March Highlights











April 2024

Oakcrossing Free Press

1238 Oakcrossing Rd. London, On. N6H 0K2 (519) 641 -3131 Oakcrossing.ca

Celebrating April

April 8th Fitness w/ Christine

Spring Market April 12th

April 13th Musical Entertainment w/ Dan Clahane

April 17th Musical Entertainment w/ Joel H.

April 22nd Laughing Goat Yoga

April 23rd April Birthday Celebration

April 27th Musical Entertainment w/ Brent M. Happy April!

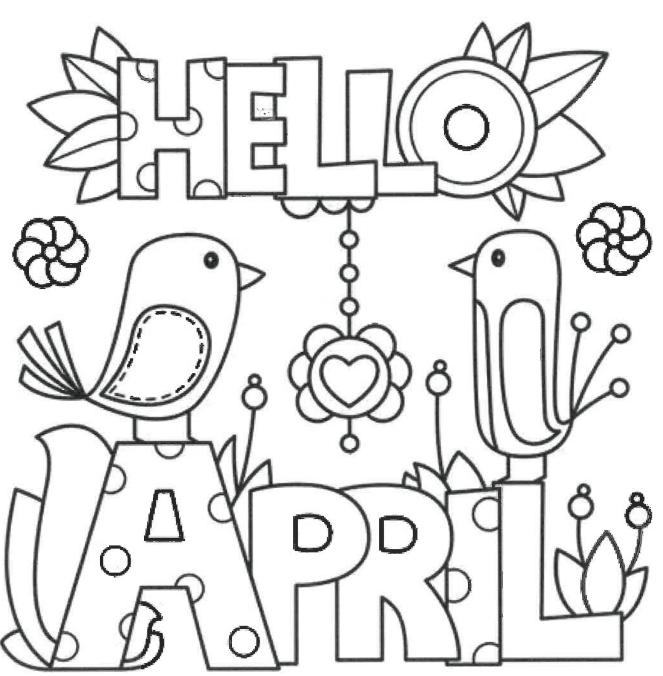
This month, Christine will be running a fitness class on Monday April 8th, starting at 10:30am. Christine's fitness programs not only work the body but also the brain. I highly suggest that you try out one of her classes!

On Friday April 12th, from 10:00-2:00, we will be having an in-house Spring Market with Susan Postian. Susan will be selling a variety of items from clothing to greeting cards. Just a reminder that she only takes cash or cheques.

On Monday April 22nd, from 10:30-11:30, we will be having Sue and her baby goats in to run seated yoga. Did you know that yoga can improve flexibility and mental health? Yoga can also help with stress relief and can reduce inflammation. I hope you join us even if it's just to pet/ hold the little baby goats— they are so sweet!

I hope you enjoy all that is planned for the month of April!

Flavia Hladysh
Director of Lifestyle and Leisure





april showers coloring pages

Free Coloring Pages from PrimaryGemes.com





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April Word Search













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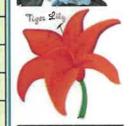
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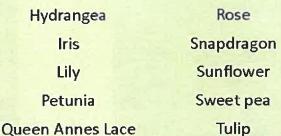


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April Showery Brug May Flowery There's an old that



There's an oldthat says(proper noun; month)
showers (verb) (proper noun; month) (plural noun)
But is that true? It does seem to
a lot in April in the
hemispheredo need(noun; liquid)
to grow, but they also need and
There are also plenty of
flowers thatin months other than
Way. This seems more like
wisdom than science.

MEET YOUR LEADERSHIP TEAM



Jaici is our Director of Health and Wellness.

Jaici plays a pivotal role in supporting the nursing department by ensuring the efficient delivery of resident care. Her primary focus lies on the residents living in Assisted Living on the 2nd floor. In addition to overseeing the dedicated staff in Assisted Living, Jaici is instrumental in managing outbreak measures, infection control, and coordinating extra purchased health services to enhance the well-being of our residents.



Shelby is our Director of Community Relations.

Meet Shelby, our proficient manager in charge of marketing, rentals, and community relations at Oakcrossing Retirement Living. In addition to her primary responsibilities, Shelby also takes the lead in overseeing essential tasks such as Wi-Fi password management, parking assignments, resident referrals, and facilitating updated lease signings.



Heather is our General Manager.

Introducing Heather, our accomplished General Manager at Oakcrossing Retirement Living. Heather leads the Leadership team and assumes responsibility for the comprehensive operations of our community. Her multifaceted role includes tasks such as staff recruitment, Human Resources management, compliance oversight, fostering community engagement, and facilitating communication with residents, staff, and their families.

APRIL ENTERTAINMENT

SATURDAY APRIL 13TH 2:00 PM DAN CLAHANE -WELLINGTON LOUNGE

SUNDAY APRIL 14TH 2:00 PM CAM MARSHMAN -WELLINGTON LOUNGE

WEDNESDAY APRIL 17TH 2:30 PM JOEL HORVATH -WELLINGTON LOUNGE

SATURDAY APRIL 27TH 2:00 PM BRENT MEIDINGER -WELLINGTON LOUNGE

1. Record that contains days and months Changed the calendar in 1582 Fourth month of the year Day Crossword 2. Another word for prank 10. Another word for joke Charles IX's title Down April Fool's

Sunday Televised Church Services

9:00 am - Living Truth - Channel 16

9:00 am - In Touch - Channel 174

9:30 am - Church of the Rock - Channel 7

10:00 am - St. Peters Evangelical - Channel 12

10:30 am - Sunday Mass - Channel 16

11:00 am - Turning Point - Channel 174

8:00pm - In Touch - Channel 16





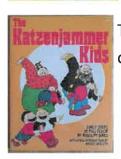
Oakcrossing Retirement Living a peopleCare community

DO YOU REMEMBER WHEN?

Newspapers were so much thicker - especially Saturday Editions? The paper delivered by subscription or Dad would have full quarter sections on your favorite cartoon characters.



"Sad Sack"; early in the second world war, always at military camp, and stuck with some sort of clean up, likely because of some "foul up".



The "Katzenjammer kids usually draped over momma or papas lap for some sort of "Prank gone wrong"!



The hard-faced criminal fighter in the incongruous yellow trench coat and fedora. Usually talking on the "For-runner to todays "iPhone". In the back ground is his enemy "Flat Top", so named for the flatness of his head!



"Captain Marvel", Marvel Comics forerunner to Superman. The Captain could perform many of the feats of strength Superman later developed.



DO YOU REMEMBER WHEN? How about this well known magician who simply "waved mystically" and produced all sorts of wonders? These are but a few of the Saturday Treats that kept kids housebound, until Dad took control of the sports page to find out how the Brooklyn Dodgers or New York Yankees were faring and wither; "The Babe" (Babe Ruth) was still

knocking them out of the park! Think back and I'm sure you can come up with many more "Saturday Heroes" you followed breathlessly!

By Doug Teeter

Oakcrossing Retirement Living a peopleCare community

MEET YOUR LEADERSHIP TEAM



Susan is our Assistant of Director of Health and Wellness.

Meet Susan, our dedicated professional who bolsters the nursing department by ensuring the streamlined delivery of resident care. Susan's main focus is on our 1st floor, where she takes the lead in overseeing the well-being of residents in Independent Living. In addition, Susan serves as our resident Infection Practices and Control expert, overseeing all aspects related to outbreaks, staff mask fits, and vaccinations to ensure the health and safety of our community.



Lyuba is our Office Manager.

Introducing Lyuba, our proficient manager in charge of the monthly billing for Resident Accounts at Oakcrossing Retirement Living. Lyuba also provides oversight for the Concierge and housekeeping team. If you have any inquiries or concerns regarding your monthly statement, don't hesitate to reach out to Lyuba for assistance.



Raja is our Building Service Coordinator.

Introducing Raja our dedicated Building Service Coordinator at Oakcrossing Retirement Living. In this role Raja will be support with the day to day operations of the home including work orders, painting, moving supports and support Wil.



MEET YOUR LEADERSHIP TEAM

Monica is our Dining Room Supervisor.



Meet our Dining Room Supervisor, Monica. With a passion for creating exceptional dining experiences, Monica ensures that every meal served at Oakcrossing Retirement Living is a memorable one. She oversees the seamless operation of the dining room, coordinates with our talented culinary team, and takes pride in maintaining a warm and welcoming atmosphere for our residents. Monica is committed to making your dining experience delightful, and she's always available to address any questions or special requests you may have.

Flavia is our Director of Lifestyle and Leisure.



Meet Flavia, our dedicated Director of Lifestyle and Leisure at Oakcrossing Retirement Living. Flavia is the creative force behind our exciting recreational activities and entertainment offerings for our beloved residents. Whether you have questions about the Residents' Council or wish to contribute your ideas to enhance our exercise and leisure programs, don't hesitate to get in touch with Flavia.

Wil is our Director of Environmental Services.

Introducing Wil, our dedicated Director of Environmental Services at Oakcrossing Retirement Living. In this crucial role, Wil is entrusted with the oversight of our maintenance department's operations. He ensures the smooth execution of preventive maintenance, fire procedures, and upholds the highest standards of Health and Safety within our community.

Oakcrossing Retirement Living a peopleCare community

Oakcrossing Retirement Living a peopleCare community

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APRIL BUS TRIPS



TUESDAY APRIL 2ND - 10:00AM COUNTRY DRIVE

THURSDAY APRIL 4TH - 10:00AM SHERWOOD FOREST MALL

TUESDAY APRIL 9TH - 10:00AM GIANT TIGER/DOLLAR TREE

THURSDAY APRIL 11TH - 2:00PM CHERRYHILL MALL

THURSDAY APRIL 11TH - 6:00PM ELVIS SHOW

TUESDAY APRIL 16TH - 11:15AM LUNCH OUTING: ANGELO'S

THURSDAY APRIL 18TH - 10:00AM CHERRYHIL MALL

TUESDAY APRIL 23RD - 10:00AM WALMART

THURSDAY APRIL 25TH - 2:00PM SHERWOOD FOREST MALL

FRIDAY APRIL 26TH - OUTING W/GENERAL MANAGER

TUESDAY APRIL 30TH - 10:00AM COUNTRY DRIVE

*PLEASE SIGN UP AT THE RECREATION DESK



APRIL BIRTHDAYS



Lynne B.

April 7th

Ann J.

Jim C.

April 21st

April 18th

Martin S.

Doug T.

April 28th

April 19th

