April 2024

## DELHI GAZETTE

peopleCare Delhi | 750 Gibraltar St Delhi | 519-582-4110 | www.peoplecare.ca

#### **Celebrating April**

April Fools and Pub Night Monday April 1<sup>st</sup> 6:30pm

Catholic Church Service Thursday April 4<sup>th</sup> 2:00pm

Blue Jay Home Opener Monday April 8<sup>th</sup>

**Community Bingo** Tuesday April 9<sup>th</sup> 6:30pm

**Spa Day** Wednesday April 10<sup>th</sup>

Happy Hour Thursday April 11<sup>th</sup> 2:00pm

Diners Club- A&W Monday April 16<sup>th</sup> 5:00pm

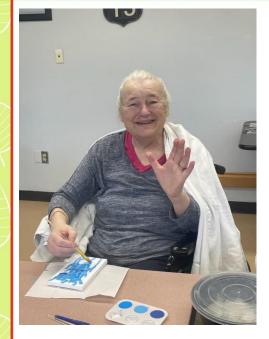
Memorial Service Wednesday April 17<sup>th</sup> 2:00pm

Melody Makers Thursday April 18<sup>th</sup> 2:00pm

Avon Party Monday April 22<sup>nd</sup> 2:00pm

Birthday Party Wednesday April 24<sup>th</sup> 2:00pm

> Oatmeal Cookie Day Tuesday March 30<sup>th</sup>





## MARCH FUN!





Welcome Home		Council Corner
Janice H		Resident Council
Helen S Theo J		Tuesday April 23 <sup>rd</sup> at 10: will be the next meetir
		Bill of the Month #23
Happy Birthday		Every resident has the right
To All those born in April		receive care and assista
Rudy O	April 1 <sup>st</sup>	towards independence ba
Vivian V	April 5 <sup>th</sup>	a restorative care philoso
Rose B	April 6 <sup>th</sup>	maximize independence
Ronald C	April 13 <sup>th</sup>	greatest extent possik
Dorothy S	April 17 <sup>th</sup>	
Jimmy S	April 19 <sup>th</sup>	Family Council
Margaret M	April 22 <sup>nd</sup>	The next meeting will be h
Myrtle S	April 28 <sup>th</sup>	Thursday May 23 <sup>rd</sup> at 2:00
Flower: Daisy		the small dining roon

Birthstone: Diamond

#### **April Birthdays**

In astrology, those born April 1–19 are Rams of Aries. Like rams, Aries charge forward with courage, confidence, and enthusiasm. They embrace action, take risks, and will fight for their goals. Those born April 20–30 are Bulls of Taurus. Bulls are stable, reliable, patient, and determined. They will work hard and finish the job no matter what gets in their way, but they expect to be rewarded!

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held on Opm, in **m!** 

Sn Memory Of

Irene V Cindy W Keith M

Our deepest thoughts and sympathies go out to the family and friends.

"He spoke well who said that graves are the footprints of angels."

~Henry Wadsworth Longfellow

#### From The desk of the Executive Director

Hello to all our Valued Residents, Families, and Staff.

I hope everyone had a very enjoyable segway into April with an early Easter this year. Happy Easter to all our families, residents, and our amazing team.

Spring is officially upon us, with that in mind I do want to again give a friendly reminder to all our families to ensure that when able, winter clothing and attire has been changed out to spring attire for our residents. We do always recommend sun hats for warmer weather and outdoor activities and sunglasses are always a bonus.

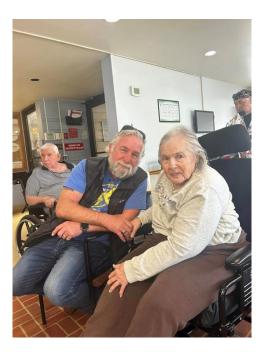
I would like to give some updates around additional items that we have received for the home related to local priorities funding. We have received funding through our local priorities funding to purchase 6 additional bariatric hi-lo beds with mattresses, we have also received funding for 4 bariatric commodes. This will allow us to welcome and support bariatric residents that require long-term care support, that may be in hospital or waiting for a bed at home. We also received funding from this pathway to acquire additional pressure relief mattresses and a pressure relief pump to allow for an air mattress to be utilized for skin care. These mattresses will allow us to better support any resident that may have pressure injuries to help heal and resolve any pressure related ulcer.

With it being April, we have submitted our annual Quality Improvement Plans to Health Quality Ontario. I would like to commend the frontline team and leadership team in the home for doing such an amazing job on our quality indicators. We are below provincial average in all our publicly reported quality indicators! This shows the dedication and attention to details that our team presents on a day-to-day basis to improve the lives of the residents in the home. Related to this we will not be submitting any quality improvement ideas for our nursing department as there are no areas to focus improvement on. As always, we will be focusing on a resident focused QIP and a family focused QIP. For our resident focused quality improvement plan, in our resident satisfaction survey we did see that the question "People ask for my advice or help" scored relatively low; related to this we will be focusing on education and initiatives to help involve our residents in their care and the home to support them to give advice and help within the home. For our family QIP we will be continuing to work with our book club with the family council related to Deborah Bakti's Now What book. An amazing book for all families to read, and if you wish to read it for additional support, you can speak to our Director of Programs Kristen Leal. We will also be supporting a member of our family council in a volunteer role to give additional support to new families upon admission. More information on these quality initiatives will be brought forward when we begin the processes.

Excited to see the redevelopment continuing to progress, we are now seeing the foundation and cement floor of our first floor being laid and support walls are also being cast into place. We are still on schedule with our redevelopment and as we get closer to our move in date more information will be present in the home and more communication and town halls will commence. If anyone has any questions or comments or concerns, there is a comment box located at the nursing station to collect this information for us to follow up on.

-Jeff Willson







#### **News and Notes**

#### Rummage Sale

Our third annual yard sale will be held on June 29<sup>th</sup> at the Polish hall, from 9:00-12:00pm. Volunteers will be needed! Donations will be accepted from May 1<sup>st</sup> until the day before the donation! See the poster below for more information!

Volunteer Appreciation We are thankful for all the volunteers and help that we receive in our home daily. Please take the time to thank our lovely volunteers that assist with program and events, especially through the week of April 15<sup>th</sup> through 19<sup>th</sup>!

**A&W diners club** A&W is now open in Delhi! We will be hosting an in-home diners club, on Monday April 16<sup>th</sup> at 5:00pm. If you would like your loved one to join us, please let a member of the recreation team know!

#### **Casino outing**

We will be going to the Woodstock Casino on Thursday May 30<sup>th</sup> for lunch and fun! If you would like to register for the event, please sign up with recreation!



Volunteers shine as personal advocates for people of all abilities!

National Volunteer Week

Celebrate the value of volunteering!



## OATMEAL COOKIE DAY

Happy Oatmeal Cookie Day! May your day be as sweet and delightful as your favorite batch of cookies. All staff please indulge and enjoy the simple pleasures of life today and eat a cookie!

APRIL 30TH 2024



# Rummage Sale

Are you looking to declutter your space and make some extra room? We are accepting donations for rummage sale now!

aLL ITEMS CAN BE DELIEVERED TO THE HOME BETWEEN MAY 1ST UNTIL JUNE 28TH.



For any inquiries or additional information, please contact Kristen:

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YARD

SALE

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519-582-3400 kleal@peoplecare.ca

We look forward to any donations!

#### Parkinsons Awareness Day

#### Monday 11th April

#### 3 main symptoms

Involuntary shaking of particular parts of the body (tremor) Slow movement Stiff and inflexible muscles

1 in 37 people alive today in the UK will be diagnosed with Parkinson's in their lifetime.

18,000 people are diagnosed with Parkinson's every year.

There are over 40 symptoms. From pain and stiffness, to problems with sleep and mental health. Everyone's experience is different.

#### Facts about Parkinsons Disease

There's currently no cure but treatments such as physiotherapy and occupational therapy, medication and in some cases, brain surgery

1 in 500 people have Parkinsons Disease

Around 145,000 in the UK current have Parkinson's.

Parkinson's is the fastest growing neurological condition in the world.



Living the peopleCare Values

Embrace Change, maximize Opportunity

Are you the best you can be?



### **HER**Tbeats

Congratulations to our February Draw Winners!

Name of Winner: Dee W

They have received a \$25 gift card for displaying the peopleCare Values!

Thank you for all you do!



peopleCare Is here for You peopleCare recognizes that we cannot thrive without the hard work and dedication our employees make every day in our Homes. Please remember all of the programs that peopleCare has to assist you in your personal lives, educational pursuits and Employee Recognition! If you are unfamiliar with any of the following, please speak to your manager:

- Employee Assistance Program
- Education Assistance Program
  - HEARTbeats rewards and recognition Program