

COVID-19 Testing Frequency

Who	Testing
Essential Caregivers <i>Immunization proof required</i>	Complete active screening at each visit, as well as a rapid test a minimum of three times per week on non-consecutive days
Social Visitors <i>Proof of immunization required for indoor visits.</i> <i>Rapid test and proof of immunization not required for outdoor visits.</i>	Complete active screening at each visit, as well as a rapid test or provide proof of a negative antigen test result from the same day or previous day (test is valid for two days)

Note: Individuals who have previously been diagnosed with and cleared of a COVID-19 infection are required to resume asymptomatic screening testing after 90 days from their COVID-19 infection (based on the date of their positive result).

Ministry of Health [Staying Up to Date with COVID-19 Vaccines: Recommended Doses](#)

Ministry of Health [Management of Cases and Contacts on COVID-19 in Ontario](#) v 14.0 April 11, 2022

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