

April 2024

DELHI GAZETTE

peopleCare Delhi | 750 Gibraltar St Delhi | 519-582-4110 | www.peoplecare.ca



Celebrating April

April Fools and Pub Night

Monday April 1st 6:30pm

Catholic Church Service

Thursday April 4th 2:00pm

Blue Jay Home Opener

Monday April 8th

Community Bingo

Tuesday April 9th 6:30pm

Spa Day

Wednesday April 10th

Happy Hour

Thursday April 11th 2:00pm

Diners Club- A&W

Monday April 16th 5:00pm

Memorial Service

Wednesday April 17th 2:00pm

Melody Makers

Thursday April 18th 2:00pm

Avon Party

Monday April 22nd 2:00pm

Birthday Party

Wednesday April 24th 2:00pm

Oatmeal Cookie Day

Tuesday March 30th



MARCH FUN!



Welcome Home

Janice H
Helen S
Theo J

Happy Birthday To All those born in April!

Rudy O	April 1 st
Vivian V	April 5 th
Rose B	April 6 th
Ronald C	April 13 th
Dorothy S	April 17 th
Jimmy S	April 19 th
Margaret M	April 22 nd
Myrtle S	April 28 th

Flower: Daisy
Birthstone: Diamond

April Birthdays

In astrology, those born April 1–19 are Rams of Aries. Like rams, Aries charge forward with courage, confidence, and enthusiasm. They embrace action, take risks, and will fight for their goals. Those born April 20–30 are Bulls of Taurus. Bulls are stable, reliable, patient, and determined. They will work hard and finish the job no matter what gets in their way, but they expect to be rewarded!



Council Corner

Resident Council
Tuesday April 23rd at 10:00am
will be the next meeting!

Bill of the Month #23
Every resident has the right to receive care and assistance towards independence based on a restorative care philosophy to maximize independence to the greatest extent possible

Family Council
The next meeting will be held on Thursday May 23rd at 2:00pm, in the small dining room!

In Memory Of

*Irene V
Cindy W
Keith M*

*Our deepest thoughts and sympathies
go out to the family and friends.*

"He spoke well who said that graves
are the footprints of angels."

~Henry Wadsworth Longfellow

From The desk of the Executive Director

Hello to all our Valued Residents, Families, and Staff.

I hope everyone had a very enjoyable segway into April with an early Easter this year. Happy Easter to all our families, residents, and our amazing team.

Spring is officially upon us, with that in mind I do want to again give a friendly reminder to all our families to ensure that when able, winter clothing and attire has been changed out to spring attire for our residents. We do always recommend sun hats for warmer weather and outdoor activities and sunglasses are always a bonus.

I would like to give some updates around additional items that we have received for the home related to local priorities funding. We have received funding through our local priorities funding to purchase 6 additional bariatric hi-lo beds with mattresses, we have also received funding for 4 bariatric commodes. This will allow us to welcome and support bariatric residents that require long-term care support, that may be in hospital or waiting for a bed at home. We also received funding from this pathway to acquire additional pressure relief mattresses and a pressure relief pump to allow for an air mattress to be utilized for skin care. These mattresses will allow us to better support any resident that may have pressure injuries to help heal and resolve any pressure related ulcer.

With it being April, we have submitted our annual Quality Improvement Plans to Health Quality Ontario. I would like to commend the frontline team and leadership team in the home for doing such an amazing job on our quality indicators. We are below provincial average in all our publicly reported quality indicators! This shows the dedication and attention to details that our team presents on a day-to-day basis to improve the lives of the residents in the home. Related to this we will not be submitting any quality improvement ideas for our nursing department as there are no areas to focus improvement on. As always, we will be focusing on a resident focused QIP and a family focused QIP. For our resident focused quality improvement plan, in our resident satisfaction survey we did see that the question "People ask for my advice or help" scored relatively low; related to this we will be focusing on education and initiatives to help involve our residents in their care and the home to support them to give advice and help within the home. For our family QIP we will be continuing to work with our book club with the family council related to Deborah Bakti's Now What book. An amazing book for all families to read, and if you wish to read it for additional support, you can speak to our Director of Programs Kristen Leal. We will also be supporting a member of our family council in a volunteer role to give additional support to new families upon admission. More information on these quality initiatives will be brought forward when we begin the processes.

Excited to see the redevelopment continuing to progress, we are now seeing the foundation and cement floor of our first floor being laid and support walls are also being cast into place. We are still on schedule with our redevelopment and as we get closer to our move in date more information will be present in the home and more communication and town halls will commence. If anyone has any questions or comments or concerns, there is a comment box located at the nursing station to collect this information for us to follow up on.

-Jeff Willson



News and Notes

Rummage Sale

Our third annual yard sale will be held on June 29th at the Polish hall, from 9:00-12:00pm.

Volunteers will be needed!

Donations will be accepted from May 1st until the day before the donation! See the poster below for more information!

Volunteer Appreciation

We are thankful for all the volunteers and help that we receive in our home daily. Please take the time to thank our lovely volunteers that assist with program and events, especially through the week of April 15th through 19th!

A&W diners club

A&W is now open in Delhi! We will be hosting an in-home diners club, on Monday April 16th at 5:00pm. If you would like your loved one to join us, please let a member of the recreation team know!

Casino outing

We will be going to the Woodstock Casino on Thursday May 30th for lunch and fun! If you would like to register for the event, please sign up with recreation!



*Standing
with you*



Volunteers shine as personal advocates
for people of all abilities!

National Volunteer Week

Celebrate the value of volunteering!



OATMEAL COOKIE DAY

Happy Oatmeal Cookie
Day! May your day be as
sweet and delightful as
your favorite batch of
cookies. All staff please
indulge and enjoy the
simple pleasures of life
today and eat a cookie!

APRIL 30TH 2024



DELHI LTC RUMMAGE

S
A
L
E



9am - 12pm

June 29th 2024

Delhi Polish Hall (234 Main St)

Rummage Sale

Are you looking to declutter your space and make some extra room? We are accepting donations for rummage sale now!

ALL ITEMS CAN BE
DELIVERED TO THE HOME
BETWEEN MAY 1ST UNTIL
JUNE 28TH.



For any inquiries or additional information, please contact Kristen:

519-582-3400
kreal@peoplecare.ca

We look forward to any donations!

Parkinsons Awareness Day

Monday 11th April

3 main symptoms

Involuntary shaking of particular parts of the body (tremor)

Slow movement

Stiff and inflexible muscles

1 in 37 people alive today in the UK will be diagnosed with Parkinson's in their lifetime.

18,000 people are diagnosed with Parkinson's every year.

There are over 40 symptoms. From pain and stiffness, to problems with sleep and mental health. Everyone's experience is different.

Facts about Parkinsons Disease

There's currently no cure but treatments such as physiotherapy and occupational therapy, medication and in some cases, brain surgery

1 in 500 people have Parkinsons Disease

Around 145,000 in the UK current have Parkinson's.

Parkinson's is the fastest growing neurological condition in the world.

Living the peopleCare Values

GROWTH

Embrace Change, maximize
Opportunity

Are you the best you can be?

Heartfelt 
THANKS
TO OUR VOLUNTEERS!

HEARTbeats

Congratulations to our February Draw Winners!

Name of Winner: Dee W

They have received a \$25 gift card for displaying
the peopleCare Values!

Thank you for all you do!



peopleCare Is here for You
peopleCare recognizes that we cannot thrive without the hard work and dedication our employees make every day in our Homes. Please remember all of the programs that peopleCare has to assist you in your personal lives, educational pursuits and Employee Recognition! If you are unfamiliar with any of the following, please speak to your manager:

- Employee Assistance Program
- Education Assistance Program
- HEARTbeats rewards and recognition Program