All floors will receive the same supplies and a Christmas tree.
Decorate your tree together!
Staff will be voting on best decorated tree.
The winning floor will receive a trophy that will be proudly displayed all year round!
May the best floor **WIN!**

Oakcrossing Retirement Living
a peopleCare community

Oakcrossing Free Press

Oakcrossing Retirement Living
a peopleCare community
1238 Oakcrossing Road, London Ontario
519.641.3131
oakcrossing.ca

December 2020

Hello everyone,

I would like to formally introduce you to Flavia.

Flavia has accepted the position of the Director of Lifestyle and Leisure during Emily's maternity leave. Flavia comes to us with many years experience in Retirement, Long Term Care and she is looking forward to getting to know everyone.

Due to the COVID-19, Public Health has advised that we are no longer able to offer social visits or group activities. This means that for the month of December we are only able to host one to one events.

We got creative with things we can do throughout the month, we also have plans to do many 1:1 activates such as painting, exercises etc.

Please keep an eye on any the poster locations for any pop up items we will be offering.

If you have any suggestions or ideas please share them with us!

Did you know that we post pictures on our *Facebook* page?

Like our Facebook page to see all the wonderful smiles Oakcrossing has! If you would like support with getting onto Facebook please see Ana or Flavia.

Melissa

Upcoming Events

December 4
Resident Christmas Tree Contest

December 4 ~11
Resident Christmas door decorating contest

December 14
Staff Cookie Contest

December 14 ~ 25
12 Days of Christmas desserts

December 18
Ugly Christmas Sweater Day

December 31
Countdown to 2021

November Highlights

Left: we celebrated Halloween and ended up with two Santa's!

Left: Santa visited and the Leadership team was able to get a snap shot!

R

Right: Dick and Dot dressed up for Halloween

Right: we remember

Below: Peter cutting the cupcakes for the cupcake contest. Lyuba was the winner!

Friday's Rolling Pub

On Fridays this month Ana will be rolling through the building with a **FREE**

specialty drink on our rolling pub cart.

The cart will start going around the building at 3:00 pm. If you would like a drink we will be at your door.

Sunday Televised Services

9:00 am ~ Living Truth ~ Channel 16
9:00am ~ In Touch ~ Channel 174
9:30 am ~ Let my people think ~ Channel 16
11:00 am ~ Turning point ~ Channel 174
11:30 am ~ Let my people Think ~ Channel 174
11:30 am ~ Turning Point ~ Channel 16
8:00 pm ~ Turning Point ~ Channel 27

December Birthday's

December 11th

Joyce S
Jackie O

December 12th

Art T

December 19th

Bill M

December 22nd

Joseph D

Tuck Shop

Our Tuck Shop will now be open on Wednesday's from 2pm—4pm located back on the first floor.
You can find convivence items such as pop, candy bars, chips, cookies, stamps etc
All purchases will be charged to your account on a monthly basis.

Pop up Activities

Throughout the month we will have many Pop up activities and themes to participate in. Please keep reading the posters outside of the elevators for upcoming events that you may enjoy!

Cookie Contest

Join us December 14th for the staff cookie contest!
Cookies will be judged by our residents on look and taste!
Cast your vote!
Let the best cookie win!

Christmas *Scavenger* Hunt

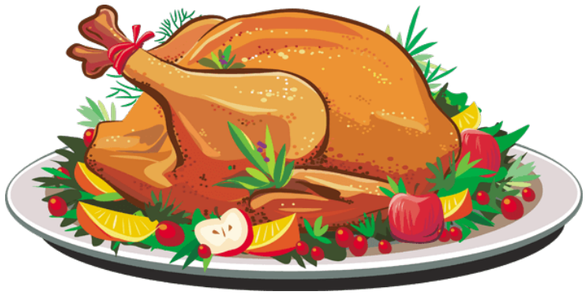
Join us each Thursday for a Christmas Scavenger Hunt!

Each Thursday come and pick up your clues at the café

Good luck!

Oakcrossing Referral Program

We wanted to remind everyone of our Referral Program here at Oakcrossing. When you refer a friend and they move in you get $500! Wouldn't it be nice to choose your neighbours?

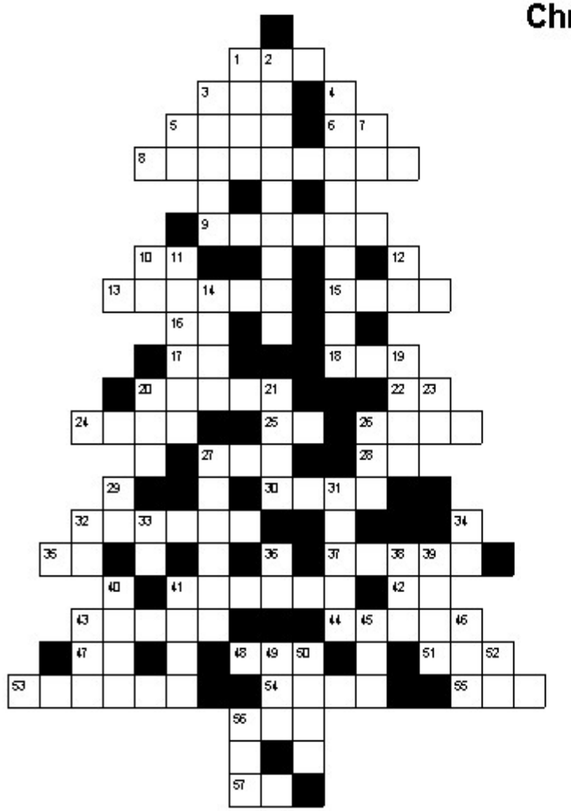


Our traditional Christmas Meal will be enjoyed on December 25th at 12pm and 1pm mealtimes.

Special Days in December

Dec 4th ~ Cookie Day
Dec 10th ~ Frist Night of Hanukkah
Dec 18th ~ Ugly Sweater Day
Dec 21st ~ First day of Winter
Dec 25th ~ Christmas Day
Dec 26th ~ Boxing Day

Christmas



Across

1. President
3. Observe
5. Discuss
6. "And ____ shall reign over the house of Jacob..."
8. Flock watchers
9. Satisfy
10. The great I ____
13. Mary's resting place
15. Mother of Jesus
16. Negative
17. "____ and search diligently for the young child"
18. Jesus is the ____ of God
20. The baby
22. "...and shall be called the Son ___ of the Highest:"
24. Destitute
25. "...and laid Him ___ a manger"
26. Bearded nanny
27. "And she brought her first born ____"
28. "...and ___earth peace, good will towards men."
30. Wiseman gift
32. "And ____ ____ him with all the heart" (two words)
35. "...what have we to ___ with thee, thou Jesus..."
37. What the wisemen brought
41. Stepfather
42. Either
43. More accurate.
44. "And all went to be _____, every one into his own city."
47. "For unto you ____ born this day
48. No room here
51. Consume
53. Singing Cherubs
54. Present decorations
55. "For unto you is born, this ____ in the city..."
56. Pro
57. Way to win in boxing

Down

1. Jump
2. Birth city
3. Shepherds flock
4. The Holiday we observe
5. Brand of suger
7. Mr. McMahon
10. "Hee shall be born of Mary, ____Jerusalem..."
11. Baby's bed
12. Northwestern state
14. Hisses
19. Mid day
20. Happiness
21. What the angels did
23. "____ la la la la la la la la"
26. Jehovah
27. Redeemer
29. "His name was called Jesus, which was ____ named of the angel"
31. Illumination
32. "and it came _____ pass..."
33. "... and ____, the star which they saw in the east..."
34. "When ___ his mother Mary was espoused to Joseph,"
36. "Master what shall ____ do?"
38. Sly canine
39. Decorated pine
40. "...behold, there came _____ men from the east."
41. Not Gentiles
43. Parable of the ____ tree
45. Mary's transportation
46. Father
49. Broadcast TV network
50. Christmas carol
52. Instructor's helper
56. Inquire

Don’t put away your Summer clothing just yet!

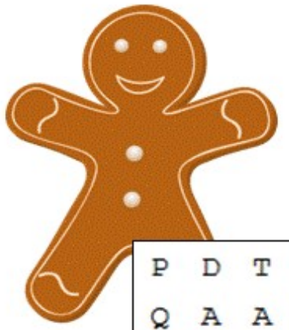
On December 28th we will be joining

Santa on the beach by sporting our best summer gear and drinking Pina Colada’s!

We will be celebrating in the dining room for both seating times! We will have a countdown to 2021 and a special New Years punch!

From Dec 14th—Dec 25th we will be showcasing our 12 days of Christmas desserts everyday with lunch!

We have partnered with a local Elementary school to start a Pen Pal Program. If you are interested in sharing letters with students, please see Ana for your letter. Letters be delivered weekly to the students.



Christmas Treats

P	D	T	M	F	M	S	S	A	H	P	H	L	K	N
Q	A	A	U	F	I	U	M	Z	H	Q	F	Y	M	Q
G	E	E	E	A	N	O	U	C	O	O	K	I	E	S
S	R	S	K	O	C	I	L	C	L	O	V	E	S	L
E	B	O	A	M	E	T	P	E	G	D	U	F	E	Ë
G	R	O	C	S	M	P	R	E	H	E	P	L	I	O
N	E	G	T	M	E	M	A	N	H	A	U	A	R	N
A	G	U	I	M	A	U	G	A	G	M	M	T	R	E
R	N	J	U	O	T	R	U	C	R	I	P	B	E	D
O	I	F	R	I	B	C	S	Y	A	Y	K	R	B	E
N	G	T	F	B	B	S	P	D	V	E	I	E	N	H
G	O	N	G	G	E	W	R	N	Y	K	N	A	A	C
G	N	I	F	F	U	T	S	A	G	R	P	D	R	U
E	T	A	L	O	C	O	H	C	B	U	I	G	C	B
X	X	S	E	O	T	A	T	O	P	T	E	E	W	S

BUCHE DE NOËL
CANDY CANE
CHOCOLATE
CLOVES
COOKIES
CRANBERRIES
EGGNOG
FLAT BREAD
FRUITCAKE
FUDGE
GINGERBREAD
GOOSE
GRAVY
HAM
MINCEMEAT
NUTS
ORANGES
PUMPKIN PIE
SCRUMPTIOUS
STUFFING
SUGARPLUMS
SWEET POTATOES
TURKEY

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As we age, our bodies take a little longer to repair themselves, but moderate physical activity is good for people of all ages and ability levels. In fact, for most people, the benefits of exercising regularly far outweigh the risks. Even older individuals with chronic illnesses can find ways to work out safely. Many medical conditions can be improved through physical exercise, including Alzheimer's disease, other forms of dementia, heart disease, diabetes, constipation, high blood pressure and obesity.

Regular exercise provides a myriad of health benefits, including improvements in blood pressure and blood sugar management, reduced risk of falls, improved mental health, improved cognitive function and so much more!

If you are interested in 1:1 fitness classes with Ana, please sign up at the front desk!

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Listen to Holiday Classics on Roger's Channel

745

Every year at the holidays Oakcrossing Retirement Living strives to give back to the community. Typically this is done in conjunction with our residents with a fundraiser.

To ensure that we are following all the directives and continuing to take all measures to keep our residents safe, Oakcrossing Retirement Living will be donating $1000.00 worth of toys on behalf of all the residents!

Christmas Crazy Hair Day

Why not get creative with your hair this December 23rd?

Best crazy Christmas hair will win a prize!!