly Visits - HTL 2:00pm Manicures - CHAP 6:00pm Bicycle Riding
28 10:15am Hymn Sing 3:00pm Youth Choir Hymn Sing - RLAR 6:00pm Bicycle Riding	29 10:00am Manicures & Hand Massages 10:30am Physio Fit - Floor 2 - OVAR 11:30am Fred Raper Park Picnic Lunch - Trout Hollow 2:00pm Bingo - RLAR 6:15pm Knitting Club - HTAR	30 10:15am Spiritual Service - CHAP 1:30pm Pet Visits with Willow & Sasha 1:30pm Physio Fit - RLAR 2:00pm Seed Paper Cards - HTAR 2:00pm Macramé - OVAR 2:00pm Town Hall - Chapel 6:15pm Euchure - OVAR	31 10:00am Tim Hortons 10:30am Physio Fit - Floor 2 - HTAR 2:00pm Music with Jim & Mary - RLAR 6:00pm Movement for Life with Louise - RLAR			

CHAP - 2nd Floor Chapel

HTAR - Trout Hollow Trail Activity Room

HTL - Trout Hollow Trail Lounge

OVAR - Orchard View Activity Room

Outi - Outings

RLAR - Riverside Lane Activity Room

RLL - Riverside Lane Lounge